

# A Night at the Opera



"I didn't choose it, it just happened. I said, "I'd love to sing here,this would be a great place to sing under the stars, in the country, it's the perfect setting." And we've been coming back ever since. "

Michelle Buscemi and her husband Mattia Campetti returned to Mia Mia for the eighth year, bringing along with them their incredible talent and a wonderful night for all.

The Mia Mia Mechanics Institute came alive on the evening of the 17th of March, where the renowned opera singers returned to town. The two have become such a staple of Mia Mia's community that Michelle has earnt a spot on our magnificent quilt, which served as the backdrop for their performance.

Accompanying them onstage were pianist Stefano Teani and flautist Agnese Manfredini, whose orchestrations breathed extra life into the concert, as well as their solo performances, which were enthralling takes on classical music. Teani performed one of his original compositions, a thrilling and emotional piece, while Manfredini played a medley of classical flute music in such dizzying accuracy that just watching her made you feel short of breath.

Michelle and Mattia first came to Mia Mia eight years ago, where they sang at a friend's birthday party. From their, they began their first concert, making it an annual event for the small town.

"It's great, every one from the community gets involved, they make food for everyone, we can go back and talk to everyone, it's a community event."

What Michelle loves about performing in Mia Mia is bringing the artform to people who wouldn't have the opportunity to see an opera concert otherwise. She and Mattia performed to local primary schools, including Redesdale Mia Mia Primary School, a few years ago.

"Some people think that it's not for kids. It is for kids, they need to learn the art form and be exposed to it so they can decide whether they like it or not. But at least they're exposed to it, because I think we can get to a certain age where it's not very easy to come across."

Continued on page 4

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Below is Lilly 9 year old fox Terrier I cant wait till it's cold enough for my mummy to ligt the heater so I cau cuddle up in the warmth.



Mary Bennett Mia Mia

**Send US a picture** of your very special pet and a few words to describe him or her and why you love your pet so much. Send them to bridgeconnection.editor@gmail.com. There is a prize at te end of the year for the best entry.

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## BIRD QUIZ with NIGEL HARLAND



Last month's bird was the Brown Treecreeper. It can be found on edges of forested areas. It can often be seen on the trunks of trees foraging for food in the bark. It has a dark line through the eye and diagnostic streaking on the lower breast. It is quite a large bird. We also have a similar bird in our area, the White-breasted Treecreeper, which behaves in a very similar fashion.

Our bird for next month is much more common and should present no problems.

Nigel

# THE <mark>TAP</mark> PACK



Town: Bendigo, VIC Venue: The Capital, 50 View Street Bendigo Date/Time: Sunday April 15th - 6.00pm Ticket link

: http://www.thecapital.com.au/Whats\_On/TAP\_PACK

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## Editorial

Hello Evervbody!

#### Welcome to the April edition.

Please note that the Redesdale community meeting on 22 April has been cancelled and it will now take place on Sunday 27 May at 3 pm AT THE SCHOOL see page 9.

Look out for a survey ariving in you mail box or email for suggestions for the next community plan. The survey will probably be launched at the end of April.

Next Month will mark 30 years of the Redesdale Revellers see page 5 for Tickets.





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Amenities are available for catering, meetings, weddings and club or family celebrations. Please phone

Carolyn (03) 5425 3194 for more information. **Redesdale Hall Activities:** 

#### 1st Monday monthly, 4.15pm, Bridge Connection Committee meeting

- 2nd Tuesday monthly, 1pm Hall Comm. Meetings.
- 2nd Tuesday monthly, 7 pm Rec. Reserve Meetings.

### **Roaster for Hire**

What's on in Heathcote

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Commercial sized roaster available for hire from the Redesdale and District Association.



\$75 for members and \$100 for non-members. (Free hire to Hall, Rec. Reserve Committee, and CFA) Phone 0418 130 206.

## VISIT THE NEW REDESDALE WEBSITE

### www.redesdale.net

#### Continued from front page.

Michelle's love for opera stems from a passion for performing, which she has had since she was a child. It's clear how important it is to her that young kids get to experience this art form that would usually be unavailable to them.

"Opera can have a bad name, the word "opera" is daunting for most people, and it's not really what people expect. People tend to think that opera is just boring, or something they won't understand or enjoy, but the audience doesn't find that at all, it's quite enjoyable."

Everyone who attended this year's concert is sure to agree. Not only did they have the songs down to a precise art, the show was hilarious, emotional and dazzling all at once. The language barrier was not a problem, with Mattias humorously introducing each song, and the entire atmosphere of the Mechanics Institute was that of delight.

## Sutton Grange Hall Events

**Saturday 14 April** Bingo. 7 pm start. \$5 for a card. Supper provided to follow.

**Wednesday 25 April** Anzac Day Memorial Ceremony. 11 am startat Cenotaph followed by morning tea.

**Saturday 5 May** Movie Title TBA. 7 pm start. Bring your family

to share a film. Bring supper to share.

**Saturday 19 May** Redesdale Revellers 7 pm start. 3 course meal and thater review. To book, see below.\*

**Tuesday 19 June** Bingo and Pizza. Start 6 pm. \$10 per card includes pizza.

**Saturday 14 July** Mid-year Feast. 6 pm start. A catered dinner of 2 courses. Details TBA.

**Saturday 4 August** Trivia night. 7 pm start. \$5 per head for participants. Supper provided. Prize for winning table.

Monday 27 August AGM. 7.30 start. All welcome. Bring ideas for management and events.

Saturday 1 September Sports night. 7 pm start. Table tennis, carpet bowls etc. bring supper to share. Saturday 22 September Fun night 7 pm start. Games. bring a plate for supper.

Wednesday 21 October 21st Treasure hunt. 10 am start. \$2 per child, \$5 per family. Morning tea provided. Saturday 10 Nov 10th Bingo. 7 pm start. \$5 per card. Supper provided. Prizes for winners.

**Sunday 2 December 2nd** Christmas Tea. Satrt 6 pm. bring a main and desert to share. Santa visits at 8 pm.

\* Redesdale Revellers contacts: Mavis Collison 5474 8230, or Steve Barty 0417 524 713.



Sutton Grange Anzac Day Memorial Ceremony.

## Wednesday 25 April

11 am start at Cenotaph followed by morning tea @ Sutton Grange Hall921 Sutton Grange-Faraday Rd (Crn Sutton Grange-Bendigo Rd) Sutton





It's that time of year again when everyone is wondering when they will be allowed to burn off. It is a very commonly asked question. We are still in the fire danger period and still will be until it is deemed safe to end the restrictions. A heavy downpour would change the situation quickly and put an end to what has been a long fire season.

When restrictions are lifted there are a few local government rules that need to be followed. The following apply to the City Of Greater Bendigo guidelines for open air burning.

Fires may be lit for:

-Cooking and warmth

In a properly constructed fire place not closer than 5 metres from any building or fence.

-To reduce fuel on your property

Burn only dry timber, sticks and twigs on a day of winds less than 15 kph. No permit is required on properties larger than 1 hectare. Burn off must be registered with CFA Vicfire on 1800 668 511 and neighbours need to be informed.

- Stubble burning

Farmers may apply to COGB or CFA district 2 for permit.

-Incinerators cannot be used at any time.

"Offensive materials" cannot be burnt. These include chemicals, tyres, plastics and green garden waste.

Any fire must be supervised by an adult and an appropriate water supply such as a hose must be available.

For more information on what you can and can't do, you can contact your local council office or ring me Andrew Campbell on 0428253104.

## Redesdale Revellers 30 Years

#### Dates

- Saturday 5 May
- Saturday 12 May
- Saturday 19 May Sutton Grange
- Saturday 26 May
- Saturday 2 June

The evening consists of a three course dinner and a great show.

Happy, happy time to be had! Come one, come all! Tickets cost \$42.50 single, \$85.00 double.

7pm for 7.30 pm start.

■ **Redesdale Tickets** Dorithea Kriewaldt 5425 3118 or Val Ford 04278 48700.

■ Sutton Grange Tickets Mavis Collison 5474 8230, or Steve Barty 0417 524 713.

REDESDALE

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#### Episode 12 We continue the 1842 letter from David Munro to brother Alex in Scotland

I allude to those hot and excessively dry winds which in the southeast corner of Australia blow from the northwest or in other words from the interior of the country. These hot winds have in all respects the character of winds which proceed from a dry sandy desert country, such as the Sirocco, which blows from the great Sahara, and the winds of the Arabian deserts.

It might with confidence be pronounced that a wind blowing from a large expanse of water could not have either the heat or dryness of those winds which devastate Australia, and it is, therefore, surprising

that such a theory could ever have gained credit. There are other circumstances connected with these hot winds which I have not dwelt upon for this reason -that when the theory was current these facts had not been ascertained; for instance, in South Australia, the hot wind does not blow so much from the northwest as from the north and in south western parts of Australia, the hot wind blows from the northeast. This fact, at least as connected with the dryness of the wind, you will find mentioned in Peron's Voyage over Terra Australis. Image taken from the book: Terre Before they sighted the shore, Napoleón; a history of French the wind, however, blowing explorations and projects in Australia. from it, he perceived that 2nd Edition. Scott. 1911. the hygrometer indicated an

extraordinary degree of dryness, and with that talent and faculty of observation and inference which he so eminently possessed, he drew these conclusions with regard to the nature of the country he was about to explore, of which subsequent observations have proved the sagacity. I have seen attempts made to assign different origin to the hot winds, but they always appeared to me far-fetched and inconsistent with the facts, whereas on the hypothesis of an arid sandy interior, all of the observed facts are explained and range themselves in order.

In confirmation of this hypothesis, it is also to be observed that it supported by actual observation as far as that has gone. Those who have penetrated the furthest into the interior, Mr Eyre for example, have met with a country of this description and have been repelled in their first attempts to traverse it by its utter worthlessness

and sterility, finding upon its surface neither water nor food for man or beast. By this time too the coasts have been tolerably well explored and the chance of discovering the mouth of a large river is reduced to something very small. While Dampier's archipelago and the northwest of the coast of the country remained unexplored I had great hope that the mouth of the river might be found. You will remember that Dampier, who was as acute an observer as ever sailed, conjectured from the muddiness and shoalness of the water and from the great rise and fall of the tide, that there might be a freshwater estuary in the

direction. But the late expedition of Captain Grey has been a complete damper to my hope in that direction. It is however, still quite possible that a river equal to the Murray may be found. Flinders, so celebrated

for accuracy, surveyed this part of the coast and yet saw nothing of the Murray, but it is hardly possible to imagine that any river with a mouth capable of admitting vessels of any size and opening up means of inland communication remains to be discovered.

The most extravagant opinions were entertained some years ago of the resources of Australia. I remember reading a pamphlet published by a gentleman whose name is well known in England, that it would become a country to Edward John Eyre by Henry Hering, which in point of value India would E. an Photo Archive [1] [2], be insignificant; other opinions not Public Domain, less extravagant were uttered and believed





https://commons.wikimedia.org/w/ index.php?curid=60769350

subsists between the physical geography of this country, in other words the extent of available country, and the profits of sheep farming. This appears to me a remarkably simple question and one which, if well understood, gives at once the key to the question of the profits of sheep farming.

Before I left home, I was aware of the fact that the proceeds of the sale of wool did not more than recompense the flock master for the expenses of his establishment; it is only in exceedingly well-managed establishments that even this is accomplished, and I believe it to be the ordinary calculation in this colony, that it takes the wool and the wethers of the flock to pay the current expenses. To what then does the proprietor of sheep look for his profit? He looks to the increase in his flock, of which you have seen grand tabular statements in all



Nicholas Chavalier, Return of Burke and Wills to Coopers Creek. Courtesy of the National Library of Australia Picture Collections.

the hand-books, guides etc. which are in current circulation, which will undoubtedly, if the price of the sheep were permanent that is to say, if he bought at a certain price and could sell the increase at the same price, would be a certain and splendid profit. The whole guestion then hinges upon the point of the market for the increase and this again depends upon the amount of available country. This, you will very easily understand, works as long as the country is extending. Then it is a profitable thing to have sheep or cattle. In the former case you produce an export without any outlay, without

any struggle with nature; this pays your expenses. In the meantime your flocks have increased in a rapidly multiplying ratio and when you have what you consider a sufficient number you dispose of them to persons who

emigrate with capital in the hopes of doing what you have done, and who drive the increase which you have sold them on to fresh pastures and are succeeded by others, who will go still further and so on and so on.

#### Next month... "If the whole of Australia were, say, like the pastures about Port Phillip...

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## Harry's Epic Journey 2018

On March 14th, students of the Redesdale Mia Mia Primary School had the chance to meet Harry and his two Draft Horses, George and Henry and his faithful dog Reescha and to donate to his cause. Harry was parked up at the Redesdale Reserve for the night and is travelling on an epic 9 month journey following the Burke and Wills trail to the Gulf of Carpentaria raising funds for the Beyond Blue foundation.

If you come across Harry and his companions please feel free to stop and donate to this good cause or you can follow Harry on face book and donate online.

"Harry's Epic Journey 2018"

#### Gary Prendergast



#### BEYONDBLUE

8

Many of us have been affected by anxiety and depression, either personally or through family, friends or colleagues. Right now, over 1 million people in Australia experience depression and 2 million are experiencing anxiety. On average, 8 people take their lives every day in Australia.

beyondblue's vision is for all people in Australia to achieve their best possible mental health.

The funds and awareness you raise will help us enormously as we work to support people to protect their mental health and to recover when they are unwell, reduce people's experiences of stigma and discrimination, and improve people's opportunities to get effective support and services at the right time.

With your support, we will continue to innovate and deliver new services and programs, distribute free information resources and share powerful stories of hope and recovery across Australia, fund world-leading research, roll out evidence-based campaigns and advocate for all people in Australia affected by anxiety, cdepression and suicide.

Your support will also help us keep up with demand for our 24/7 phone and online Support Service – which is staffed by mental health professionals and provides life-saving support to hundreds of people every day.

For information about anxiety, depression and suicide prevention please visit www.beyondblue.org.au For advice and support,

contact the beyondblue Support Service on **1300 22 4636** or online at **www.beyondblue.org.au/getsupport** 



If you would like to support Harry's Epic Journey and help him raise money for Beyond Blue, you can follow this link... https://individual-fundraiser-ongoing.

#### Harry with Redesdale Mia Mia Primary School Students.







Harry with his home made carriage

### Heathcote and District Farmer's Lunch

#### By Tahlia Campbell

One of the Bridge Connection's long-time supporters, the Heathcote and District Community Bank, gathered farmers and locals alike for their Farmer's Lunch on the 9th of March. Guest were treated to a free barbecue lunch, courtesy of the Lion's Club, along with informative guest speeches on farming.

The weather that day was sunny with a chance of Jane, thanks to a special guest speaker. Jane Bunn is well known for her job as weather presenter for WIN News, and with a degree in meteorology she was the perfect person to give a presentation on rainfall patterns. Her enthusiasm for the topic made it a great talk that explained our recent dry spells and the science behind weather forecasting.

Keeping everything running smoothly was Michael Prowse, manager of the Heathcote branch of Bendigo Bank, Sherrie Coote from the Heathcote Film Festival and Grant Thomas from Rural Bank.



Jane Bunn with Heathcote Lion's Club @ The Heathcote and District Community Bank Farmer's Lunch.

## Redesdale Community Plan Have your say!

### Change Of Date

It's that time again! It's been 5 years since the last community plan was written and it is time to come up with new ideas for our community. A date has been set for

> Sunday 27 May at 3 pm. @ Redesdale /Mia Mia School Previously advertised for 22 April

Please come. Afternoon tea will be provided. Below is the theme that underlies the 2013 community plan.

"Redesdale residents aim to achieve a town which is safe, invitingly landscaped, welcoming to tourists, clean and tidy, and where people of all ages work and socialise well together. They require good, functional facilities for activities and meetings and easy access to necessary services." (Community Plan Review 2013) Leading a talk on an innovative new style of feeders for sheep and cattle was Gerard Roney from Advantage Feeders, followed by a talk from Jonathan Nield, who spoke about Coprice feed.

Following a short break from the speeches were two short films from the 2017 Heathcote Film Festival, providing some light entertainment to round out the day. Available along with the delicious barbecue lunch was beer from Bendigo Blues and Roots, and red wine from local wineries. It was a hot day, but everyone managed to keep their cool by checking out the farming equipment from Landmark, KV Equipment and Advantage Feeders on display in the carpark.



Tahlia and Lisa Campbell @ The Heathcote and District Community Bank Farmer's Lunch.

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## **Options for former Kyneton Primary School site unveiled**

The community is being asked to have its say on three options for the redevelopment of the former Kyneton Primary School site in Baynton Street.

The options for the future use of the site are detailed in a new draft master plan which are based on feedback gathered in the first round of community consultation last year.

The final master plan, funded by \$65,000 from the Victorian Government through Regional Development Victoria, will guide Council and State Government decisions related to the future use of the site.

Mayor, Cr Jennifer Anderson encouraged residents to give their feedback on the options and indicate their preferred future use of the site.

"There is an economic analysis in the draft master plan of each option which provides further detail around the possible options to guide future decision making, and importantly the options are aimed to reflect the information received in the first round of community consultation," Cr Anderson said.

Community consultation on the draft master plan and options will kick off with a drop-in session at Kyneton Mechanics Institute on Tuesday March 27 from 3pm to 7pm.

This second stage of consultation will help inform the final master plan which will be presented to Council later this year.

You can read the draft master plan and economic analysis of the options and have your say on Council's website at mrsc.vic.gov.au/ yoursay You can share your thoughts by participating in our online discussion forum, filling in our online feedback form or sending in a written submission.

You may also sign up for email updates on the project at mrsc.vic.gov. au/KPS-updates

For more information, contact Jodie Turner on 5422 0333 or email jturner@mrsc.vic.gov.au



## Nationals to support local farmers' markets

Euroa's farmers' markets are in line for a valuable boost, with The Nationals' pledging to bring back the popular Farmers' Market Support Program if elected to government in November.

Deputy Leader of The Nationals and Member for Euroa Steph Ryan said the \$2 million program helped support existing farmers' markets and establish new ones, giving small producers more opportunities to sell directly to the community.

"We are very lucky in our region to be the home of some fantastic producers and farmers' markets which give the community an opportunity to buy fresh, locally grown and produced food directly from the producers themselves.

"For many people, the monthly farmers' market is a date not to be missed – whether it's Lancefield, Tallarook, Nagambie, Euroa or Avenel. These markets promote locally sourced and grown produce and they help generate jobs and investment in small food producers and the community through increased tourism.

"Markets like that at Violet Town have contributed enormously back to the community by bringing in an outside source of revenue that supports the town's many community groups."

Ms Ryan said while farmers' markets gave people with an interest in the provenance of food an opportunity to meet those who raised, produced or harvested their food, the Andrews Government was putting the squeeze on local small producers with miles of red tape.

"When I visit the markets in our region and speak to stallholders, they often tell me that they are being strangled by government red tape," Ms Ryan said.

"Most recently Labor has announced they intend to subject small pig and poultry producers to planning changes which some say will drive them out of business.

"This will make life even more difficult for our local producers who say they are already at a competitive disadvantage with NSW producers who do not face the same level of regulation but who can sell their products into Victoria.

"In addition to bringing back the grants program for farmers' markets, we will take a common sense approach. We will work with small producers to ensure regulation is sensible so they can get on with what they do best – producing delicious, locally made goods," Ms Ryan said.



WWWstephryan.com.au

## Soils for the Future

Soil is a lot more than just the material that holds up our plants, trees and crops. It is a living organism and is linked directly to our success and our survival. Improving our soil health leads to increased productivity, vegetation and biodiversity on farm.

That's why the North Central Catchment Management Authority (CMA) is working together with Agrictulture Victoria to put together the North Central Victoria Regional Soil Action Plan, and they want your input.

"A lot of our region struggles under declining soil health, whether as a result of the natural geomorphology or past farming practices," North Central CMA Sustainable Agriculture team member Suzanne Johnstone said.

"Our team is working on finding ways to improve soils across the region, and we want to hear from the community about what their soil priorities are.

"This plan will identify priority areas and develop a long-term plan to improve soil health.

"We want the community to tell us about their soil priorities, whether on private or public land, so we can work together to find solutions and improve the region's soil health."

Ms Johnstone said the first step was to conduct a technical review of the soils in the region, which was done in conjuction with Agriculture Victoria.

"We are now rolling out the community consultation, through an online survey and community workshops in April," she said.

"We want to look at ways to minimise soil loss, reduce salinity and acidification, improve soil properties and work out better ways to manage wet soils.

"We also want to identify how to prevent contamination, enhance the biota of soil, maintain fertility and improve groundcover and organic carbon levels, but we can't do that without the community's help."

Ms Johnstone said it is important for people to understand that soil is a living thing.

"Healthy soil supplies nutrients, water and oxygen to plants, and it also retains and cycles nutrients," she said.

"It can help supress pests, diseases and weeds and can sometimes even be resilient to the impact of environmental stresses.

"Soil is a vital living ecosystem that sustains more than just plants. It sustains animals and humans as well."

## Chesters releases damning NBN report

Lisa Chesters MP has today released a damning report on the NBN rollout across the Bendigo electorate according to data and feedback gathered from the postal survey.

This survey of over 3000 Central Victorians uncovered a wide range of complaints and frustrations.

The findings throughout the report reveal the overwhelming dissatisfaction and frustration Central Victorians have faced since the election of the Liberal Government.

The findings paint a terrible picture of Malcolm Turnbull's second rate NBN and its rollout across the entire Bendigo electorate.

"Local residents and businesses are having problems connecting to the NBN, there are problems with drop outs, there are problems with speeds and there are complaints about paying for a service they are not receiving.

"Three out of four people who responded to the survey said that they had experienced inferior internet connectivity, speed or reliability issues.

"Malcolm Turnbull's NBN is a failure."

The report also reveals that local businesses are prolonging their connection to the NBN for as long as possible to avoid disruption to phone lines and customers.

"They told us that they simply cannot afford to take part in this failed rollout until the initial problems have been resolved.

Other key findings include:

- 3 out of 4 people had complaints about their internet connection.

- 73% of those already connected to the NBN network have experienced unreliable service, slow or unusable speeds and constant drop outs.

- 27% of the electorate are still connected to ADSL
- 80% of Sky Muster customers have experienced slow or unusable speeds
- 25% have experienced increases to their bills

- Only 5% of the Bendigo electorate has been connected to Fibre to the Premises

"This report outlines how Malcolm Turnbull's second rate NBN is not delivering the speeds or reliability Central Victorians want and need.

"That's why I have organised an NBN Crisis Meeting with Labor's Shadow Ministers for Communicatons, Michelle Rowland MP for next Tuesday 20th March from 6pm at the Bendigo Trades Hall (34 View St Bendigo).

"Labor and I are ready to listen and work with Central Victorians households, businesses and industry to help end the region's NBN and telecommunications crisis."



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stoneaxe.com.au



## Men's Shed funding available

Member for Euroa and Deputy Leader of The Nationals Steph Ryan is encouraging incorporated not-for-profit groups in the Euroa electorate to apply for the latest round of grants from this year's Men's Shed Funding Program.

Grants of up to \$60,000 are now available to build new Men's Sheds and \$30,000 to redevelop and modify existing men's sheds.

"Men's sheds play a very important role in communities across the Euroa electorate," Ms Ryan said.

"Men's sheds provide a space for men to make a maintain friendships while doing something constructive and providing a means of giving back to the wider community.

"We have a culture that doesn't always encourage men to talk about their feelings or emotions. It's probably largely because of this that many men are prone to suffer more from isolation, loneliness and depression.

"Becoming a member of a men's shed gives men with a safe and busy environment where they can make friends and maintain an active mind and body in an atmosphere of old-fashioned mateship."

Projects for funding may include:

- Construction of a new men's shed;
- Conversion of an existing facility into a men's shed;
- Construction of an addition to an existing men's shed;

• Modifications or upgrades to an existing men's shed to address accessibility or occupational health and safety requirements;

• Minor projects to provide solar panels, power upgrades or air conditioning/heating systems;

· Other capital improvements to men's shed facilities.

Priority will be given to projects that:

• Involve active management and participation by members of Aboriginal communities;





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 $\cdot$   $\,$  Demonstrate a high level of need for the project in the community;

 $\cdot$   $\,$  Demonstrate capacity to enhance the health and wellbeing of members;

- Represent considerable value for government investment;
- Will address significant disadvantage in the local community;

• Support the inclusion of newly arrived migrant and refugee communities.

Applications for grants close on 8 June, 2018. For more information, call Steph Ryan's office on 03 5762 1600.

#### Kyneton Men's shed

located at 8 Mollison Place in Kyneton .

We have woodworking equipment and machinery. The Men's Shed is open to men of all ages and there is a membership fee of \$50 per annum (\$25 for insurance \$25 administration). (You can visit us to see if you would like to join 3x) The Men's Shed provides a friendly community environment for men to socialize and to work on projects.

The Shed's hours of operation

The Kyneton Men's Shed is currently open 9 am – 3 pm from Wednesday to Friday.

The Shed also has a small library, computer with internet connection, and basic cooking equipment.

Lunchtime starts around noon and during this 45-minute period no machinery can be used. A modest fee is charged for lunch.

We are members of: Victorian Mens Shed Association



#### **Woodend Community Farmers' Market**

Sat 7 April Cnr High & Forest Streets, Woodend 0487 444 090 Sharon Kittson

#### **Daylesford Farmer's Market**

Sat 7 April Daylesford Primary School 03 5664 0096 Peter Arnold

#### **Kyneton Farmers' Market**

Sat 14 April St Pauls Park, Piper Street, Kyneton 54 221 025 Veronica Manifold

#### **Riddells Creek Farmers' Market**

Sat 21 April Riddells Creek Primary School, Riddells Creek 0408 254 626 Ali Bant

#### Lancefield & District Farmers' Market

Sat 28 April Centre Plantation, High Street, Lancefield 0407 860 320 Meggs Hannes

#### **Maldon Market**

Sunday 8 April

Authentic, community based farmers' markets. BYO bags, baskets & trolleys. Friendly dogs welcome on a leash. Proudly accredited with the Victorian Farmers' Markets

Community Newspaper for the Redesdale and Mia Mia Region



I want to congratulate the Redesdale Hall and the Redesdale Recreational Reserve Committees on the Redesdale Bush Market held on the 11 March.

There was a large number of stalls and they were set out well and easy to navigate around to see them all.

There was a large croud which was coming and going all the time and considering there was so many other events on that weekend in Bendigo, Harcourt and Kyneton.

What a fantastic beautiful day.

Mary Bennett

Mia Mia



## Uhat's on'

Every Wednesday until advised – Heathcote Historical Lock-Up and Police Residence Museum - The Museum is now open to the public every Wednesday from 10am-1pm. Join a guided tour with a gold coin donation to the Heathcote Historical Society and learn more about the history of Heathcote. Located in the Camp Hill Historic Precinct at 19 Herriot St, Heathcote.

Wednesday 4 April - Angel Flight-Lions Club of Heathcote is pleased to present a Pilot from Angel Flight, who will give a presentation on how this service operates. Time 8pm at Guide Hall High St Heathcote. Gold coin donation. Tea/Coffee available afterwards. RSVP essential by 31st March'18.

Phone 5433 2558 or email- jackson37@vic.chariot.net.au Saturday 7th April 2018- Heathcote Bush Market Time: 8am-1pm. Barrack Reserve, High St, Heathcote. Phone: 0400 675 995 for enquiries or to register a stall.

**Friday 20 – 22 April** - Bendigo – Sanguine Estate Music Festival-Summary Program as follows:

Friday 20, 7.30pm – Welcome Concert at the Bendigo Art Gallery

Saturday 21, 11am – Coffee Concert at the Capital Theatre

Saturday 21 2pm – Recital at the Capital Theatre

**Saturday 21,** 7.30pm – Gala Concert at Ulumbarra Theatre, a glass of wine from 6.45pm

**Sunday 22** 11am - Violin Recital at the Capital Theatre Information, individual tickets or weekend passes are available and can be purchased on line at www.thecapital.com.au. Alternatively, general enquiries can be emailed to info@chrishowlett.net.au or via telephone on 0408339145.

**Friday 20 – 22 April** – The O'Keefe Challenge - Walk- Run - Ride during the O'Keefe Challenge. A variety of activities and events will take place over this weekend. There will be running, walking and cycling events and activities for the family and other spectators nearer to the finish line in Barrack Reserve. For more information and to register for an event please see the website: www.theokeefe.com.au.

**Saturday 21 April** - Heathcote Golf Club- Calling all Members and Partners - Heathcote Golf Club 90th Anniversary Celebration, with

## Calling all intrepid women of the Macedon Ranges!

Council is hosting a unique evening of story, song and scrumptious food at Kyneton Town Hall that celebrates courageous and adventurous women.

The free Intrepid Women's event will be held on Thursday 26 April and will feature acclaimed author Robyn Davidson, who is well-known for her book – and now film – Tracks, which chronicles her epic 2,835 km camel trek across the Australian desert in the 1970s.

The event will also feature a performance from singersongwriter and ARIA award-winner Kavisha Mazzella and a community group's expo highlighting leadership opportunities for women in the Macedon Ranges.

Free child minding is available and car-pooling is available through the six neighbourhood houses across the shire. Community buses from a number of locations may also be available.

To book tickets or for more information, visit mrsc.vic.gov.au/ intrepid or call 5422 0333.

## in the Heathcote Region

District Mixed Championship from 12 noon then a Dinner /Dance from 7pm. For further information contact Bryan Wearne at Heathcote Golf Club.

**Sunday 22nd April 2018** - Mimosa Glen presents: Women in Balance- Look forward to a blissful day of Yoga, for all levels of experience. From 9am – 1.30pm experience 2 Yoga sessions, 2 meditation sessions and a delicious, healthy lunch. Participants will need to bring their own water bottle, yoga mat, pillow and soft blanket. All inclusive Cost is \$97. Onsite accommodation is also available by prior arrangement. Bookings close two weeks prior to the event and must be pre-paid. For all enquiries, please call Sue on 0438568570 or see the website at www.mimosaglen.com.au. Additional dates are indicated below and all sessions will take place at Mimosa Glen, 2415 Lancefield-Tooborac Rd, Tooborac.

**Thursday 26 – 29 April** - Heathcote – Sanguine Estate Music Festival - Sold Out. For more information about joining the Heathcote event waiting list for 2019, please contact Sanguine Estate via email: Jodi@sanguinewines.com.au or on mobile: 0488008339. If looking to attend an event this year, please see information regarding the 2018 Bendigo event above.

Saturday 28th – Sunday 29th April 2018 – EC Griffith Cup – Hosted by the Victoria Speed Boat Club, the EC Griffith Cup will be held at Lake Eppalock and features the Trojan Super Series Round 1. Entry at the Speed Boat Racing Club, Speed Boat Road, Durringle. More information to come as available

**Saturday 5th May 2018**- Groovin the Moo Bendigo-Time: 10:30am -10:30pm. Venue: Bendigo Showground's Cnr. Holmes Rd and Havilah Rd, Bendigo. Once again Groovin the Moo is coming to Bendigo in 2018 and is set to be bigger and better than ever. PLEASE NOTE: Accommodation in Bendigo will be extremely limited so it's advised to book early at www.bendigotourism.com or phone 1800 813513.There is accommodation on the Heathcote website www. heathcote.org.au and a bus service will operate from Heathcote to Bendigo for \$25 return. Go to: www.bendigotourism.com/eventbookings/groovin-in-the-moo-heathcote-bus-service .



## Redesdale Ramblings:

#### **Clematis for Central Victoria**

When we see clematis in British magazines they appear lush, exuberant and covered in hand-sized blooms which almost hide the foliage. There are "hill station" gardens where they can appear like this but they don't look quite the same in our conditions! Clematis is a wide ranging genus found in many parts of the world, including Australia and New Zealand, though ours are small-flowered and mostly white. Not all are climbers, some are herbaceous (dying down to the ground in winter) and many have bell-shaped rather than the typical flat-opening flowers.

We have tried various types in our Redesdale garden with varying degrees of success. One thing they all seem to require is cool conditions at the root but allowing the top-growth to come up into the light. This is easiest done with the climbers by providing shade at the base with structures (walls, fences or buildings) or other plants over which they can clamber. A very traditional way is to plant one at the base of a deciduous tree and allow it to twine its way through the branches. They also tend to want a reasonable amount of water during the summer but some varieties can reward you with a second flush of flowers in the autumn. The colourful cultivars are hybrids raised over generations in shades of pink to purple, carmine and blue and pure white. Most are single but some double forms are also seen.

When planting climbing clematis you are advised to break one of the fundamental rules of gardening and to plant them deeper than they are growing in the pot. The reason for this is that most are grown from cuttings which only have growth buds above the ground. If anything damages these buds there are no buds underground to send up new shoots. Planting your new clematis at least one growth-bud deeper gives you a reserve to call on if anything happens to the top-growth. The vine will then produce roots from further up the now buried stem. This is also a clue to how to propagate them by "layering". To do this you bring part of the vine to the ground and bury a section which includes a "node" – the point at which the leaves attach to the stem (which is where the future shoots will originate) – so that roots will develop along the buried stem.

There are a few climbing types that have done well here including 'Gipsy Queen' (dark purple), 'Hagley Hybrid' (soft pink), 'Polish Spirit' (purple), 'Golden Tiara' (small, bright yellow) and the species Clematis campaniflora. The last one does set viable seed which can germinate easily in a shady, well-watered bed, so you may want to cut off the flower stems before the seeds develop. The pale mauve, bell-like flowers are quite attractive hanging overhead on our trellis growing through a 'Lorraine Lee' rose. 'Golden Tiara' took a few years to settle in but now produces its thick textured blooms in late spring and sporadically into the autumn.

One of the herbaceous types Clematis recta "Purpurea" produces burgundy foliage as it emerges in spring fading to green as the small white flowers open at the top of the knee-high stems. Clematis integrifolia has downward facing purply-blue flowers and ours probably needs to be moved to a shadier spot as it doesn't seem to enjoy the raised bed where it was originally placed. We recently got a hybrid of this called 'Roguchii' which grows to 2m and is covered in brilliant violet-blue bells. Martin Knight at Collectafora Nursery in Woodend had a magnificent specimen in full flower in early March – he said that he cut it down to half its height when it finished blooming in early summer and because it flowers on the new growth he got the second flowering in autumn. We were so impressed we got a small plant to try here.

cheers Fermi de Sousa The Redesdale Rock Gardener



Below Clematis 'Golden Tiara'





Community Newspaper for the Redesdale and Mia Mia Region





Hello Dear Readers, Lady Bombay here with the latest tit bits of trivia one's lives so consume.

One hopes that by the time you read this, the heavens shall have opened precipitously to our delights and of course to the dams and the water tanks one relies upon.

The routine at Mia Mia Manor presently is for Thorn, the gardener, to clean out the filters on all the sprinkler systems twice daily in order to remove the grit and grime festooning the outlets in

order to restore much uplifting pressure. Oh the medicinal effects of the garden!

It is also the start of the pruning season here, where one decides what stays and what goes. Lord B stays at a distance in case he is next. There are numerous hedges that have had their day, namely the Weigela hedges. After a fortuitous twenty two years of profusive growth and delight one must face that harsh decision to remove and replace with Westringia longifloria or "Australian Beauty". To my astonishment, Lord B chose them as he said it was named after me. Men do rather take liberties, don't they? The Westringia should grow to a reasonable height and with much less water. Here's hoping!

I went to the Redesdale Bush Market recently which seems to evolve with great leaps and bounds every year. I had Thorn, the gardener, polish up the Bentley and I wore my 'market outing' outfit of green tweed skirt, cream camisole top, Liberty scarf, socks and brogues and a large straw hat with ostrich feathers so as not to be recognised. I could have passed for a guest at Balmoral. One

## **Bombay and a Bex**

Send in your questions for Lady Bombay Saphire to bridgeconnection.editor@gmail.com

#### Dear Lady B,

My parents have just moved into a retirement home and I am clearing out the house. The only problem is all the pot plants they have. Many are in large urns, terracotta pots and half wine barrels. I already have enough at home and do not want to throw them on the skip as they are all healthy. Any suggestions? Greta Greeny

#### Dear GG

#### By he way, do you have a horse?

What a dilemma. Plants are living beings and deserve the best in life. Perhaps finding them new homes could be the go. Call all your parents friends that aren't in retirement homes and tell them that your parents insisted that they have some as a memory of them and their home. If that fails, put them on the nature strip with a big sign saying FREE! One of these should do the trick. Always here to help,

Lady B

#### Garden Lore

"To forget how to dig the earth and tend the soil is to forget ourselves"

Mahatma Gandhi



never knows when I will be asked to cut the ribbon. Meanwhile my request to Thorn, the gardener, was to drive me there with him in suitable attire which I keep under lock and key for these special occasions. Black suit pants, crisp white starched shirt, patent leather black shoes and of course black socks, which he begrudgingly wears. We arrived early to avoid the heat and the crowds and to such delight I found a flurry of homemade preserves, plants and bric a brac. I soon filled up the trunk of the Bentley or should I say Thorn, the gardener did, with a mild brow of sweat. He did mutter something about being thirsty at one stage. The boy has no stamina! I must admit I bought more plants than anything else as they were reasonably priced, locally grown and perfect for those gaps in the garden where predecessors had gone to god.

As I was ready to leave the market, and the Bentley was locked, Thorn, the gardener, had disappeared. I didn't take Einstein to figure out his movements. Straight to the wine tastings and sure enough he was replete.

After I found Thorn and guided him to the Bentley, a throng of local people were pointing and yelling in my direction. Couldn't hear what they were saying as the music was rather loud. I thought how nice it was to be appreciated for all my charity work in the area and they were thanking me for it. It turned out as arrived at the Bentley, that I had one of the preserves tents tablecloths attached to the back of me with a trail of jams and chutneys and cakes. The horror of it all. One must always remain calm in these situations and drive off with aptitude and delusion.

As I was driving home from the market with Thorn, the gardener, asleep on the back seat holding a tray of tube stock plants, I made a rather detailed mental note of all the chores that were to follow the next day. But alas, time for mother's ruin rather earlier today as one tries to regain one's composure. Good staff are so hard to find.

Lady B



Photo by Meg Cumming





## Redesdale Mia Mia Primary School











## Lots of hands on learning ...

We have been learning computer programming this term. We have had to solve problems using our sphero ball. All students have enjoyed learning to use scratch programming to control the sphero. We have designed our own board games in maths and writing some very creative narrative creative writing pieces.

We have installed our new Video Conferencing unit. We will be joining other smalls schools around the state in maths and science challenges as well as learning all about Opera next term.

Christine, Bernadette, Joe, Carly and Alyssa.

Enrolments always welcome.

Phone - 5425 3155; **Principal - Joe Sebire** Email - redesdale.mia.mia.ps@edumail.vic.gov.au

## Redesdale Recreational Reserve Committee Inc. Chairman's Monthly Report April 2018

#### Hi Redesdalians,

Having just had the solar power installed it made me reflect on the achievements of the committee over the past two years of its tenure. In doing so I was amazed at what has been achieved.

- 4 Park benches installed. 1 outstanding
- 12 eucalypts planted & growing well
- 5000 gal Poly tank installed for potable water
- Fence on Kyneton Rd replaced, with two entrances
- Garden bed at Lyall Rd & Kyneton Rd corner entrance
- Rock walls at Kyneton Rd entrance opposite hotel
- Pavilion slab on uncompleted section poured
- Storeroom with roller door completed and usable
- Storm water drain behind pavilion installed
- Uncompleted section of pavilion partly clad [incomplete
- Deck in front of store completed making one floor level
- Redesdale saleyards with artist's painted sheep & sign installed
- Fence and Sunshine/McKay gates installed to end of septic distribution area
- Fence with two entrances to oval installed and complete
- Various small maintenance and cleanup's of the reserve
- Solar power installed and operating

Looking at this list it just goes to show what a dedicated and committed committee this group is, with twelve months of their tenure still to go.

The next projects are; next 2 stages of the pavilion, rock walls at the Reserve Rd entrance, and road works behind the pavilion. It will have been a remarkable effort.

Keep smiling until next time.

Les Pocock

Redesdale Recreational Reserve Committee Inc.

### Make a Change Australia

Make a Change Australia has two great training days designed to support people who are doing great things to make a change. Addressing common challenges such as: getting clear on your vision; creating a solid plan of actions; communicating your message; including more people; working with limited resources; collaborating with others

If you are interested in a particular issue and want to do something more about it, this training is for you!

If you are involved in an initiative that benefits your community, and want to expand its impact, this training is for you!

From sports clubs to social enterprises, local residents, young people, artists, visionary businesses, health and well being specialists, environmentalist, school leaders, committee members of university clubs, not-for-profits, everyone!

Sunday 18 March: Expand Your Impact La Trobe University, Bendigo

Wednesday 6 June: Let's Nut it Out La Trobe University, Bendigo

Check out early bird offers online, closing soon https:// expandyourimpactbendigo.eventbrite.com.au

Thanks to generous community donations, ticket subsidies are available: please phone us for more information 0419 006 243

## **Backing Our Next Generation Of**

## **Agriculture Leaders**

Victoria's next generation of food and fibre leaders will have the opportunity to grow, with applications now open for round four of the Upskill and Invest Young Farmers Scholarship Program.

Since the launch of the program in 2015, Young Farmers Scholarships have helped a diverse range of young farmers grow their careers by upskilling, implementing new on-farm initiatives and boosting their professional networks.

Over the course of the program, 38 young farmers working across the agriculture supply chain have received scholarships, funding study in areas such as primary production, business management, research and technology.

The program recognises that in the future, young farmers will need a broad range of skills so they can embrace new technologies, respond to a range of challenges and capitalise on emerging opportunities.

It's part of the Victorian Government's investment in attracting and retaining the next generation of farmers, and ensuring the future prosperity of Victoria's \$13.1 billion agriculture sector.

Minister for Agriculture Jaala Pulford said the scholarships are helping equip the next generation of agricultural leaders with the connections and the business skills they need to survive and thrive in a competitive global market.

"Every young person should have the opportunity and support they need to reach their full potential – that's why we're backing our dedicated young farmers through the Young Farmers Scholarship Program."

"From Business Bootcamps to the Young Farmers Upskill and Invest Scholarships – we're helping young farmers grow their careers, boost their business skills and forge new connections both locally and internationally," she said.

Up to \$10,000 is available for farmers and farm workers aged 35 years or under to help them with professional development and career progression.

This includes \$5,000 for study, backed by a further \$5,000 to invest on-farm or in professional development activities to help put new skills into practice.

Applications open today and close on 24 April 2018. To find out more, visit vic.gov.au/youngfarmers.





## **Building Pyramids**

#### **BY KERRY ANDERSON**

With a free weekend before returning from a business trip in the United States I decided to check out Disneyland in Anaheim, California. Yes, that iconic castle clearly stood out but I was more drawn to the fire

station where Walt's personal apartment is located overhead. From here he could enjoy a bird's eye view of his achievement. To me Walt Disney has always been one of the most colourful entrepreneurs of the last century. Growing up watching Disneyland

every Sunday night with his own personal introduction, Walt was the master of self-publicity. I didn't realise it then but his vision and creativity drove innovation well ahead of its time. While honouring the past, he was also focussing on the future.

Until Anaheim was selected as an ideal destination for Disneyland, it served as a small agricultural community. Now there is a large city built on tourism.

Which brings me to Girgarre, another small agricultural town of 190 population in Victoria. It's been through a tough time the past few decades with drought, the closure of its only major industry, and the recent dairy crisis. However, far from being a town on its knees, the community has rallied.

Every little success breeds success and community leaders put it down to keeping the door open to everyone's ideas and 'giving it a crack.' Starting off with a monthly Farmers' Market, they now have a music festival of note celebrating its 12th anniversary and drawing hundreds of people to their rural community each year.

Even more impressive, works have recently commenced on a \$12 million botanical garden. Yes, \$12 million! TMC, creators of the Cranborne Botanical Gardens, have overseen the planning process



 The Albion offers a fine selection of local wines and famous beers on tap. Local produce from the Macedon Region is carefully prepared for classic Italian dinners. Children are catered for with a special menu just for their discerning palates.
 The Albion is ideal for functions or parties. and offers indoor restaurant and outdoor courtyard dining. Hours of Operation: 7 Days a Week 12noon till Late
 Lunch12noon to 2pm

Phone for bookings (03) 5422 2066 Email drinkanddine@thealbionkyneton.com.au 1 Mollison Street, Kyneton Vic 3444 www.thealbionkyneton.com.au and a \$350,000 amphitheatre and sound shell is already near completion.

The ambitiousness of such a small rural community is almost beyond belief but it is actually happening. Although not on the same scale as Anaheim, Girgaree will soon become an all year round tourist destination. Naturally this will have huge benefit to existing businesses and open up potential for new businesses.

With strong vision investors will come on board regardless of whether it is Walt Disney or a community development group giving a passionate and well-prepared project pitch.

'As long as we give power to the people we can build pyramids,' a representative of Girgarre told me and I believe her.

To read the full story go to: http://www.kerryanderson.com.au/blog/ girgaree



#### HALL HAPPENINGS With Norma Barker



The *Redesdale Bush Market* held by the Redesdale Hall Committee Inc. on Sunday 11th March was once again a most successful day for our committee fundraising.

We had a variety of stalls to tempt the visitors, and plenty of food and drinks which were most welcome as it was a quite warm day. The Devonshire teas once again were very successful and, being in the air-conditioned hall, were a welcome respite from the heat. A big thank you to all the stall holders for supporting us, also the the Bendigo Show Band and The Floyd Black band.

**Pie making class:** On Sunday April 15 at the Redesdale Hall we are holding a cookery class for our interested budding pie makers who are keen to learn how to make "Norma's" apple pies. We already have a few young people interested, if you are, too, contact me (Norma) on 54253174, the cost will be approx.. \$10.00 to cover the cost of the ingredients.

**Afternoon Tea Dance:** On Sunday April 29 we are holding an afternoon tea dance between 1pm and 5pm. Entry \$10.00 which includes a fabulous afternoon tea. The music is by the popular Rod McKenzie.

**Revellers are coming! 30 Years!:** They are almost here! Rehearsals are in full swing! Tables of ten are available, or come on your own or twosome.

Tickets cost \$42.50 single, \$85.00 double. Dates 5th, 12th, 19th, 26th May and the 2nd June,

7pm for 7.30 pm start. The evening consists of a three course dinner and a great show. Happy, happy time to be had! Come one, come all! Hope to see you there.

## RECIPE OF THE MONTH 30



This is a really quick and simple recipe and a great way to get some vegetables into our kids!

- 3 medium zucchinis
- 75 gm (1/2 cup) SR flour
- 40gm (1/2 cup) finely grated parmesan plus extra to serve. 3 shallots, trimmed and thinly sliced
- 1 egg, whisked.
- 1/4 cup continental parsely, chopped
- 2 teaspoons dried oregano leaves
- 1/4 teaspoon ground nutmeg
- 1 teaspoon salt
- . 1 teaspoon olive oil.

Trim the ends and coursely grate the zucchini. Place in a colander and squeeze out excess moisture. Transfer to a bowl and stir in SR flour, parmesan, shallots, egg, parsley, oregano, salt and nutmeg.

Heat olive oil in non-stick fry pan and drop 3 portions of the mixture into the pan. Cook for 1 1/2 mins on each side and transfer to a plate. Repeat with remaining mixture.

## Sheep Shearer Available Pets and small mobs.

Very careful and reliable.



Phone John on 0466 812 563 or email banbrae1@bigpond.com



### **Bendigo Art Gallery**

#### Drop in and draw!

Saturday 14 April, 1pm – 4pm

Bendigo Artists Inc with the support of Bendigo Art Gallery will offer clothed figure drawing sessions at the Gallery. Adults and children are invited to drop in and draw any time between 1pm and 4pm. Artists will be on hand to guide and encourage those taking part.

Ever since the first works of art were crudely painted onto the walls of caves in pre-historical times, humans have been fascinated by depictions of the human form. And this fascination with the human form has continued throughout recorded history right up to the present day.

Dry media only, no charcoal or pastel.

Additional session: 14 July, 1pm – 4pm

Free.

#### Slow Art Day

Saturday 14 April, 2pm – 4pm

Be part of the worldwide Slow Art Day! Visit the Gallery and look – slowly – at several pieces of selected art from the Gallery's collection, then join in a group discussion facilitated by the Bendigo Art Gallery Guides.

"It's not what you look at that matters, it's what you see." - Henry David Thoreau

Slow Art Day is a global event with a simple mission: help more people discover for themselves the joy of looking at and loving art. Why slow?

When people look slowly at a piece of art they make discoveries. The most important discovery they make is that they can see and experience art without an expert (or expertise).

More information on Slow Art Day



### For bookings please call (03) 4405 0601

Monday - Closed Tuesday - Closed Wed to Sun • Lunch 12noon - 2.30pm • Dinner 6pm - 8.30pm

The Redesdale Hotel 2640 Heathcote-kyneton Road Redesdale, Vic, 3444 info@theredesdalehotel.com.au

The Redesdale Hote

www.theredesdalehotel.com.au

J

## Controlling your Asthma

Controlling your Asthma - it's not just breathing

Breathing is one of those things that most of us take for granted, like meat pies at the

footy, or watching the sun rise - it just happens! What would it feel like however if literally all your energy - mental and physical - was being spent just trying to breath? I had a very brief experience of this sensation as a 5 year old slipping over on the kitchen floor and winding myself it was terrifying.

For some people the risk of severe breathlessness is however constant - an asthma attack can make the process of getting oxygen into the lungs and carbon dioxide out so slow that basic metabolism becomes severely compromised. The National Asthma Council of Australia reports there were 455 asthma-related deaths in 2016. Each one of these deaths is undoubtedly a tragedy of missed opportunity to control a life-long condition.

Asthma is a condition of bronchial hyper-reactivity - which means that when the lungs are exposed to a trigger or irritative stimulus, there is a cascade of immune-cell mediated response. This results sometimes very quickly in muscle constriction around the airways, swelling in the walls of the airways and increased mucus within the airways themselves. The end result of this is dramatically reduced airway size and increased effort of breathing. The reasons why some people have airway hyper-reactivity is a subject of ongoing research. However, unfortunately, it seems to be somehow "builtin" to the immune system of the lungs, and so preventing asthma

attacks is about constantly "dialling down" the hyper-reactivity, because exposure to asthma triggers is often unavoidable and unpredictable.

With the variety of medications which help to control asthma, there really is no reason for asthmatics to put up with less than excellent control. It is important that asthma-sufferers have a good understanding of their symptoms, how to monitor their condition, and how to avoid triggers as much as possible. Regular exercise can help improve your body's response to asthma attacks and immunisation against common infections - most notably the flu - can be important strategies for keeping well and active while living with asthma. It is important too that you have a regular conversation with your doctor about managing your asthma and develop a plan when necessary. When you understand your asthma and have a plan to manage any attacks, your response to the emergency presented by an asthma attack could save your life.

Tim

Your Health!

with

Dr Tim



Dr Tim Stobie 5422 1397 Kyneton (i) Medical Centre Knowledgeable. Modern. Caring.

bed in the dark because we had no electric power. It still comes in handy during a blackout.

#### Mary Bennett





Little Treasures

We are continuing to invite stories about objects that are dear to our readers. We would love to hear from any of our readers about any inanimate object in your life that means a lot to you and that you really treasure. And send us a picture too.

Please send your contributions (about 500 words) to

bridgeconnection.editor@gmail.com. We look forward to hearing from you.

This Little treasure is somthing from my child hood used from 1936-1946.

I used this candle stick at night to navigate the way to

creative designs for your business

logos menus flyers posters invitations brochures magazines business cards advertisements letterheads with compliment slips full business imaging

lyn ingles | graphic designer blupen@ncable.net.au 0429 911 980

Sponsoring the 'Bridge Connection'



## Redesdale Turns On Another Successful Bush Market.

The annual Redesdale Bush Market, run by the Redesdale Hall Committee, was held recently on the Labour Day Long Weekend with many visitors enjoying the day, despite the predicted high temperatures which eventuated.

The Redesdale Bush Market was proudly sponsored this year by: "The Rural Cafe", "Macedon Ranges Signs", "Hardwick's Meats", "Kyneton Auto Spares and Repairs" and "Kyneton Dry Cleaners".

This year the Redesdale Hall Committee welcomed "The Floyd Black Band" as the first musical act for the day, followed by the diverse "Bendigo and District Concert Band", who have delighted the crowds at many of our markets over the years.

The Hall Committee would like to warmly thank both bands for their enjoyable music, which certainly added to the atmosphere on the day. Children were also entertained throughout the day by an animal farm, jumping castle and face painting.

A special thank you must go to the "Kyneton Vehicle Appreciation Society" members who have come to show their classic cars (and a special boat this year) over the last few markets now. The club was once again joined during the day by passing enthusiasts calling in for a chat - about classic vehicles no doubt! The presence of all certainly added to the day.

With plenty of food and refreshments on offer, it has to be said that the ice cream van proved very popular throughout the hot day, in addition, of course, to the cake stall! Visitors enjoyed a delicious Devonshire tea in the air-conditioned hall . This was organised by Norma Barker who was assisted by her band of willing volunteers. An added attraction in the Hall this year was the display of the three special quilts created for the Redesdale Bridge 150th birthday, with several of the quilters on hand to talk to interested visitors.

There was a wide range of stalls offering something for everyone, many of the stallholders returning each year to enjoy the successful day.

The Redesdale Fire Brigade was once again present with their popular raffles organised by brigade member Brian Paterson. This year the brigade was proud to offer marketgoers an opportunity to see the newest addition to the brigade: "Tanker 1".

The Redesdale Hall Committee would like to thank all who attended and contributed to making this such a successful day: our Sponsors, "The Bendigo and District Concert Band", the Floyd Black Band, the various children's entertainments, "Kyneton Vehicle Appreciation Society", stallholders, our many volunteers who come out of the woodwork for this day and other occasions; plus of course the public who came to enjoy the market. A special thank you must go to the various media outlets who continue to help us with the promotion of the market each year, including the "Bridge Connection" - the Committee greatly appreciate your support!

by Carolyn - Anne Boyd.

## The Redesdale Bush Market: A Shining Sunday Success!

Redesdale's much-anticipated Bush Market rose again on the long weekend. The hot weather didn't deter swarms of locals and distant visitors from prowling the Rec Reserve for goods and bargains. From jewellery and art to furniture and tools, there was something for everyone. Food vendors sold ice cream and cold drinks to beat the heat, and a jumping castle and face paint kept the kids entertained.

The soundtrack to the day was provided by The Floyd Black Band, who played their rollicking country music from the pavillion, followed by the Bendigo and District Concert Band with some good old classics.

The Redesdale CFA debuted their brand new fire truck, letting everyone admire the vehicle up close. Second-hand items and hand-made crafts were abundant, and for good prices, too. Local produce was a major part of the day, and it was great to see what our community can do when it comes together.

The Bush Market was made another success this year thanks to the commitment and support of everyone involved. The sponsors who made it possible were The Rural Cafe, Hardwick's Meats, Kyneton Auto Spares and Repairs, and Kyneton Dry Cleaners. Special thanks goes to the Kyneton Vehicle Appreciation Society and everyone who bought along their fantastic classic cars to the Market.

Of course, the Bush Market wouldn't happen at all if it wasn't for the hard work of the stallholders and volunteers, who dedicated their time to making the day the best it could be. It was thanks to them, along with all everyone who came along, that the Redesdale Bush Market continues to be a great way to celebrate our community.

By Tahlia Campbell.

Below Photos from Redesdale bush market







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