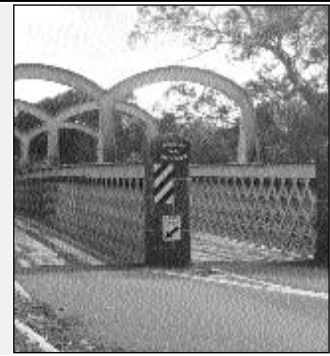


Bridge Connection

Barfold, Baynton, Derrinal, Elphinstone, Glenhope, Heathcote,
Kyneton, Langley, Mia Mia, Metcalfe, Redesdale, Sidonia, Sutton Grange.



Edition 50

February 2014

A community owned newspaper

Strong community support for Redesdale and District Association

By Kathy Hall

The Redesdale and District Association (RaDA) has now embarked on its second year.

We hope you enjoy the '12 Month Report' also included in this edition of the Bridge Connection. First of all it is worth mentioning how pleased everyone is that The Bridge Connection is back and that it will be producing an edition

every month. The fact that the Bridge Connection is back in town means there is, again, a reliable source of updates for community activities which, after the demise of the paper, had been posted in the pub, on the notice board on the reserve and in the general store, sent by email and posted to as many people as we could reach.

Now we will put our updates in the paper. Monthly committee meetings for RaDA recommenced on Thursday 16 January.

If anyone would like an agenda item to be raised at a committee meeting, or would like to address a meeting, please contact us via email at info@redesdale.net or ring 0407 116899.

Over the past year we have had people address the meeting prior to the committee meeting.

Our first guest this year was Rob Chapman who demonstrated his remarkable street number sign initiative which has won awards and has the potential to improve property recognition for emergency services.

If anyone is interested in following this issue, please contact RaDA on info@redesdale.net.

The website has certainly been useful of late.

Not only are people accessing it for events, but recently a Redesdale resident was reconnected with lost prescription specs after a con-

cerned person found the specs, knew the owner lived somewhere in Redesdale, knew their first name, and sought information via the website.

It took only about an hour for the owner to be connected with the finder and the spectacles.

As most residents know, a mediation meeting, organ-



Getting people together is working well. a flashback to the Mia Mia history project that caused lots of interest. Four generations descending from Michael Moloney searched maps to locate the original Moroney farm.

ised by the City of Greater Bendigo, was held on Tuesday 17 December 2013. This session followed the Redesdale and District Engagement meeting held on Monday 18 November 2013.

At this former meeting there were some misunderstandings raised and it was agreed we needed to be clear and

Please go to Page 8

World Open Snooker champs for Bendigo

The 2014 Australian Snooker Goldfields Open will be held at Bendigo Stadium from 30 June until 6 July this year.

Major Events and Tourism Minister Louise Asher said Bendigo remained on the world stage with continued hosting of the Australian Snooker Goldfields Open in 2014 and 2015.

“The Victorian Government is delighted the event will remain in Bendigo, the only Australian event on the World Snooker Tour.

“We are proud to continue this support

because it provides significant broadcast exposure, showcasing the region across 60 countries including China and the United Kingdom.”

She said it would generate continued economic benefit for Bendigo and Victoria and said Bendigo enjoyed outstanding success with other major events, drawing tens of thousands of visitors to see the Grace Kelly: Style icon, The White Wedding Dress; 200 years of wedding fashions and The Golden Age of Couture at Bendigo Art Gallery.

“In June, participants in the tournament and visitors, will be able to view the latest exhibition in the Bendigo International Collections Series – The Body Beautiful in Ancient Greece, which will open at Bendigo Art Gallery,” Ms Asher said.


“Major events, like the Australian Snooker Goldfields Open, create a substantial impact on tourism to regional Victoria. This of course translates into great business and employment opportunities as well as excellent prospects for the local community to experience world class events in their own city,” she said.

Redesdale

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Two Rivers Cricket Cup

The next Two Rivers Cup cricket match between Coliban Colts and Campaspe Crows will be played at the Redesdale Reserve on Sunday 30 March.

Starting time 11 am.

Bring your own chairs because the grand stand hasn't been started yet.

Lunch and refreshments will be available to purchase.

Enquiries: 0418 130 206.

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Bridge Connection profits are returned to the community

Bridge Connection Advertising Rates Schedule

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Running a business without advertising is like winking at a girl in the dark

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Welcome to Uniting Church minister.

Cadet sales representative appointed to Bridge Connection

The Bridge Connection committee has appointed Kyn-eton college student Callum Morrison, of Mia Mia, as a cadet sales representative.

Committee president Mary Bennett said Callum turns 17 during March and we welcome him to our team as we strive to re-establish the Bridge Connection.

"He is studying Year 11 at Kyneton Secondary College, and will work with us on a part time basis.

"Callum is known to us, well respected in the district, and we wish him well. "He has successfully completed advanced maths, advanced science, senior English, senior photography, senior food for life, VCE engineering, units one and two, and VCE history unit two. He also holds a Level One First Aid Certificate," Mary said.



Callum Morrison

International Women's Day breakfast

Women's Health Loddon Mallee will host a women's breakfast at 47 Myers Street, Bendigo, between 8am and 10am on Wednesday 5 March to celebrate International Women's Day. Please register by Monday 3 March with Reception on 5443 0233. Or email: whlm@whlm.org.au The breakfast is free.

IMPORTANT MESSAGE

Submission of copy to

Bridge Connection

Deadline 20th of each month

In order to relieve the load on our previous editor, Bernie Campbell, would contributors please send copy to
The Editor

mynardmedia6@bigpond.com

or by mail to Bridge Connection,
453 Bourke Rd, Katamatite, 3649

Ph 0417 567 741

Redesdale Bush Market on Labour Day weekend

Redesdale Hall Committee will hold the annual Redesdale Bush Market on Labour Day long weekend at the Agnes Mudford Reserve. The market offers something of interest for all ages.

This year the committee is pleased to announce that the Bendigo and District Band will entertain shoppers. The Kyneton Lions Club train will also be offering the young, plus the young at

heart, their popular rides. The market begins at 8.30 am and finishes at 2 pm on Sunday 9 March.

Enjoy a wide selection of stalls, ranging from local produce including wine tastings, olives, honey, cake stall and plants, through to clothing, fishing tackle, bric a brac, a barbecue lunch, and great coffee.

Why not invite your family and friends along to explore this very picturesque area in central Victoria and make a day of it?

Bring along a picnic rug or chair, enjoy the music, and take in the local surroundings.

Please note the weather can be quite different to other areas - sometimes drier.

If in doubt, it is a good idea to check with the Weather Bureau.

Outside Stalls are available for \$20.

Bookings and Enquiries to Alwyn on 0419 513 976 or Carolyn 5425 3194.

Ian Morton Memorial Scholarship

Applications for the Rural Finance Ian Morton Memorial Scholarship are open until Saturday 31 May.

The scholarship offers up to \$6000 a year to one recipient for a maximum two years while completing postgraduate studies.

Students must demonstrate Victorian residency over a three year period prior to the application date; be a first year postgraduate student with Masters or above, studying a research project or coursework; be under 45 years of age as at Wednesday 1 January 2014; be studying at a Victorian institution; and demonstrate a career commitment that will benefit agriculture.

Further Information is available from Alana O'Shea at Rural Finance on 5448 2600.

Play fair and pay your fare

Fare evasion on Victoria's public transport is at a five year low to less than nine per cent.

Premier Denis Naphthine said Public Transport Victoria (PTV) had worked with transport operators to target fare evaders at known hotspots.

"The October 2013 survey shows a drop in fare evasion rates across all metropolitan modes of public transport.

"But, the fare evasion rate is still too high, and passengers who travel with a valid ticket expect other passengers to pay their way," Dr Naphthine said.

Rural business women conference at Beechworth

The 2014 Connecting Rural Business Women (CRBW) conference will be held in Beechworth on Sunday and Monday 4 and 5 May.

'Creativity and Innovation' is the theme set for the conference with more than 20 workshops to choose from. Highly skilled business women will present workshops in areas such as leadership, food and agriculture, business skills, and personal development.

Registrations are open by

going to info@connectingruralbusinesswomen.com.au. Registrations close on Monday 28 April with Early Bird registrations closing on Friday 21 March. The first 20 women to register will receive a free copy of Caroline Kennedy's book, 'The Power of WOW - Why 'Thank You' Makes Dollars and Sense'. Caroline will be running a workshop on this topic, and has donated the books.

Rural women invited to discuss community needs

The Loddon Bendigo Rural Women's Network will hold free evenings of 'planning conversations' across the two municipalities.

Discussion will involve how to better meet the needs of rural women in the Loddon Bendigo region.

A meal will be provided. Wendy Holland from Community Vibe will lead discussion to find out what types of activities, support and events, women would like to see.

Bendigo Community

Health Services will make a short presentation.

Evening sessions will be at Serpentine Bowling Club on Wednesday 5 March; Marong Family Hotel, Wednesday 12 March; and the Axedale Tavern on Wednesday 19 March.

Starting time is 6pm.

Please respond by 28 February for Serpentine, 7 March for Marong and 14 March for Axedale, to City of Greater Bendigo, Jenny Pendlebury, 5434 6479 or email j.pendlebury@bendigo.vic.gov.au

Redesdale Recreation Reserve Committee annual meeting

The Redesdale Recreation Reserve Committee will be holding their Annual General Meeting on the Tuesday 11 March, 2014 at 7 pm in the Redesdale Hall. Everyone is welcome to attend. If you would like to contribute ideas please email us the details so that we can add to the agenda. Contact Holly Wilson: hollymwilson99@yahoo.com or on 0418 522 231.

Redesdale Reserve Committee joins Redesdale and District Association

By Simon Hills

The Redesdale Reserve Committee has joined the Redesdale and District Association as a 'ordinary member'.

The reserve committee has been working on several projects over the past year. Led by Ivan Huston, our Chairman, the extension to the pavilion is almost complete.

The extra undercover area is designed to be used not only for sporting events, but has also been designed to house stalls and displays on open days, and market days.

Ivan and his two lads put countless hours into the build, and a group of Committee members completed the tidy up in conjunction with a working bee on the grounds.

We recently applied to the council for a grant to establish inground seating and a second picnic table near the

oval and rotunda.

We were awarded a \$3000 grant which will neatly cover the cost of equipment, and perhaps a little left over for general maintenance.

On the issue of maintenance, it is certainly an ongoing task, and thanks to the generosity of many community members it is often done without incurring cost.

In the last year we have held three working bees in which general tidying, pruning and planting were the main focus.

In future we will advertise upcoming Recreation Reserve working bees in the window of the General Store, and welcome all those who wish to turn up and help out.

A few months ago, the Redesdale Reserve Committee formally leased the

Redsdale Hall to the Redsdale Hall Committee and its tireless members.

This enabled the hall committee to take out personal indemnity insurance to cover those working at the hall during functions.

Our community is lucky to have such a dedicated group looking after the hall and its guests.

The hall remains within the Recreation Reserve Committee's bailiwick, but the lease provides some welcomed autonomy for the committee. The Recreation Reserve Committee pays a 'peppercorn' lease of \$101 a year on a five year plus five year basis. As the landlord, the Recreation Reserve Committee will need to approve all capital works undertaken on the hall, but will ensure that we are very

supportive of the needs and wishes of the hall committee, and wherever possible will help with such works.

At the last committee meeting, we were briefed by Kathy Hall from the Redesdale and District Association (RaDA) on its activities, and a unanimous decision was taken by our committee to join RaDA as an 'ordinary member'.

Members of RaDA have already made excellent use of the hall and reserve, and we look forward to building a strong relationship between the two committees for the betterment of our community. The committee donated \$250 towards the defibrillator, be-ing installed at the school, and has also taken out public liability insurance and accident insurance to cover those participating in activities on the Reserve.

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Heathcote Lions Harold Baigent art show

The Lions Club of Heathcote will host the official opening of the 2014 Harold Baigent Memorial Art Exhibition in the Heathcote Senior Citizens and Guide Halls on Friday 2 May. Harold Baigent founded the Heathcote Art Show in 1988. He was well known in theatrical circles as an actor, producer and director and

renowned for his art work. Harold lived his life entertaining, teaching, and contributing to arts and culture. He lived the last 20 years of his life in Heathcote.

awarding the Excellence Award to an outstanding junior artist, plus two encouragement awards.

Please join the Lions Club members and exhibiting artists for wine and cheese at the opening on Friday 2 May. Admission \$10.

The exhibition will be open between 10am and 4pm on Saturday 3 and Sunday 4 May.

Further information is available from Caroline James on 5433 2415; 0428 628 482 or Rosie Hill on 0417 011 776.

Heathcote U3A activities

2014 Program

Email – u3a.heathcote@gmail.com

Understanding Technology. First Thursday. 10 am. Guide Hall. Convener Peter Baldwin 5433 2925.

Chair based exercises. Fridays 10.30am. Guide Hall. Except the last Friday. Convener Glenys Baldwin 5433 2925.

Music Appreciation. First Tuesday 2pm to 4pm. Guide Hall. Convener John McClure 5433 3269

History Group. Third Thursday 10.30am. Guide Hall. Convener Win Jeavons 5433 2887.

Garden Club. Fourth Wednesday 1.30 pm. Guide Hall. Convener Peter Baldwin 54332925

Luncheon Club. Third Friday. Ring Barbara Clement 54333278 for the venue and to book a place.

Last Friday. Coffee Morning. Guide Hall. *Some with a guest speaker.*

Further information is available in the U3A newsletter available at the Visitor Information Centre, The Hub, (council offices), the Library, or contact us.

Highlights of the Art Show will be the \$500 Lions Club of Heathcote Best in Show Award, the \$350 Great Ideas awards plus gifts, Acquisition Award, the \$250 Lions Club of Heathcote Judges' Commendation Award, and a People's Choice Award.

Primary Schools will be represented with the judges

The widows of Heathcote

By Louise Joy

The widows of Heathcote have enjoyed huge lunches Mary has turned on at the Commercial Hotel Heathcote. There were widows from the Anglican, Uniting, Catholic and Revival Churches with tales to tell of the early days in Heathcote when they wouldn't have been seen dead talking with each other much less sharing a chicken parmigiana.

What good company they were too.

There was Annie in her flowing light silky skirt with a blue top just picking up the blue flower in the skirt. "Both from Buddies and the Ambos Op Shops of Heathcote," she said with delight.

Widows of Australia unite! Henry Lawson had great stories to tell of nineteenth century Australia.

"Mrs Myers settled herself to enjoy life comfortably and happily at the fixed age of 39 for the next seven years or so. She was a pleasant faced dumpling, who had been baked solid in the droughts of Out Back without losing her good looks and had put up with a hard life." (P.154 "Joe Wilson's Mates" in "The Prose Works of Henry Lawson" Volume 11. Home Entertainment Library 1935. Goldfields Library of Heathcote.)

Bridge Connection Inc.

Management Committee.

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	reginabennett@bigpond.com	
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Editorial:- Jim Mynard 0417 567 741 Anytime.
mynardmedia6@bigpond.com
Hard copy to 453 Bourke Rd, Katamatite 3649

Founders Berni and Brett Campbell.

Distribution

1000 printed copies of Bridge Connection are circulated in the Mia Mia Redesdale Region, taking in Barfold, Baynton, Derrinal, Elphinstone, Glenhope, Heathcote, Kyneton, Langley, Metcalfe, Sidonia, Sutton Grange.

Mates and pals and chums at Heathcote

Down at the Union Hotel Heathcote, yarning away over a pot of light ale, he said: "Thanks Chum".

Now that was a word not heard in a long while.

For a bloke with four generations in the Heathcote Cemetery he was entitled to say anything, but we could not find, 'Chum' in CJ Dennis 'The Australaise 'Fellers of Austrlier; Blokes an' coves an' coots... Cobbers, chaps an' mates...' Angus and Robertson 1956, 1958, 1961, 1962, 1964, 1965, 1968, 1971, 1973 page three and five 'Selected Verse of CJ Dennis' chosen and introduced by Alec H Chisholm, author of 'The Making of the Sentimental Bloke' borrowed from the Goldfields Library Heathcote, good to remember The Australaise, which World War One Diggers loved to sing.

'Mate' seems to be universal these days around Heathcote - 'thanks mate', 'how ya goin mate?' without even waiting for a reply. In Heathcote it is all Mates.

Louise Joy

31 January 2014

Maybe 'chum' was assigned to the English. We should ask Saltbush Bill. Editor.

The 'cool joy' of shopping

Beating the Heathcote heat, the mighty hunter set forth with only his bargaining skills, honed over 40 years, and a modest cheque book.

The vast emporiums of Bendigo were ill prepared as prices were knocked down and trophies of an air conditioning unit like a beached whale, a vacuum cleaner like a wombat, and a tiny fan like a fly were proudly displayed.

"I do love shopping" he said, but disconcerted to find all were made in China. Revenge of the Cantonese gold diggers, so badly treated in Bendigo 150 years ago.

Meanwhile in the cave like air conditioning of the Japanese Honda, I was discovering 'The Glugs of Gosh' from the Heathcote Goldfields Library where I love to hunt.

"But a Glug stood up with a cast in his eye, And he said, "Far too many such baubles we buy; With all the Gosh factories closing their doors, And importers' warehouses lining our shores."

CJ Dennis, writing in 1918, would have been delighted and appalled to see his prophesy foretold.

Then we moved off to the students' clinic at the dental hospital where two kind

By Louise Joy

and competent students from Finland, on exchange with Latrobe University Dental School, in Bendigo, cleaned and cleaned and advised on cream for dry mouth, which Heathcote Pharmacy had in stock in various sizes.

Nearby, my favourite shop, The Heathcote Post Office, was ready in air conditioned comfort for the latest out pouring of letters and parcels to those not lucky enough to live in Heathcote. Home to the fitting of the air conditioning unit, not possible without extra screws from Skillys bargained into a love job.

Much cussin' and swearin' later by 'An Old Master' bullocky

"Now he swung the leaders over, while the whip - lash

snarled and volleyed; And they answered like one bullock, strainin' to each crack and clout;

But he kept his cursin' under till old Brindle made a blunder;

Then I thought all Hell had hit me, and the master opened out.

And the language! Oh, the language! Seemed to me I must be dreamin';

While the wondrous words and phrases only genius could produce

Roared and rumbled, fast and faster, in the throat of that Old Master -

Oaths and curses tipped with lightning, cracklin' flames of fierce abuse."

CJ Dennis would be pleased that the air conditioning unit, like the bullocks, finally yielded and Heathcote was in safe hands again.

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Redesdal association has become a vital link in community building

On Friday 21 September 2012, a meeting was held at the Redesdale Hall to discuss

From Page 1.

open with any concerns and misunderstandings.

Due to problems with notification of residents about this meeting, another one is due to be set up in March.

RaDA is very pleased to say there are now 56 general members of the association. This is a considerable portion of residents living in the area.

Anyone who would like to join and thus demonstrate their support for the progress of our community, please contact via the email address given above. RaDA has received a grant from Crocodile Gold Corp's Fosterville Mine for a gazebo tent for outside functions. It will be proudly displayed at the Redesdale Bush Market on Sunday 9 March - an event organised by the Redesdale Hall Committee and definitely not to be missed.

The gazebo's next outing will be as a food tent at the Twin Rivers Cricket match between the Coliban Colts and the Campaspe Crows on Sunday 30 March.

We hope there will be a strong turnout for this.

We have received a great deal of feedback from the inaugural Discover Redesdale Festival in November. Most of it has been very positive which has led to plans for another festival in 2015. Let us hope for a happy, constructive and fire free New Year.

the possibility of starting a 'Progress Association'.

The meeting was attended by 21 local residents, the then Mayor Cr Alec Sandner, Joy Mason from the City of Greater Bendigo, (COGB) who chaired the meeting, and council candidate Wayne McRae.

Overwhelming support was received and one dissenting voice. Ten people volunteered to be on the committee of a new group.

The dissenting voice made the very good point that such groups had been formed enthusiastically before but had come to nothing.

It was therefore decided that with the formation of this new community group a review of its progress should be made after 12 months.

If no progress had been made, the group should be disbanded.

At this first meeting, it was decided it should be a well-structured and formalised group and the stated aims were to facilitate the progression of the community plan; coordinate representatives from existing groups and committees; act as a central point of contact for residents, local government and other groups wishing to communicate with Redesdale residents, and act as a vehicle for communication with the community and share knowledge.

Following this first meeting, a committee was put together and met for the first time on Wednesday 23 October at the Redesdale - Mia Mia Primary School.

The School was offered as a meeting place purposely as it

was thought the needs of young people in the community needed to be high on the agenda of community development.

The meeting was chaired by Lyn Talbot from the Community Planning Department of the COGB.

The new group met on the third Thursday of every month since the first meeting.

It has undergone two name changes before deciding on 'Redesdale and District Association'. (The Association). On Tuesday 19 March 2013, the Association became incorporated and adopted the 'Model Rules' of Consumer Affairs Victoria.

Initial aims stated above were formalised for the process of incorporation and are now *to develop, facilitate and review the Redesdale Community Plan; to act as a central point of contact for residents, local government and other groups wishing to contact Redesdale residents; to provide a common communication point for representatives of existing groups and committees; to develop and maintain a community website, and to encourage community cohesion through activities and improvement of facilities.*

The rest of this document will review the progress of the Association according to the above criteria.

To develop, facilitate and review the Redesdale Community Plan.

Two public meetings were held to involve as many Redesdale residents as possible in the review of the community plan. The first was

held on Sunday 3 February 2013 and was attended by approximately 60 residents who enjoyed a great meal after the work was done.

As many ideas as possible were sought and these were condensed down for the next meeting on Monday 28 April 2013.

A progress report was sent to the community through email, postal service for those without email, and through notices at the General Store, the hotel, and the public notice board.

At the April meeting, afternoon 'Devonshire' tea was enjoyed while residents voted for the ideas that they thought were most important.

Approximately 40 people attended.

Again the wider community was kept informed of the results through the means outlined above.

Following this meeting a draft community plan review was developed and circulated.

The progress of this review was discussed at the monthly meetings of the Association. During these months a grant of \$3600 was sought and obtained from the COGB for the costs of developing and launching the community plan, and developing the website.

The council, in the form of Lyn Talbot, Cr Helen Leach, and Joy Mason were very helpful and supportive during this process.

Finally the review was revised and put together with the help of the Bendigo council and the final version launched at a celebration of

Redesdale and District Association 'is here to stay'

From Page 8.

council and the final version launched at a celebration of all the hard work and community participation at the Redesdale Hall on Sunday 8 September 2013.

The plan was launched by Bendigo Mayor Lisa Ruffell and was distributed the same week to all Redesdale residents.

Therefore, in terms of achieving the first of the stated aims of the Association, this goal was fulfilled within 12 months of the Association's development.

To act as a central point of contact for residents, local government and other groups wishing to contact Redesdale residents and provide a common communication point for representatives of existing groups and committees.

Since inception of the Association, the COGB has used the group as the main point of contact for dissemination of information.

Community information received by email from the council is sent to those who have email addresses and who have given these addresses to the Association.

There are 45 names on this contact list.

There are 16 households receiving information through the postal service.

Examples of contacts received by the Association

are a person doing research with regard to possibly buying real estate in the area; a person doing historical research in the area; Landcare group wishing to be associated with the group to promote local landcare; people expressing interest in becoming part of the action groups for furthering the community plan; continual interaction with the Mia Mia group; input from most relevant Redesdale community groups through representation on the committee.

We have received an average of 15 email communications a month from groups.

The overwhelming feedback to the association has been positive and supportive.

To date 56 individuals have joined the Association as general members and have paid the \$20 joining fee.

It can therefore be said that, apart from some very isolated negativity, this goal has been met and there is still some work to be done to include more residents.

Develop and maintain a community website

The community website www.redesdale.net has been developed along with a community logo.

This was developed with the aid of the grant referred to above.

The website was launched with a demonstration at the event held on Sunday 8 September 2013.

Feedback was positive.

People are starting to use the site to track local events.

The website proved invaluable at the Discover Redesdale Festival held on the weekend of 1, 2, and 3 November 2013 as the festival brochure was available

on the website and several festival visitors had used it. Some festival goers discovered the events through running a Google search for Redesdale.

Local businesses are beginning to contact the website for inclusion.

Management of the website has now been handed to a Redesdale resident who is not on the Association committee and guidelines are being developed.

In terms of achieving the aims of the Association, this goal has been achieved within 12 months.

Encourage community cohesion through activities and improvement of facilities.

Most activities organised by the Association have been to do with development of the plan.

However, three other major events have been achieved.

Firstly, the inaugural 'Two Rivers Cup' cricket match between the Coliban Colts and the Campaspe Crows was held in March 2013.

It was a great success and was well attended.

A positive side effect of the organisation of the event was the laying down of mod grass turf at the wicket on the reserve. The concrete wicket was unusable before.

This was achieved through Association funds with assistance from the COGB.

The second major event was production of the Kyneton Theatre Company's 'The Gondoliers (Gilbert and Sullivan)', presented at the Rede-

Please go to Page 10.

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Elizabeth
Hannah

govt. registered acupuncturist.
0403 753 221
bethan.acup@westnet.com.au

Kyneton Acupuncture & Allied Health
5/50 Mollison St., Kyneton

Artists to help brush away post natal depression

Painting auction to establish trust

Artists are coming together to donate paintings for a fund raising art auction at the Innisfree Centre, Kyneton on Sunday 16 March.

Coordinator, April Bevan, said the auction would be held at 4pm during an open day and afternoon tea at the centre.

"The centre offers holistic healing in a range of disciplines.

April, a former patient at Innisfree organised the day to help raise money to help other women with post natal depression.

"My project originated in the Self Expression and Leadership Program at Landmark Worldwide.

"It is a program where people take on projects in communities important to them.

"Innisfree, as a result of this auction, will start a trust fund for women who need financial support to access their treatment," April said.

She said work by artists, from 'dabblers' to 'career artists' would be auctioned.

"Post Natal Depression is a community concern.

"The Australian Post and Antenatal Depression Association (PANDA) reports one in seven women suffer from post natal depression." she said.

Artists who would like to donate a painting to the auction can contact April at modernnurture.kyneton@gmail.com

Beating the baby blues and more

One mother described her experience after working through post natal depression (PND) and finding help.

But what of those who cannot cope, even with believing there is a way, or seeking a pathway through.

She said her story about suffering from PND was a common one.

"After the birth of my first child in 2008 I suffered severe PND. It showed as inexplicable rage and resentment. I woke each day just wanting to 'run away from life.'

I couldn't do simple things such as answer the phone, a knock at the door, or go through the checkout at the supermarket.

My husband dreaded coming home and felt guilty going to work each day.

For treatment I was offered anti-depressants to help get through each day, but at best, I was told this would give me a 'numb' day, not a happy one.

Things got to a point after my second child, that I knew I had to find a way through, and provide my kids with a mother who could take real care of them and their needs. And enjoy being with them.

By a stroke of luck I found Innisfree on the Internet. Practitioners there provide holistic treatment using a range of disciplines including Chinese medicine, meditation, naturopathy, and many more.

Within three weeks of treatment I walked out of the centre joyous and fully alive. I now experience the joy of motherhood and of having a wonderful family.

And in 2012, another son was born. Before my time at Innisfree, having another child was not something I could consider."

From Page 9.

sdale Hall on Sunday 5 May 2013, which was spectacular although not well attended. A lot was learnt about future marketing of such wonderful events. The third was a major event, the Discover Redesdale Festival which included an Art Show (run by the Hall committee and not the Association), open gardens, open studios, wine tastings, school art show, and photo exhibition as well as participation by the Campaspe Landcare Group. A second cricket match was played on the Sunday accompanied by a barbecue and this was again well received. The Rural Café (which has been closed and for sale for a long time) was opened for

the event and did a roaring trade. The festival was a great success and there are calls from many for it to be repeated. A grant was sought and received from the Fosterville Mining Group to assist with cricket equipment and a small marquee for the event. 'Shaver Shop' (a large chain of shops specialising in grooming equipment) has sponsored both cricket matches.

We are very grateful for their support. It is estimated that more than 100 local residents were involved in putting this festival together, and for this reason alone must be thought of as a great success.

Again, the goal has been met through a huge amount of energy and enthusiasm spent

over the last year.

In summary, The Redesdale and District Association has achieved its aims.

The Committee is cohesive and meetings are well run, professional, and targeted to the welfare and positive development of the community. This is best illustrated by the mission statement displayed on all official correspondence from the Association: "*Redesdale residents aim to achieve a town which is safe, invitingly landscaped, welcoming to tourists, clean and tidy, and where people of all ages work and socialise well together. They require good, functional facilities for activities and meetings and easy access to necessary services.*" (Community

Plan review 2013)

Future tasks of the Association fall into near, medium and long term categories. The next task for the Association is to work to accomplish the goals set out in the community plan through community task forces. In the medium term, the Association will consolidate and improve its standing with the community through acknowledgment of accomplishments, participation and the gradual development of trust. In the long term, the Association will look towards a review of the current community plan. Unlike the prediction referred to in the first paragraph of this report, the Redesdale and District Association is here to stay.

Macedon Ranges Farmers' Markets

Macedon Ranges Farmers' Markets for March will be at Woodend, Corner of High and Forest Streets on the first Saturday.

Kyneton Farmers' Market at St Pauls Park, Piper St, Kyneton; second Saturday.

Riddells Creek Farmers' Market at Riddells Creek Primary School on the third Saturday.

Lancefield and District Farmers' Market at High Street, Lancefield on the fourth Saturday.

Markets operate from 9am to 1pm.

Macedon Ranges Farmers' Markets work to provide a viable trading place for local and Victorian farmers and food producers to trade their products.

They have a fantastic selection of fresh produce, often organically produced.

Pasture grazed hormone free meats, beef, chicken, lamb, pork, goat and smallgoods can be found at the markets.

Free range eggs, cold extracted honey, organic sourdough breads, tasty treats, snacks, seedlings, plants, poultry, and stockfeed.

Visit the Victorian Farmers' Markets Association page for information on the individual markets and to find out more about becoming a stallholder www.vicfarmersmarkets.org.au

Loddon Murray Leadership

A special evening was held in Charlton on Friday 14 February to welcome 26 emerging leaders from across the region who will take part in the 2014 Loddon Murray Community Leadership Program (LMCLP) during the next nine months.

The Community Leadership Loddon Murray (CLLM) program has been successfully developing leaders for vibrant and sustainable communities across central and north west Victoria since 1998, with more than 350 graduates across the region undertaking a range of community leadership roles.

The program aims to build the skills, knowledge, confi-

dence and networks of participants so they can make a difference within their own communities, and at a regional and industry level.

Weekly Times editor Ed Gannon was guest speaker for the evening.

Highlight of the evening was presentation of the 26 participants who will be taking part in the LMCLP journey during 2014.

Representatives came from eight shires across central and north west Victoria.

They were Amanda Gretgrix and Boston Curry from Buloke Shire; Stuart McGibbon, Emma Bridger, Kristi Collier, Trina Dalton-Oogjes, Anita Dickons, Joseph

Drahm, Shane Grenfell, Brenton Johnson, Kanishka Gululwita, Paolo Righetti, and Merrilyn Thompson from the City of Greater Bendigo; Angela Hird from Gannawarra Shire; Chloe Armstrong and Glenys Broad from Loddon Shire; Mary Hogarth, Jennifer Johnson, Julie McLaren, and Prue Southey from Macedon Ranges Shire; Caitlin Matthews and Kim Skyring from Mount Alexander Shire; Elaine Hamilton, Shandel Keele, and Leanne Wills from Shire of Campaspe; and Travis Inmon from Swan Hill Rural City Council Rural Finance sponsored the program launch.

Smokes out at rail and tram waiting areas

Railway stations and raised platform tram stops will be smoke free from Saturday 1 March 2014.

Public Transport Minister Terry Mulder said new arrangements would extend existing smoke free zones, which only included covered areas of railway platforms and inside covered tram and bus shelters.

"Extending smoke free areas is good news for public transport passengers and supports other government initiatives aiming to reduce

the impact of tobacco and second hand smoke on the community.

"Around 4000 lives are lost each year in Victoria as a result of smoking," he said. It costs \$2.4 billion in direct health costs and lost productivity every year," he said.

Fines for smoking can be issued by Authorised Officers, Protective Services Officers, and police.

Signs and information at stations will help to raise public awareness of the extended smoke free areas.

From Tuesday 1 April 2014, Tobacco Act amendments will also ban smoking at outdoor children's playground equipment, skate parks, public swimming pool complexes, and sporting venues, during organised underage sporting events.

Grants for remote communities

The Foundation for Rural and Regional Renewal (FRRR) will make charitable grants available to community groups working to help people in remote communities.

Applications close on Friday 28 March.

This grant program offers up to \$400,000 for regional and remote communities, made in amounts up to \$5000.

The program is broad and based on charitable groups, but cannot fund operational and administration costs, travel or accommodation.

Sport, recreation, and social activities are not considered a charitable activity.

Applications from communities with a population of 10,000 or less will receive priority.

Phone: 1800 170 020 or email info@frrr.org.au

Please send news items about community groups

to The editor

Bridge Connection

453 Bourke Road, Katamatite 3649

email: mynardmedia6@bigpond.com

0417 567 741

Healthy active living forum

The Council of the Ageing (COTA) will conduct a Healthy and Active Living for Older People forum at Bendigo on Tuesday 18 March. Bookings are essential and

must be made by Friday 14 March with 1300 135 090 or online <https://healthyliving18mar.eventbrite.com.au>. Information is available from abull@cotavic.org.au or from www.cotavic.org.au.

The forum will be held in the Reception Room, City of Greater Bendigo, 195-229 Lyttleton Tce, Bendigo. The forum is divided into two sessions.

A continence nurse will deliver the first session and a women's health physiotherapist delivers the second session.

The program from 10 am to 12.30pm will be 'Fun, Fitness and the Pelvic Floor'.

More than 4.8 million Australians experience bladder or bowel control problems. The session will help participants gain a better understanding of continence and the pelvic floor.

Learn how to improve its fitness and how to exercise safely to avoid pelvic floor

stress and injury and enjoy the freedom of everyday life. The second session, 'Age Friendly Communities' will be from 1.30 to 3.30pm.

Hear about some of the exciting, revolutionary and practical things older people around the world are bringing to life in their communities.

Join in the discussion of how older people can become actively involved in making their communities places where they can live safely, enjoy good health, continue to learn and stay involved, and to make a difference.

The forum is free. with RSVP Friday 14 March.

Please advise if you are staying for a light lunch and if you have any dietary requirements.

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Tick for Ambulance Victoria on our tickers

Health Minister David Davis said a new report confirmed Victorians whose hearts stopped beating after suffering a cardiac arrest had a greater chance of survival than people almost anywhere else in the world because of Ambulance Victoria. Mr Davis said 50 per cent of patients whose hearts had stopped beating but still had shockable rhythms in 2012/13 were able to be revived, and 26 per cent of the cardiac arrest patients survived to be discharged from hospital after treatment. He said Ambulance Victoria had maintained world class cardiac arrest survival rates.

Macedon Ranges
DyslexiClever

- Empowering out-of-the-box thinkers

Dyslexia Support Group
Meets 9am first Friday of the month @ Ethic. Café 63 Urquhart
Street, Woodend.

Enquiries: Marg 0409 550 238 - or just come along!



Diary Dates

Friday 28 February to Sunday 2 March:-
Sanguine Estate Music Festival 5433 3111.

Wednesday 5 March. Free International Women's Day breakfast, Bendigo. See this page.

Wednesday 5 March.
Focus group meeting for women suffering domestic financial control. Women's Information and Referral Exchange. 1800 884 038.

Friday 7 March.
Dyslexia Support Group. 9am at Ethic Cafe, Woodend. Marg 0409 550 238.

Saturday 8 March.
International Women's Day.

Sunday 9 March.
Redesdale Hall Committee annual Bush Market. Agnes Mudford Reserve, Redesdale. 8.30 am to 2 pm. 0419 513 976 or 5425 3194.

Monday 10 March.
Labour Day.

Tuesday 11 March.
Redesdale Recreation Committee annual meeting. 7 pm Redesdale Hall.

Friday 14 to Sunday 16 March.
Spanish Festival Weekend. Heathcote.

Sunday 30 March.
Twin Rivers Cricket match. Coliban Colts versus Campaspe Crows at Agnes Mudford Reserve.

Sunday 30 March.
Registrations open until Monday 28 April for Rural Businesswomen Conference, Beechworth.

To Sunday 1 June.
Red Poppies Display in the Bendigo Library.

Friday 4 April.
Dyslexia Support Group. 9am at Ethic Cafe, Woodend. Marg 0409 550 238.

Friday 18 April.
Good Friday.

Monday 28 April.
Registrations close for Rural Businesswomen Conference, Beechworth.

Friday 2 May.
Dyslexia Support Group. 9am at Ethic Cafe, Woodend. Marg 0409 550 238.

Sunday and Monday 4 and 5 May.
Rural Businesswomen Conference, Beechworth.

Monday 5 May.
Japanese Children's Day.

Friday 30 May.
Applications for Ian Morton Memorial Scholarship close. Alana 5448 2600.

Editorial

Runs on the board

Runs on the scoreboard usually come from good batting. And it is always nice to see good batting in action. Such is the case with the Redesdale and District Association, now able to boast a good innings. The comprehensive report in this edition of the Bridge Connection, and in particular the announcement the group has more than 50 members provides a good feeling for the community. Obvious good relations between the council and the RaDA places the district in a position of being able to receive its fair share of grants, advice, and assistance for community activities and ongoing community building. Congratulations to those involved in working so diligently with the council and community to pull it all together, and for a plus, of already having plenty of successful social activity. And congratulations to those who joined in to support the group by taking membership.

Friday 6 June.

Dyslexia Support Group. 9am at Ethic Cafe, Woodend. Marg 0409 550 238.

Saturday 7 to Monday 9 June.

Queen's Birthday Weekend.

Saturday 21 June.

Winter Solstice.

Monday 30 June to Sunday 6 July.

World Open Snooker Championships, Bendigo.

Friday 4 July.

American independence Day.
Dyslexia Support Group. 9am at Ethic Cafe, Woodend. Marg 0409 550 238.

Friday 1 August.

Dyslexia Support Group. 9am at Ethic Cafe, Woodend. Marg 0409 550 238.

Friday 29 August to Sunday 31 August:-

Heathcote Film Festival.

Saturday 4 and Sunday 5 October:-

Wine and Food Festival Weekend Heathcote.

Friday 5 September.

Dyslexia Support Group. 9am at Ethic Cafe, Woodend. Marg 0409 550 238.

Saturday 11 October.

Mia Mia opera.

November.

State election.

Rainfall

Mia Mia

2013	538.00
Jan 0 0	
Feb 63.5	63.5
Mar 24.5	88.0
April 5.0	93.0
May 63.0	156.0
June 32.0	188.0
July 78.5	266.5
Aug 88.0	354.5
Sept 83.5	438.0
Oct 40.5	478.5
Nov 38.5	517.0
Dec 21.00	538.0
2014	
Jan	8.00

Redesdale

2013	514.9
Jan	0 0
Feb 54.0	54.0
Mar 28.5	82.5
April 4.7	87.2
May 24.3	111.5
June 65.0	176.5
July 63.0	239.5
Aug 94.0	333.5
Sept 79.0	412.5
Oct 32.9	455.4
Nov 50.5	505.9
Dec 9.00	514.9
2014	
Jan	

Do not leave children in cars unattended. Even for one minute,

The poppies of Flanders Fields

Between 2014 and 2018 Australia will commemorate the Anzac Centenary, marking 100 years since Australia's involvement in the First World War. In 2015, there will be a large number of activities commemorating 100 years since the Anzac Gallipoli landing. From its association with poppies flowering in the spring of 1915 on the battlefields of Belgium, France and Gallipoli, the poppy has become a symbol of both great loss in war and hope for those left behind. As part of the 2015 Anzac Commemoration, the 5000 Poppies Project will plant a field of more than 5000 poppies in Federation Square Melbourne as a stunning visual tribute to Australian servicemen and women.

5000 Poppies Project in Bendigo

Bendigo Council has issued an invitation for people to craft poppies to ultimately be submitted to the 5000 Poppies Project in Federation Square, Melbourne during 2015.

The council wants people to be involved in the meaningful and heartfelt project.

A Red Poppy Remembrance Wall will be created in the performance space foyer in the Bendigo Library throughout March and April and will be on display until Sunday 1 June 2014.

People have been invited to hand make one or more poppies for the wall.

They can be crocheted, knitted, felted or sewn from any materials.

There is no barrier to involvement and no limit to the amount of poppies a person may submit.

Patterns are available on the 5000 Poppies website

www.5000poppies.wordpress.com

Print outs of patterns are also available from the Information Desk at Bendigo Library.

Any shade of red can be used and poppies should be no more than 15 centimetres in diameter.

Patterns are meant as a guide only, so people are free to experiment, with different materials and embellishments to make poppies unique.

Small dedications can be placed on the back of poppies.

Poppies can be made at home or with groups.

Completed works can be left at the Bendigo Library throughout March and April where they will be placed on display.

People are welcome to join the community crafting table in the Red Well Café at the Bendigo Library each Friday morning throughout March and April.

Dollar coin to mark Centenary of Anzac

A commemorative 2014 \$1 coin features the official logo of the Anzac Centenary, including the image of an Australian soldier, head bowed and rifle reversed in solemn reflection and the words '100 Years of Anzac - The Spirit Lives' has been minted.

The coin is rimmed with a motif reflecting the sun's rays as captured on the Australian Army's Rising Sun badge.

Minister assisting the Prime Minister for the Centenary of ANZAC, Senator the Michael Ronaldson said the Anzac Centenary would be one of the most important commemorations in Australia's history and it was fitting for the Royal Australian Mint to create the coin.

"The Centenary of Anzac will be one of the most defining moments in our nations' story and the creation of a coin is a permanent way to reflect on and remember this commemorative period," Senator Ronaldson said.

The coin will soon be popping up in change.

Other coins will be minted as part of the Mint's collector program.

Do you know this World War II soldier?

'Mufti', the Victorian RSL magazine, December 2013, published the below photograph of this Second World War soldier in an effort to find his identity. Mufti said the photo was found inside an old frame with information that it was taken at Geelong and it is believed the soldier is from the central Victorian region. The soldier is believed to be from the 2nd



AIF. The colour patch might be an early 2/14 Btn pattern. Mufti asked that if anyone recognised the soldier to please contact John Lambert by email jlambert@bdc.nsw.edu.au Mufti said it would be wonderful if we could help return the photograph to the soldier or his surviving relatives.

Flanders Fields

*In Flanders fields the poppies blow
Between the crosses, row on row,
That mark our place; and in the sky
The larks, still bravely singing, fly
Scarce heard amid the guns below.*

*We are the Dead. Short days ago
We lived, felt dawn, saw sunset glow,
Loved and were loved, and now we
lie. In Flanders fields.*

*Take up our quarrel with the foe:
To you from failing hands we throw
The torch; be yours to hold it high.
If ye break faith with us who die
We shall not sleep, though poppies
grow. In Flanders fields.
Lieutenant Colonel John McCrae.*

Hospital patients encouraged to get off smokes in 'quit' support program

Seven Victorian hospitals will take part in a pilot program, led by Alfred Health, to increase support for every patient to quit smoking. Patients who smoke will be offered help to quit.

**Sutton Grange
Hall**
community activities

April.

Sunday 20.

10am. Easter egg hunt.

Friday 25.

11am. Anzac Day memorial service and morning tea.

May.

Saturday 31.

6pm. Trivia night.

July.

Saturday 26.

6pm. Carpet bowls and table tennis.

August.

Friday 29.

6pm. Church gakla night.

Saturday 30.

6pm. Movie night.

September.

Sunday 14.

Historical bus tour of region.

October.

Saturday 25.

6pm. Carpet bowls and table tennis.

December.

Sunday 7.

6pm. Christmas tea.

Details about BYO meals from Natalie 0419 799 987 or Jenny 0427 931 391.

Health Minister David Davis said the program aimed to identify the smoking status of every patient in the Victorian health system.

"The Government is committed to protecting the community from tobacco related harm.

"About 4000 lives are lost each year in Victoria as a result of smoking and it means \$2.4 billion in direct health costs and lost productivity every year.

"Hospitals and healthcare services have an important

Efforts to immunise all children

The Victorian Government has set a new target to have 95 per cent of children fully immunised before they start school.

Health Minister David Davis said more needed to be done to protect children from preventable diseases.

"We are striving to lift the immunisation coverage to 95 per cent in 2015.

"Starting school means children are in contact with a larger number of people, which can expose them to a range of potentially dangerous diseases, so ensuring they are fully immunised is the best protection we can give them."

Education Minister Martin Dixon said starting school was an ideal time for immunisation status to be checked and to deal with any that have been missed.

role to play in supporting tobacco control and reducing harm associated with smoking," he said.

More than 90 per cent of patients at Alfred Health already have their smoking identified, nicotine dependency assessed, and are offered support soon after admission.

Ballarat Health Services, Bendigo Health, Goulburn Valley Health, Northeast Health Wangaratta, Kyabram District Health Service, Southwest Healthcare and Western Health will pilot this program.

The pilot project is supported by Quit Victoria, the Australian Medical Assoc-

iation, the Royal Australian College of General Practitioners and the Victorian Network of Smoke free Healthcare Services.

Mr Davis said health professionals were well placed to make a significant difference in reducing tobacco use because they were seen as credible sources of health information.

He said there was evidence of only a few minutes advice from health professionals being highly effective in motivating people to quit smoking. He said the quit rate was improved further by the provision of cessation therapies.

Selling at farmers' markets

The Victorian Farmers' Markets Association will hold two workshops on Saturday 22 March, one at Melbourne and one at Bentleigh.

The sessions will provide information and pathways to getting started with a selling stall at a farmers' market.

'Selling at Farmers' Markets' is designed for new stallholders.

This workshop looks broadly at farmers' markets, providing knowledge of how to apply to markets and get involved in this productive industry.

Discover what permits are required and how to obtain them, as well as what's needed for a successful stall on market day. Learn selling techniques and hear tips on how to have an effective

market stall and start trading at farmers' markets.

Cost with lunch is \$50.

'Getting Started with VFMA Accreditation' is about the nuts and bolts of VFMA accreditation, including the process of applying and understanding how an application will be assessed.

Accreditation regulations are covered in detail in this workshop including the methods of assessment for Specialty Makers.

Participants will have the opportunity to complete their accreditation forms with VFMA staff on hand to help.

Cost is \$30.

Cost for taking both workshops is \$70.

Further information is available from Tristan on 9020 8035.

Help for women suffering domestic financial control

Uniting Church minister welcomed

The Women's Information and Referral Exchange (WIRE) will hold a Focus Group meeting from 10.30am on Wednesday 5 March at 18 Forest Street, Bendigo.

WIRE wants to hear from women about their experiences in family life with financial abuse through control of their finances by a spouse. Discussion will

lead to an assessment of what is needed in the way of information and support to help women make decisions when their relationships break down.

Participants, by sharing their stories, will help women facing challenges. They will meet other women who have had similar experiences, and also gain skills and information

from one another.

Light refreshments will be provided and participants will each receive a \$30 voucher.

Further information is available from Vashti on 1800 884 038

Or email Prue at researcher@wire.org.au

Visit: www.wire.org.au/shareyourstory.

The Uniting Church congregations of Barfold, Metcalfe, Mia Mia, and Sutton Grange, said it would like to welcome Temakisa Vaeluaga as its minister until the end of April.

"Temakisa comes to us with a great deal of experience in several areas.

"We look forward to your ministry and fellowship."

Business people we need your support

The Bridge Connection is a community owned local newspaper delivered to almost every home in the wider district

Now that we believe we have re-established the paper we need to gain advertising support to cover our printing costs

During the next few weeks our advertising committee members will call on businesses whom we believe can benefit from advertising in the Bridge Connection and who will in turn help to retain the publication.

Please make them welcome

Redesdale General Store



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