



ISSUE NO. 99 October 2018

FREE

For the Mia Mia- Redesdale Region including:

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- Langley • Sutton Grange • Elphinstone • Kyneton • Metcalfe

BRIDGE CONNECTION COMMUNITY NEWSPAPER

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Saturday 27 October 2018

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See details on Page 6



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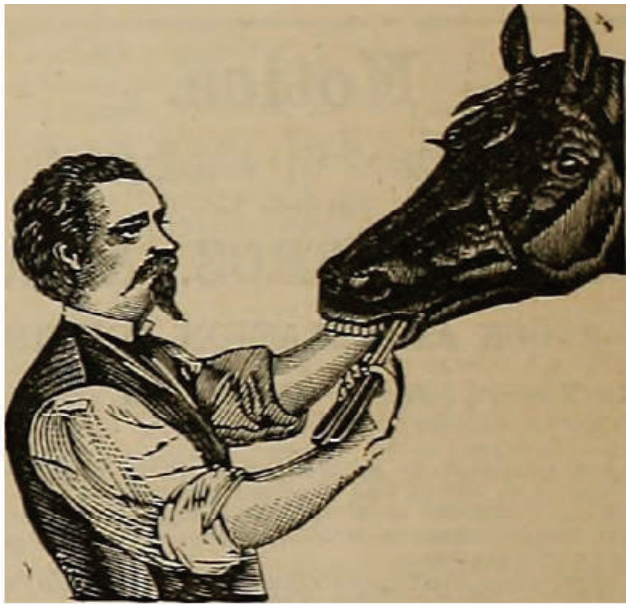
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Editorial

Hello Readers,

You will notice that this is a larger issue than normal as we have the new Redesdale 2018 - 2023 Community Plan printed as a centre lift-out (pages 13 -16). It is well worth reading. There may be some plans in there that you would personally like to be part of. We particularly like Andrew Plant's speech at the launch of the plan at the District Association AGM, (reported on page 18) where he talks of designers, doers, deliverers and disagree-ers in all communities. He says that even the disagree-ers have a positive role.

The communities patience is wearing a bit thin with the long delays in the commencement of the Redesdale Precinct. There is an update from John Beurle on page 8. He asks all of us to contact our councillors to register our support for the speedy fruition of the project.

We have been unable to bring you the Bird Quiz this month because of lack of colour space. It will return in November.

We now have a new Chair of the Reserve Committee (see page 17 and letter on page 25). Thanks to Les for always being so communicative to the community via this paper.



Regina Bennett



Kathy Hall

Co-Editors

Kathy Hall

Regina Bennett

Ph: 0407116 899

e: bridgeconnection.editor@gmail.com

BRIDGE CONNECTION COMMUNITY NEWSPAPER

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Quarter Page	130mm x 90mm	\$50	\$500
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President :	Jill James	0418 388 919
	jill@colibanestate.com	
Secretary:	Regina Bennett	(03) 5425 5402
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Treasurer:	Terry Mackenzie	(03) 5425 3262
Magazine:	Kathy Hall & Regina Bennett	(03) 5425 3272

There is also a vibrant new District Association committee. Please see page 18 and picture on page 24. Good luck to the new team! There are some interesting projects ahead.

Fans of Lady Bombay Sapphire will be very excited to meet her at the fundraising and awareness event for Bridge Connection on Saturday night (Oct 6th) at the Redesdale Hall. Jefferson Smith "The Voice" is a very popular musician in these parts. We hope to see many of our readers there. There are a few tickets left- phone 0407 116 899. (Page 4).

Astute readers will have noticed that this is Edition 99. The big 100 is coming up. The first edition that Regina and I edited was number 64 which we put together in desperation - not wanting to lose our paper. We are always looking for people to join our committee who are interested in helping with our publication. Please think about it.

Out 'Cub Reporter", Tahlia Campbell, has come up with another great story, this time about her intrepid parents who have raised enormous amounts of money for the Otis Foundation (page 11). Well done to all the Campbells!

Kathy Hall and Regina Bennett



Amenities are available for catering, meetings, weddings and club or family celebrations.

Please phone

Carolyn (03) 5425 3194 for more information.

Redesdale Hall Activities:

- 1st Friday monthly at 9.30am
Bridge Connection Committee meeting
- 2nd Tuesday monthly, 1pm - Hall Comm. Meetings.
- 2nd Tuesday monthly, 7 pm - Rec. Reserve Meetings.

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www.redesdale.net



Send us a picture of your very special pet and a few words to describe him or her and why you love your pet so much. Send them to bridgeconnection.editor@gmail.com. There is a prize at the end of the year for the best entry.



Marley Robinson and Lucy Truelson feeding a carrot to a much-loved guinea pig who rejoices in the name of Jelly Bean!

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Sutton Grange Hall Events

Wednesday 21 October 21st Treasure hunt. 10 am start. \$2 per child, \$5 per family. Morning tea provided.

Saturday 10 Nov 10th Bingo. 7 pm start. \$5 per card. Supper provided. Prizes for winners.

Sunday 2 December 2nd Christmas Tea. Satrt 6 pm. bring a main and desert to share. Santa visits at 8 pm.

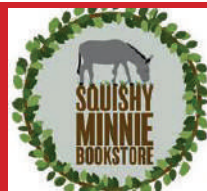
LAST CHANCE!

COME AND SUPPORT YOUR LOCAL NEWSPAPER



For **TICKETS** phone **0407 116 899'**
or any **Bridge Connection**
committee members, contact numbers on
page 3.

BIRD QUIZ with NIGEL HARLAND



Unfortunately, because of lack of space in our colour section, we cannot bring you a bird for "Bird Quiz" this month. We have a cute little bird for you to identify next month though! Last month's bird was the White-eared Honeyeater. There are nearly 70 types of Honeyeater found in Australia and others in New Guinea. This one is larger than many others. It tends to be found on its own or in pairs. It often builds its nest close to the ground and for this reason the nests are often parasitised by cuckoos. Stay tuned for Bird Quiz next month. And dont forget that you could win a prize.



Be Inspired!



Mia Mia Uniting Church

Our beautiful bluestone church in its idyllic setting has been serving the community since 1875.

We still want our lovely little church building to serve our community.

Our desire is to keep the church vital rather than sell it but recognise the realities around doing this by a small and ageing church community.

We would like to hear from the community about ways our building can be of use.

If you can help or have suggestions please contact Mary 54255551 or Jim 54255514



Council endorses 50-year strategic plan for Hanging Rock

A strategic plan to guide the future of the Hanging Rock precinct for the next 50 years has been adopted by Macedon Ranges Shire Council.

The Hanging Rock Strategic Plan recognises the state and national significance of the precinct and sets out future objectives. The plan also outlines a greater involvement for Aboriginal Traditional Owner groups in future management arrangements.

At a Special Council Meeting last night, Council resolved to adopt the Hanging Rock Strategic Plan in principle, subject to the state government agreeing to:

- working with Council on an implementation plan for the immediate and high priority actions of the Hanging Rock Strategic Plan
- starting discussions on the future ownership of the Council-owned East Paddock
- providing \$375,000 to support the maintenance of current infrastructure at the Rock.

The Hanging Rock precinct is made up of Hanging Rock Reserve, which is Crown land managed by Council, and the adjoining East Paddock.

Council began working with the Victorian Government in 2015 to ensure the long-term protection and sustainable management of the iconic Rock and surrounds.

Extensive community consultation has taken place over the past two years and helped to inform the strategic plan.

To find out more and view the minutes of the Special Council Meeting, see mrsc.vic.gov.au/minutes

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Mia Mia Flower Show

Mia Mia Hall Saturday 27 October 2019

Entries accepted from 11AM

Section 1 - Flowers.

Roses

- (a) Best Specimen Flower - Red
- (b) Best Specimen Flower - White
- (c) Best Specimen Flower - Pink
- (d) Best Specimen Flower - Yellow
- (e) Best Specimen Rose - Not mentioned
- (f) Best Container of one colour roses
- (g) Best Assortment of Roses
- (h) Container of Miniature Roses



Flowers

2. Container of Double Stocks
3. Container of Marguerite
4. Container of Bearded Iris (4 colours)
5. One Stem of Bearded Iris
6. Collection of Dutch Iris
7. Collection of Bulbs - Rhizomes/Tubers
8. Collection of Native Flowers
9. Collection of Pansies
10. Any 3 flowers - Distinct Variety
11. Assorted Blooms - Best Collection
12. Collection of Snapdragons
13. Bowl of Sweet Peas
14. Novelty Container

Section 2 - Pot Plants

1. Container of Potpourri
2. Best Pot Plant in Bloom
3. Best Pot of Geranium
4. Best Pot of Pelargonium
5. Maiden Hair Fern (Coarse)
6. Maiden Hair Fern (Fine)
7. Cactus
8. Succulent
9. Potted Miniature Rose In Bloom
10. Potted Orchid In Bloom
11. Potted Azalea
12. Foliage Plant
12. Three White Eggs

Section 3 - Produce

1. Collection of Garden Produce
2. Collection of Garden Herbs
3. Five Sticks of Silver Beet
4. Three Radishes
5. Cabbage
6. Broad Beans - 6 pods
7. Two Leeks
8. Five Sticks of Rhubarb
9. Two Freshly Grown Onions
10. Two Lemons on a Plate
11. Three brown eggs
12. Three white eggs
13. Three Eggs - Any Colour
14. Jar of Lemon Butter
15. Marmalade
16. Bottle of Tomato Sauce
17. Green Vegetable Pickles
18. Cauliflower Pickles
19. Jar of Berry Jam

Children's Section

Prep-Grade 3

Grade 4 - 6

1. Best dressed banana
2. Floral arrangement

Mia Mia Lunch and Flower Show at Mia Mia Hall

Saturday 27th October 2018 from noon

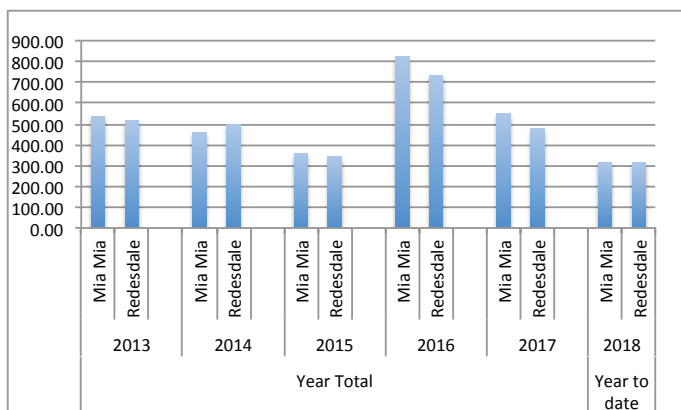
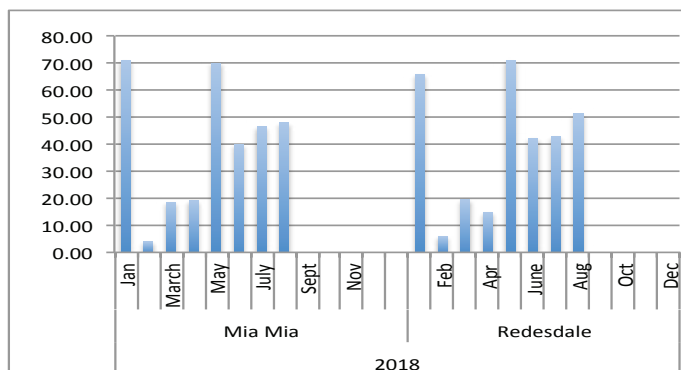
**Our panel of local gardening gurus will answer your questions.
Send questions to miamiasocial@gmail.com or
ask them on the day.**

**Bring along a single flower for the
People's Choice Award for Best Single Flower.
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The average yearly rainfall for Redesdale is about 601mms.

Thank you to Mary Bennett for the Mia Mia readings.



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*Fair daffodils, we weep to see
You haste away so soon:
As yet the early-rising sun
Has not attained his noon.
Stay, stay
Until the hasting day has run
But to the even-song;
And pray'd together, we
Will go with you along.*

Robert Herrick

DEFIBRILLATOR

The Community owned defibrillator
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It is situated on the outside wall of the CFA
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CHURCH SERVICES

UNITING CHURCH

Barfold: 1st Sunday of each month
Metcalfe: 2nd Sunday of each month
Mia Mia: 3rd Sunday of each month
Sutton Grange: 4th Sunday of each month

Morning tea is served at each of these Uniting Churches at 9.45 am and services start at 10 am. If there is a 5th Sunday in the month, services may be found at Kyneton.

CATHOLIC CHURCH

Redesdale: 2nd Sunday of each month 11 am



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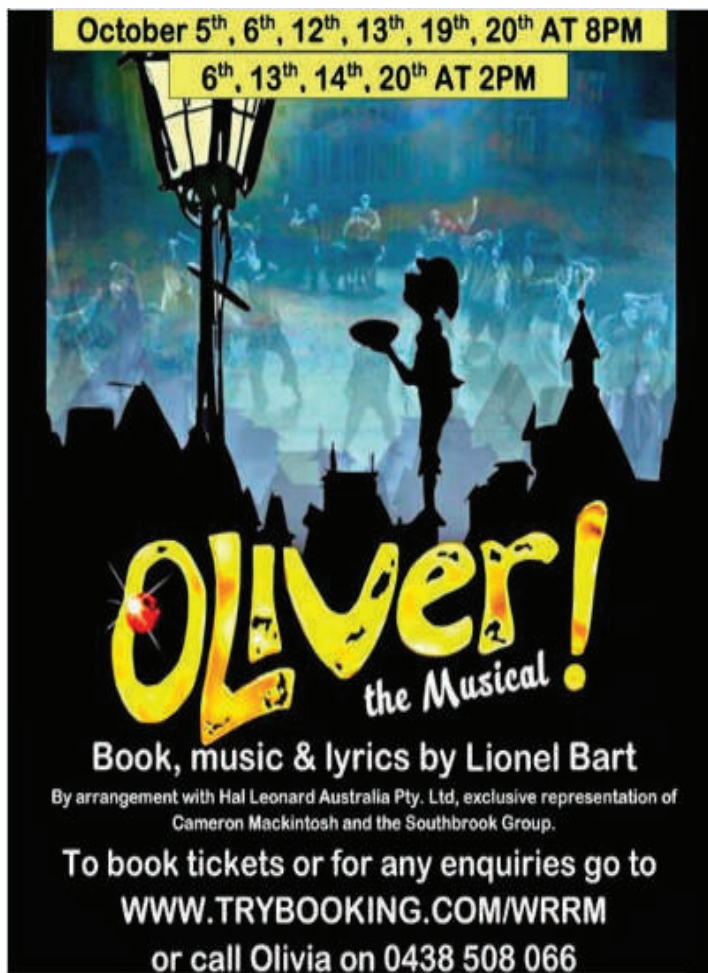
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REDESDALE



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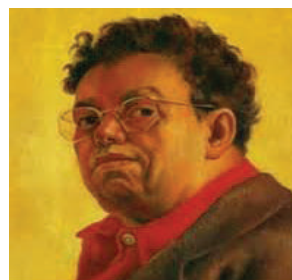
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Frida Kahlo and Diego Rivera: The Golden Age of Mexican Painting



Learn about the vibrancy of modernist Mexican painting on Thursday 18 October, for ADFAS Central Victoria's final lecture of 2018. Guest lecturer, Chloë Sayer will focus on Mexican painting during the time of iconic couple Frida Kahlo (1907-1954) and her husband, Diego Rivera (1886-1957).

Entry is \$30 cash or cheque payable on the evening and this includes refreshments and a glass of wine (served from 6.30-7.30pm), in addition to the lecture (7.30-8.30pm).

For more information and registration of interest, please call Nicky on 0400 958 449.



Redesdale Precinct Design Working Group update

Since our last message there has been an updated design shared by the architect that considered comments made at the Listening Post in June. It was great to hear from those who attended the LP and the councillors in attendance appreciated the passion and interest in what happens in Redesdale. Since this latest design was shared with the DDWG, I have met with the hall committee to discuss options for the kitchen and other hall related matters. This was a positive discussion and ideas raised were passed on to the council and architect for consideration.

It is now time for the the council to consider all community projects and priority setting for funding and project support. It is timely that we show the council our support for the precinct project and I encourage you to share positive thoughts directly with the Mayor and our other elected councillors Councillors Flack and Wigglesworth. Their details are provided here. Thank you to everyone for your support and we look forward to sharing the next stages of the project planning. Any queries or for any updates please contact me on 0422001924 or john.beurle@gmail.com

Please contact councillors to register your support:

Cr O'Rourke Phone: 0429 061 096 Email: m.orourke@bendigo.vic.gov.au

Cr Flack Phone: 0429 083 993 Email: g.flack@bendigo.vic.gov.au

Cr Wigglesworth Phone: 0429 117 600 Email: y.wigglesworth@bendigo.vic.gov.au

Regards, John Beurle for the DDWG



Woodend Community Farmers' Market

Sat 6th Oct
Cnr High & Forest Streets, Woodend
0487 444 090 Sharon Kittson

Daylesford Farmer's Market

Sat 6th Oct
Daylesford Primary School
03 5664 0096 Peter Arnold

Kyneton Farmers' Market

Sat 13th Oct
St Pauls Park, Piper Street, Kyneton
54 221 025 Veronica Manifold

Riddells Creek Farmers' Market

Sat 20th Oct
Riddells Creek Primary School, Riddells Creek
0408 254 626 Ali Bant

Lancefield & District Farmers' Market

Sat 27th Oct
Centre Plantation, High Street, Lancefield
0407 860 320 Meggs Hannes

Maldon Market

Sunday 14th Oct

www.vicfarmersmarkets.org.au

It is recommended that you check these dates with the market website if possible.



The cast of Oliver (see poster on page 8 and letter on page 25) including Redesdale's John Barker as Mr Brownlow and Don White as Fagin.

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Guidelines needed to take heat out of solar debate

Member for Euroa and Deputy Leader of The Nationals, Steph Ryan has again called on the Minister for Planning Richard Wynne to implement solar planning guidelines for local councils.

Ms Ryan has urged the Minister to address inadequacies within the rural land and planning guidelines, particularly when it comes to the consideration of solar farms so ensure transparency between solar companies and local government.

"The Victorian Government's planning framework has failed to provide guidance to local government and communities where solar farms have been proposed," Ms Ryan said.

"I have been contacted by a number of constituents across the electorate who believe that the current framework cannot adequately address their concerns.

At present, Campaspe Shire Council are reviewing a planning permit for a 30 megawatt solar farm in Stanhope.

"I recently met with a number of constituents directly impacted by the proposed solar farm that strongly believe that without strict planning

guidelines, councils are left with no option but to either accept or reject applications.

"The absence of these guidelines has created a lack of transparency for all parties involved.

"I have previously written to the Minister about these concerns.

"The Minister should call in the application for this solar farm, as he has done with others within the Shepparton region, until such time as guidelines for solar farms have been released.

"It's unreasonable to expect council to give solar farm applications the thorough consideration the local community expects while there are no specific guidelines.

"Solar farming and renewables need to be more explicitly addressed in planning guidelines."

Clean up Redesdale



On Sunday 23rd September, an enthusiastic group of community members got together at 10.30am to clean up some of the streets of Redesdale. Our town is a drive through town. You can drive through to Eppalock, to Bendigo or to Echuca. In many ways this is great for local businesses but it is clearly becoming evident that some of the people driving through are still throwing rubbish out of their windows or dumping illegally. It is 2018 and I, for one, cannot believe that people still do this. Aluminium cans, bags of rubbish, bottles, car parts, tyres, sofas, fridges, and tents are just some of the things we picked up in the hour and a half clean-up. A whole tandem trailer load!



Seriously everybody, lets join together as a team and put an end to this. If you see someone illegally dumping rubbish you can report them to the EPA on 1300 372 842. Please put the number in your phone now!

I would like to thank all of the 30 people that turned up on the day and hope we can have another one soon.

Jo Smith-Sargent

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Shell be right in turtle sanctuary



The protection of endangered turtles in the northern part of the region has always been a team effort, none more so than near Longmore's Lagoon at Gunbower.

The North Central Catchment Management Authority (CMA) has joined forces with Turtles Australia and Ridley Agriproducts to build a turtle breeding sanctuary near the company's Gunbower mill. Land on the mill site next to the lagoon is a popular nesting spot for broad-shelled turtles, the largest of the three species of native turtles found in the region. It is also endangered.

The North Central CMA has been working hard to increase the numbers of juvenile turtles in the region, recently completing a large baiting program in Gunbower Forest.

Turtles Australia was monitoring the Ridley site during the most recent nesting season and found the fence, along with the baiting program, to be providing the turtles with the help they need.

If you see a turtle, or evidence of nest predation you can record the sighting by downloading the TurtleSAT App, or by visiting <http://turtlesat.org.au>.

The project is supported by the North Central CMA through funding from the Australian Government's National Landcare Program.



Federal Member for Bendigo
LISA CHESTERS MP

PO Box 338 Bendigo 3552
Cnr Williamson & Myers Sts, Bendigo 3550
T: 034 5443 9055 • F 03 5443 9736
E: Lisa.Chesters.MP@aph.gov.au
@LMChesters • /LisaChestersBendigo



Lisa Chesters MP has become a well-known face around Central Victoria after being elected as the Federal Member for Bendigo in September 2013.

Lisa is the first woman to be elected as the Federal Member for Bendigo which is an electorate that has existed since Federation. Lisa was appointed Shadow Assistant Minister for Workplace Relations and Shadow Assistant Minister for Regional and Rural Australia following the 2016 election.

Lisa's maiden speech to Parliament reflected on the successes of the Bendigo region. She also spoke of her experiences growing up as the daughter of migrant small business owners, and advocated for public health, education and workers' rights.

Since being elected, Lisa has been particularly vocal on important local issues including:

ocal jobs, central Victoria's poor communication network rollout of the NBN, education reform, community inclusiveness, and a just transition to a cleaner and greener renewable energy based economy.

A Tuscan Trek for Charity By Tahlia Campbell

A trip across the ocean was more than a holiday for Lisa and Andrew Campbell. At the end of August, they embarked on a trip to Italy as part of the OTIS Foundation's Tuscan Adventure to help raise money to allow those going through breast cancer a much-needed break at one of the many OTIS retreats around Australia.



After spending a few days in Florence, Lisa and Andrew met with the rest of the group and began their trek through the Italian countryside, which added up to 100 kilometres in five days. The journey took them through Florence, Tuscany, Luka and finally Sienna. The trek was far from a race, allowing the group to enjoy the sights and take part in the culture.

Walking roughly 20 kilometres a day is no easy feat, but the group was determined to get through it. At the end of every day, a new town appeared on the horizon to greet them, and a sense of accomplishment kept them going the next day.

"You always had that in the back of your mind, who you were walking for. The OTIS Foundation, Karlee..." Lisa, Andrew, and many others on the trek walked in memory of Karlee Thorpe, who was an ambassador for OTIS and passed away last November. Several women on the trek have also battled with breast cancer, and most others know someone who has, so there were plenty of people to be walking for.

The trip wasn't all hard work, though. The group made plenty of time to enjoy themselves with a tour of the Colosseum, a bike ride on the wall encompassing Luka, and decadent Italian meals (accompanied by a glass of Prosecco, of course).

Lisa and Andrew also extended their trip to a few extra days spent in Paris, where they visited the Eiffel Tower, the Louvre, and went on a river cruise on the Seine.

The trip was a huge success. Each member of the group had to raise \$3500 to take part on the trek, with every \$50 providing one night for a woman and her family at an OTIS breast cancer retreat. The event overall raised \$113,501 for the OTIS Foundation.



THE MUNRO LETTERS

Episode 17

We continue the 1842 letter from David Munro to brother Alex in Scotland.

The people in the Port Phillip district are in the habit of congratulating themselves on theirs not being a convict settlement and arrogating to themselves a superior tone of morality and manners, but from all I saw and heard, I should say that there is very little difference between them and the settlers on what is called the Sydney side of the country. Many of the settlers in Port Phillip were in fact originally from NSW and Van Diemens Land. Some of them formerly were convicts and they have many assigned servants among them. In this country unfortunately it requires but a slight taint of blackguardism to leaven the mass, and if you look at the manner in which a settler expects to make his money, you will easily understand this, and see that it has a tendency to lead him into what is called horse-jockeying at home. Where there is a regular and constant market at which the producer disposes of his commodities at a certain price, there is no inducement to knavery of any sort. He makes his calculations beforehand: he brings his article to market; he disposes of it at once without trickery of any sort. For instance, if the settlers could make money by their wool selling I am convinced that generally speaking they would be honest and honorable men. They would send it down when clipped to their agent at the shipping port, would receive a certain sum for it, and in this process there would be nothing whatever which should develop the meaner propensities of human nature. But how does the case stand?



Cafe Francais, 283-5 George Street 1864
From the collections of the State Library of New South Wales [ML QA827/S].

The settler, as I have already told you, makes nothing by his wool. His increase is his fortune and he accordingly finds himself literally in the position of a horse dealer. Maybe he is worse off than a horse dealer at home for there are regular fairs to which the animals are driven, and where general opinion establishes a price which can commonly be obtained without difficulty. But it is not so with the settler; his flocks are far distant in the country and his market is the raw inexperienced arrivals from home. To catch these "new chums" as they are called, he frequents the hotels in Sydney and Melbourne or more fashionably meets them at the club. There, every sort of deception and puffing is practiced, advantages paraded, disadvantages kept out of sight: neither suppressio veri nor suggestio falsi is despised, but I will leave it to yourself to imagine the ungentlemanly bargaining and sharpening which this must necessarily lead to and the effect which it must necessarily produce on the moral pulse of the community. And to crown all, when some inexperienced fellow, fresh from home, has been deluded into a bad bargain, the man who has taken him in, instead of being ashamed of it, or even having the decency to say nothing of the

matter will consider it an excellent joke, and it will be laughed at by his companions.

It is either in this way or through an agent that the increased stock of the settler is disposed of. The agent lives of course in the town, and he has a commission allowed him on the sales which he effects. Young men come out from home, many of whom necessarily are related to these merchants; highly advantageous bargains are pointed out to them, the certainty of making a fortune is distinctly shewn in black and white, every disgraceful art is put in requisition and they are very often caught.



Illustration of Custom House lithographed & published by Stringer, Mason & Co., Melbourne, 1853.
Source: State Library of Victoria

The merchant pockets his commission, and it is rather too much to expect of him that he should have enquired very narrowly whether what he disposed of was likely to turn out to the advantage of the newcomer or not. His business is to make a sale. It is by that and other practices that he builds a fine house and keeps his carriage. These are the men that do the most mischief. They are much more to be dreaded by the newcomer than the settler. The settler is a bungler compared to them. Perhaps it is not long since he was a newcomer himself and his old feelings have not yet been completely upset, or even, having been bit himself, he now turns round sour and disappointed and anxious to bite in his turn (as

is unfortunately the case with many). He is not half so clever at it as is the man whose business it is, and who has served a regular education to it. Thus we see two concurrent causes of a low standard of morality in the colony: an infusion of vicious subjects, and the nature of the pursuits of the settlers.

The picture which I have drawn for you above is true in general and its truth must be recognised by everyone who has been in Australia, but I am far from asserting that there are not many exceptions. I am happy to say that I know myself many men of as strictly honorable conduct as are to be met with in any part of the world, but these are the exceptions. We are after all too much creatures of circumstance and I think you will admit that the circumstances in which a man is placed in this colony are not the most favourable to the development of the loftier and unselfish qualities of the human mind.

Next month:

The second cause which I mentioned of the present embarrassed state of the colony was over-speculation...



REDESDALE

COMMUNITY PLAN 2018-2023





INTRODUCTION

Welcome to the third Redesdale Community Plan 2018-2023. The last plan review was held in 2013 and a number of items on that plan have either been completed or remain works in progress.

Redesdale is a small township lying at the crossroads that lead to Heathcote, Kyneton, Bendigo and its closest neighbour Mia Mia. To reach Mia Mia, one has to cross the Campaspe River over the town's unique and famous iron lattice truss bridge. People from far and wide have recently celebrated the Redesdale Bridge's 150th birthday.

Redesdale also lies within picturesque rolling granite hills and is surrounded by thriving sheep farms, vineyards, olive and walnut producers and many other small businesses.

The people are energetic and enthusiastic and in the five years since the last plan, the hotel, café, and studio - gallery have opened after unwelcome protracted closures.

The Redesdale and District Association has again taken the lead in reviewing and renewing the plan after community consultation through a community survey and workshop assisted by the City of Greater Bendigo.

The success of the community plan relies on the commitment and participation of the community and it is hoped that those who are able will work hard to make it a success.

ACTION PLAN

Theme 1: Community connection and collaboration	
1. Build stronger connections between community members and groups	a. Maintain communication efforts using a range of media, including Bridge Connection, Kyneton print media and local networks.
	b. Support the development of community meeting facilities as part of the Redesdale Community Precinct development.
	c. Undertake deliberate activities to bring community groups closer.
	d. Promote stronger ties with Mia Mia through sharing information and collaboration.
2. Emergency preparedness	a. Continue advocacy for improved access to digital media and mobile phone coverage.
	b. Maintain collaboration with CFA and assist, where possible, the CFA's effort to increase the preparedness of local residents for emergencies.

Theme 2: Activities and events	
1. Plan collaboratively for successful offering of regular events	a. Continue to support recurring events.
2. Trial some informal gatherings as a means of welcoming and connecting community members	Community suggestions have included:
	a. Collaborative events with Mia Mia such as social tennis and cricket matches.
	b. Erect and operate a neighbourhood book exchange structure in an accessible place.
	c. Movie nights.
	d. Casserole nights.
	e. Camp Oven Cook Off.
	f. Cooking classes.
	g. Craft classes.
	h. Christmas gathering.
	i. Roadside walking rubbish collection event.
3. Foster opportunities for organisations and businesses to offer events in local settings.	a. Council supported events such as "Summer in the Parks" outdoor movie nights.
	b. Food, wine, arts and music events in partnership with local people and enterprises.
	c. Tai chi, exercise and yoga classes.
4. Support local philanthropy	Convene or support fundraising and other efforts as agreed.

Theme 3 : New initiatives requiring advocacy	
1. Progress further development of the Redesdale Community Precinct	a. Facilitate wide community engagement to finalise the design and ensure the priorities of different user groups are accommodated.
	b. Participate in decision making to achieve an agreed management model.
2. Advocate for new opportunities to encourage visitation to the area.	a. Investigate the potential and feasibility for a pedestrian link between Redesdale and Mia Mia.
	b. Partner with Mia Mia to investigate the feasibility of increased off-road activities such as; cycling, walking, orienteering and horse-riding in Mt Lofty and other areas of public land and a possible Loop the Lake walking and cycling track.
	c. Advocate for improved signage in designated locations.
	d. Create opportunities to document, store and display local historical artefacts and locations.

Theme 4 : Infrastructure and services requiring ongoing advocacy

1. Road and traffic services, safety and upgrades.	a. Advocate for public transport opportunities and other community-based transport initiatives.
	b. Speed limitations.
	c. Pedestrian and cycle safety.
2. Protection of forest areas.	a. Partner with relevant agencies to increase community and visitor awareness.
	b. Revegetation.
3. Local indigenous recognition	
4. Small business support	
5. Upgrades to recreational and sporting facilities	Identify specific priorities based on expressed need and use these as the basis for advocacy, such as a tennis rebound wall, off-leash dog walking area and cricket practise net.
6. Increase the attractiveness of town entrances and roadsides	a. Beautify the roundabout on Lyell Road.
	b. In collaboration with relevant partners increase awareness about responsibility for and management of noxious weeds.

WHAT IS COMMUNITY PLANNING?

Community planning is a process undertaken by a community where they work together to explore and document what is important to them about their locality and its future. A Community Plan is a document that sets out these priorities. Periodically a Community Plan will need revision as community priorities change or when the community decides.

The City of Greater Bendigo supports and assists communities across the municipality who wish

to develop and revise their own Community Plan. The views and priorities in each plan are those of community members who took part in its development.

Community Plans are a valuable source of advice about local priorities used by Local, State and Federal government and other organisations.

For more information contact the City of Greater Bendigo on 03 5434 6000.

CONTACTS:

City of Greater Bendigo

Website: www.bendigo.vic.gov.au

Telephone: 03 5434 6000

Redesdale and District Association

Email: info@redesdale.net

Website: www.redesdale.net



CITY OF GREATER
BENDIGO

Redesdale Recreation Reserve Committee

Chairman's Report

October 2018

Hello to all,

As reported in the last Bridge Connection edition, I have been nominated as chairman of the RRRC, replacing Les Pocock who has stepped down from position as chairman but remains on the RRRC committee.

On behalf of the RRRC and community as a whole, I would like to thank Les for his enormous work ethic and input he has produced as chairman for the last four years.

Les has been instrumental in bringing together a diverse and talented team of members and has overseen many great achievements around the reserve for everyone to use and enjoy. These include the development of the pavilion, rock walls, the "sheepyards" and oval seating to name a few.

He has made it an extremely hard act to follow for me, however,



as he will remain on the RRRC committee, I can tap into his vast knowledge.

For those of you who don't know me, my wife Robyn and myself purchased "Glendene" in Coliban Park Road in 2006 and moved from Melbourne to operate it as a mixed farming cattle and sheep operation. We have three adult children who have FINALLY left home and Robyn has recently retired from full time work in Melbourne to come to "paradise" as we call it! Prior to this we operated multiple petrol stations and convenience stores in and around Melbourne for twenty five years.

The Pavillion is very close to lock up and you would have noticed the cladding in and around the windows on passing. The next stage is to be the front decking and continuation of the rock walls. I and the committee members are always open to ideas and suggestions for future improvements of the reserve to benefit the whole community.

Happy days

Mike Abramowski

Chair, Redesdale Recreational Reserve Inc.



Tuesday 2 to Thursday 4 October 2018 - Elmore Field Days- Machinery and Agricultural show with over 700 exhibitors there is plenty for everyone to see. Cost: \$20 Adults \$10 secondary students Children under 12 free. Venue: Elmore Events Centre, 48 Rosaia Road, Elmore. Time 8.30am – 5.00pm. Contact details: 0354326176, website: www.emorefielddays.com.au or via email at: info@elmorefielddays.com.au

Thursday 4 October 2018 – Poetry Open Mic.- Venue: Palling Bros Brewery, 168 High Street, Heathcote. Free Event. Start Time: 6pm. Any poets interesting in performing please email brewery@pallingbros.beer. We encourage original writing.

Saturday October 2018 – Lions Bush Market – Bookings for a stall can be made by calling Jean on 0400 675 995 Venue: Barrack Reserve, Heathcote. See the top of this newsletter for further information.

Saturday 6 – Sunday 7 October 2018 – Heathcote Wine and Food Festival - The Heathcote Wine and Food Festival has grown over the 16 years since its inception, along with the wine region's reputation. International awareness of the Heathcote brand owes as much to the modern pioneers of the industry in the region as it does to today's winemakers and vigneron. The Heathcote Wine and Food Festival is your chance to be among the first to sample new release wines from the Heathcote region and learn more about wines that have recently achieved success in international and national awards as well as the Saint Martin Heathcote Wine Show. The Heathcote Showgrounds are transformed into a stunning family-friendly village setting in the days leading up to festival celebrations, a contrast to the first festival featuring a handful of wineries in the courtyard of a local restaurant. Tickets are on sale now. Visit: www.heathcotewinegrowers.com.au/festival

Saturday 6 October 2018 – Heathcote Beer Festival – 11am – 9pm, Palling Bros Brewery, 168 High Street, Heathcote – Rood Henry's Temple of Frothing Ambers is hosting the ultimate ode to the might Brew. Our brewery is just a 6 minute walk from the Famous Heathcote Food and Wine Festival.

Saturday 6 October 2018 – Jefferson Smith at the Heathcote Inn – Kicking off the wine and food festival at the Heathcote Inn with a diverse range of music played by Jefferson Smith. 2pm – 5pm, 9 Hunter Place, Heathcote. Lunch and dinner also available. Bookings preferred on Ph: 54332409 or via bookings@heathcoteinn.com.au.

Sunday 7 October – Boots 'n' All – Join in the festivities of the wine and food festival at the Heathcote Inn Sunday session featuring country rock band

Boots 'n' All. 2pm – 5pm, 9 Hunter Place, Heathcote. Lunch and dinner also available. Bookings preferred on Ph: 54332409 or via bookings@heathcoteinn.com.au.

Saturday 13 October 2018- Oktoberfest 2018 at Heathcote Inn- Time: 12:00pm till 5pm. Cost: Adult \$50 (includes meal & custom beer stein full), Children \$15 (includes meal & free drink on arrival). A family fun filled day. Join in the celebration and enjoy a 3 course German meal, Ice-cold German and draught beer on tap and dance along to the amazing live music. Tickets can be purchased at Eventbrite.com.au or check our facebook page or ph 5433 2409. Venue: Heathcote Inn 9 Hunter Place Heathcote

Tuesday 16 October 2018 – Writing For All – Facilitated by Sandra James Venue: 55 Hospital Street Time: 1pm to 2.45pm \$5 per session Bookings 5431 0930

Wednesday 17 October 2018- Engine Room – Melbourne Chamber Orchestra – Melba Quartet at St John's Anglican Church. Time: 8pm. Cost \$10.00. Booking at: gotix.com.au or on 54346100.

Friday 19 October 2018- Seafood @Sunset - Cost \$130:00 per person. An array of the freshest, seafood, in abundance that will delight any seafood, lover. Very limited numbers- email to steve@heathcoteharvest.com.au Venue: Heathcote Harvest, 32 Tuscan Court Heathcote.

Saturday 20 October 2018 – Karaoke Night – Catwalk Karaoke will be hosted by an international singing star....Wham Glam...Get practising your Do-Re-Mi's because this will be a night you won't want to miss. Palling Bros Brewery, 168 High Street, Heathcote. 6pm – 9pm.

Thursday 25 October 2018- Goornong Hosts the Lexus Melbourne Cup Tour 2018- Time: 4:30pm- 8:30pm. Goornong will be hosting the 18 carat gold \$200,000 Melbourne Cup trophy. It's the last chance to see the cup before it returns to Melbourne. Enjoy a market of the local businesses. Gold coin donation to view the cup proceeds going to Backpack Bed for Homeless. Bookings phone: Julie Howard on 5432 2291. Venue: Bridgeward Grove, 170 English Rd, Goornong.

Sunday 28 October 2018- Mimosa Glen Homestead presents Spring Wellness Days- Unfurling - Opening Up To Sunlight. For enquires or bookings, phone Sue on 0438 568 570 or website www.mimosaglen.com.au. Venue: Mimosa Glen Homestead, Lancefield/Tooborac Rd, Tooborac.

Redesdale and District Association AGM

20th September 2018

At 7 pm on September 20th at the Redesdale Hall, the 6th AGM of the Redesdale and District Association (the Association) was held. It was chaired by Jo Smith-Sargent.

Apologies were received from Yvonne McGrath, Andrew Plant, Cr. Yvonne Wrigglesworth, Cr. George Flack, Chris Sargent, Regina Bennett, Daniel Fitzpatrick, Lisa Smith, Wayne Smith, Jill James and Brian James.

Present were Kathy Hall, Rod Gibson, Sarah Trezise, Les Pocock, Gloria Pocock, Tom James, Mark Jankelson, Hilary Jankelson, Andrew Campbell, Kym DeLany, Pan Prendergast, Robyn Abramowski, Trish Johnstone, Jo Smith-Sargent, Simon Webb, David Cheal and Jane Marriott (COGB).

Jo Smith-Sargent welcomed office bearers, committee members, general members, associated members, and residents of Redesdale, Mia-Mia and surrounding areas.

Andrew Plant, Acting Coordinator Strong Communities, City of Greater Bendigo, was to speak and launch the new community plan, however a family crisis meant that he was unable to attend. He passed on his speech notes to the chair to read at the AGM. Jo said that the Association has maintained a loyal 74 members over the past few years, and encouraged more people to join as it is a great way to keep in touch with what's going on "in your own backyard".

The minutes had been distributed to all general members shortly after the 2016 AGM and more recently as a refresher on Sept. 11th. There were no matters arising from the minutes which were accepted by the membership.

Jo went on to remind people that the Association was formed originally to revise and develop the community plan in 2013. She said, "Many of the projects in this '2013 Community Plan' have been either completed or are still in progress. Five years have flown by and we have just finalised the 2018 – 2023 Community Plan with the support of this community and the City of Greater Bendigo. The City of Greater Bendigo has worked tirelessly on this project and has invested considerable funds to meet our requirements."

Launch of the 2018 – 2023 Community Plan

Jo read out the speech notes that Andrew Plant had supplied:

"This is another terrific publication! The format is attractive, the content well laid out and the focus is clearly on the community. The objectives are both optimistic and practical. Many thanks go to RaDA for their efforts, and to the Redesdale community for this plan which gives voice to Redesdale's vision.

When I read through the plan I picked up on the opening words of the last paragraph on the second page which reads: "The success of the community plan relies on..." and decided this evening to build a little more on these words (and what is already written in the plan).

The success of the community plan relies on – realising that the plan makes two statements on behalf of the town: It says "Come and join us". It is an invitation to all to add value to the community. The plan announces, "We have hopes, why not help us make them happen!" It also says, "Come and enjoy us!". It is a declaration to all that your community is about camaraderie. The plan is not just about jobs to be done, it's about experiences to be enjoyed together and opportunities to be appreciated together.

The success of the community plan relies on – realising the community plan has the capacity to embrace everyone.

On June 21 2016, at the Redesdale Hotel, the City of Greater Bendigo hosted a Rural Communities Networking Forum. The guest speaker was Jan Smith from the township of Girgarre who reminded those present of this point. She also spoke of the three main types of people found in Girgarre (and most rural towns) and the contributions they make to community plans. Firstly, there are the DESIGNERS. These are the people who bring in ideas, some are wild and some are wonderful. It's important to note that the "designers" are not "designing" people.

They are not about manipulating others into accepting all their ideas. They simply bring ideas up to the surface for other people to think about.

Then there are the DOERS. These are the people who bring ideas into being. They turn the wonderful ideas into workable reality. It's important to note that "doers" are not "downers". They are not about complaining about what everyone else IS NOT doing. They simply set about taking on the tasks at hand.

The third group Jan talked about was the DISAGREE-ERS. These are the people who help identify which ideas are wild – but they are also able to strengthen the workable ideas with their critiques important to note that the "disagree-ers" are not "disagreeable". They are not about criticising or putting down. They simply seek to offer insight for investigation to enable effective decision making.

In finishing, I would add one more group of people to Jan's three, because you have identified them in your plan. These are the DELIVERERS. These people are EVERYONE! Whether you are a designer, a doer or a disagree-er, you are also a deliverer because the success of a community plan relies on the commitment and participation of the community as per page 2, last paragraph of your community plan."

After thanking Andrew for his written address, the Chair continued: "I am sure there will be many challenges for our community next year to achieve the goals set out in the Community Plan. But I know the Redesdale and District Association will continue to drive this. There are already Clean-Up days set in the calendar. The group will continue to work on the historical lookout, beautifying the entrances to the town, organising community get-togethers and of course keep everyone updated with the precinct development."

Sarah Trezise, treasurer of the Association then gave a summary of the current financial position of the Association. The total income for the year was \$5,023.00 and total expenses were \$8,719.00 showing a deficit for the year of \$3,696.00. The opening balance for the year was \$7,474.00 so that the total current assets stand at \$3,778.00.

In 'General Business', visiting council officer, Jane Marriott from the City of Greater Bendigo who is coordinating the design of new road signs for rural communities was introduced. She brought along some mock-ups for discussion. There were comments about the "sideways" names and the need for this to be white against the dark background. There were positive comments regarding the bridge picture and the use of the Redesdale logo although it was clear that the designs were in very early stages. It was decided that the issue be referred to the new Association committee to organise more widespread consultation with the broader community. Jane said that there was time to do this and was thanked for her attendance.

The meeting was advised that the Victorian Government is giving grants to local governments who were affected by the 2009 "Black Saturday" fires to mark the tenth anniversary of the fires. There is \$5000 available per council for commemorative events and \$8000 available for commemorative artworks. The new committee will look into these grants.

Kathy Hall then spoke about a poem written by the late Nancy Begg called "My Home Town" which is about her love for Redesdale. Her family remain in touch with Redesdale and were thrilled that the poem was embroidered on the 150 year Bridge Commemorative Quilt. The poem has now been put to music – an original score – by Gordon Little, a pianist and importer of Australian wines, who lives in New York. The work has been donated by him to the Redesdale community. There was an attempt to have it played at the AGM but there was not enough time to organise this. The score has been widely distributed – especially to the primary school.

Kathy spoke regarding her resignation as secretary and said, "It has been a long journey with RADA since its inception in 2012. Setting up an organisation has its challenges and there have certainly been some ups and downs. But overwhelmingly there have been ups. Those involved in building the Association have become close and trusted friends and the whole process has brought us into contact with a number of wonderful local people. We have developed a huge respect

Continued next page

Out and About on a Wintery Night without their Coats!

How silly was it of all those girls who decided to leave home (even if their elderly mother was with them), with no coats and food only for three days at the most! And then, the worst happened! The weather turned really nasty for mid- September: howling wind, lashing rain and the temperature plummeted. Luckily, the landholders at Coliban Springs spotted the group and contacted one of Bridge Connection's redoubtable editors - Kathy. She remembered that local beekeeper, Win Westerhoff, LOVES to be notified of a swarm of bees to collect. Kathy jumped on the phone and chased Win down. He deserted his wife's birthday celebrations (nothing gets between Win and a swarm of bees!) And he raced over to Coliban Springs with a warm, welcoming bee box.

Win shook the log the swarm was resting on over the box and the bees nearly all fell in. Then he took his hand brush and pan (yes, the kind you



Continued from previous page;

for each other. Personally, I have enjoyed our increasingly warm and cooperative relationship with the council who have been totally supportive the whole way. I am not leaving for any other reason than I firmly believe that committees should change and 6 years as secretary is quite long enough! I leave knowing that the new team is talented, hardworking, dedicated and enthusiastic. If I can be of any service in the sidelines – I would be delighted to contribute were I can. Thank you all for your support over the years."

Before standing down as chairman, Jo thanked Rod Gibson, Jill James and Kathy Hall who had handed in their resignations. She said that it had been an honour to be the Chair and that she was proud of what had been achieved. She then handed over to Tom James, a prominent community member, who had offered to take control of the election process.

Having reminded those attending that only general or committee members may vote, he declared all seats vacant. There were nominations for all the executive and non executive positions. There were no nominations from the floor.

The following nominations were unanimously confirmed:

President:	Gloria Pocock
Secretary:	Kym De Lany
Treasurer:	Sarah Trezise
Mia Mia Rep,	
Bridge Connection Rep.	
& Assistant Treasurer:	Regina Bennett
Fire Brigade Rep.:	Andrew Campbell
School Rep.:	Trish Johnstone
Reserve Rep.	Les Pocock
Hall Rep.:	Yvonne McGrath
Ordinary Comm. Member	Rob Abramowski
Ordinary Comm. Member	Pan Prendergast

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pick up at the Two Dollar shop) and gently brushed the escapees up and poured them into the box with the rest of the swarm. The box, with the swarm safely ensconced inside, is now happily living at Win's place, close to the dam for drinks, and amid flowering fruit trees and wattles so the worker bees can collect nectar and pollen. The hive needs the nectar for energy and the pollen is consumed by the Queen, the worker bees and in building the baby bees' bodies. If you see a swarm of bees, please let Win know ASAP. The quicker a swarm is hived, the better: the longer they are out in the open, the further their strength and the health of the swarm declines. However, please note: Win is only able to collect bees as they leave their original hive and settle on logs or bushes or posts or even on the ground. He is unable to remove colonies of bees once settled under weatherboards or in a tree. The Pest Exterminator is, unfortunately, the one needed for that job.

Clare Claydon

**BEE SWARMS - PHONE WIN
0427389681 or 03 54 234 152**

Ordinary Comm. Member	Simon Webb
Ordinary Comm. Member	Daniel Fitzpatrick

Tom was thanked by Jo who then handed over to Gloria Pocock the new incoming Chair of the Redesdale & District Association. Gloria Pocock said: "Time is relentless, time inevitably brings change. Several of the founding members of RaDA have decided the time has come for them to hand over the reins. Six years ago the Redesdale and District Association Inc. was formed to work with the council, firstly to develop Redesdale's community plan, and then bring it to fruition. We thank the exiting RaDA committee members who have worked tirelessly and have achieved excellent results. Kathy, Jo, Rod and Jill have offered their help to the new committee how or when it might be required.

The council is proactively developing a 50-year plan for all of Greater Bendigo to prepare for a changing world, increased population and the effects of the changing environment. The Council encourages input from all rural areas. Mindful of future changes, Redesdale's Community Plan is constantly revised and will continue to be revised. By actively being involved, RaDA is able to ensure that Redesdale will receive all the benefits that progress offers without losing the individuality of the Redesdale that we all know and love.

The new team looks forward to a challenging year ahead with renewed energy and fresh ideas. To help with communication please make sure your details are correct so that you may be kept informed. We will encourage new ideas and welcome anyone that would like to be involved in any project. A contact number will be published in the Bridge Connection." Having thanked people for coming, Gloria said that the next AGM will be in September 2019 at a date to be fixed.

The meeting closed at 7.45 pm.

Picture of committee on page 24

Redesdale Ramblings: Euphorbias - a menace or an asset?

Nearly everyone in the world has probably seen a euphorbia, if not in real life at least in pictures. It's a genus which occurs all over the world and has adapted to life in harsh conditions by becoming spiky to deter animals or becoming succulent like a cactus to preserve water. The common weed "Petty Spurge" is also a euphorbia and has been used as a wart killer but can seriously damage intact skin!

If you get Christmas cards from friends in the Northern Hemisphere most likely they will have featured a particular euphorbia – the Poinsettia! It's not that common in Australia because they naturally flower in the winter and here they have to be raised in specially controlled green-houses which can exclude light to make them flower in our summer. In the States they are big business and no Shopping Mall worth its salt would be without a huge display of them with red, white, cream or pink "flowers". Actually the flowers are small and are all the same yellow colour but they are surrounded by colourful bracts which give them their "floral" impact.

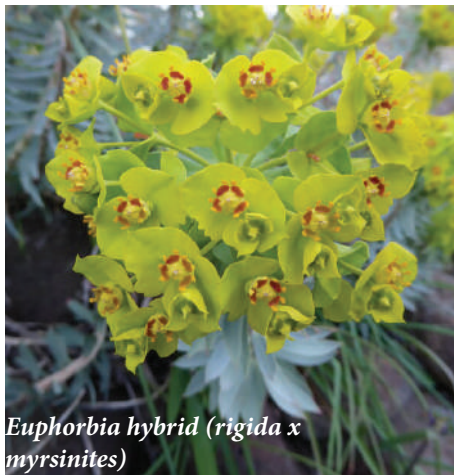
Similarly the euphorbias we grow in our gardens have bunches of flowers which have bracts around them but mostly green or yellow and sometimes a reddish-brown or cream. Collectively they are known as "spurges" and all have a milky latex sap which is a powerfully corrosive alkaloid so must be avoided – getting it into your eyes will create excruciating pain! Flushing your eyes with clean water for an hour may help lessen any damage to your vision. When working around them long sleeves and gloves are essential. When pruning it may prove safest to wear goggles as well!

Should you grow such a dangerous plant in your garden? Sure! You just need to be careful. Apart from the protective gear it pays to get in the habit of not rubbing your eyes or nose or any other sensitive area if you've been handling them. Teach children when they are old enough to understand and exclude them otherwise.

The most commonly seen ornamental is *Euphorbia characias* also known as *E. wulfenii* with one metre (or more) tall bushy plants of deep, olive green topped by light green "flowers". It used to be used a lot for the sort of evergreen planting around the base-boards of a house or to hide a fence. Recently

several sports have arisen with striking variegation in white, cream, yellow or even a mix of yellow, red and green. These can be great focal points in a border but I've found them a bit more difficult to establish.

The three most common in our Central Victorian garden are all "silvers" or "greys": *Euphorbia myrsinites*, *E. rigida* and *E. pithyusa*. *Euphorbia myrsinites* is great in the rock garden and sprawls over the ground so looks great draped over the edge of a large rock. *Euphorbia rigida* is more upright and can be a dramatic feature in a border or xeric garden. These two have actually hybridised and most of our plants are a mix of them with some characteristics of each parent and super-sized flower-heads!



Euphorbia hybrid (rigida x myrsinites)

The rock garden in spring is awash with the acid-yellow of these contrasting with the massed silvery foliage.

The third one, *Euphorbia pithyusa*, is called "the Hedgehog Spurge" and when small forms a tight bun or "hedgehog" however with age it spreads out; when in flower it can look quite impressive but as the flowering stems wither it becomes quite drab and the shears (and protective gear) are called for. As you might expect these can self-seed and thanks to an ingenious mechanism of the tri-part seed capsule contracting as it dries, the ripe seed can be catapulted even as far as a couple of metres away – a good reason not to plant them on a boundary fence!



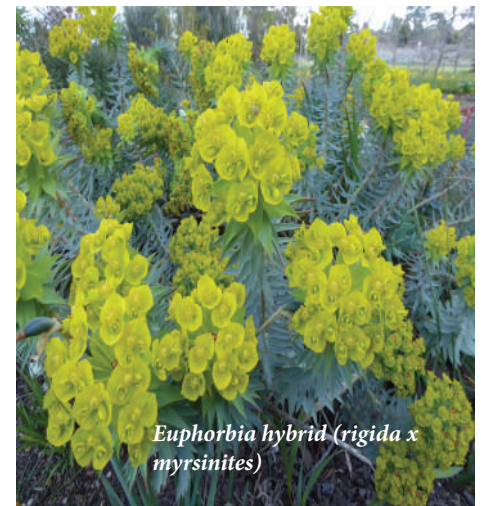
Euphorbia hybrid (rigida x myrsinites) flower head

We got a very attractive species called "The Caper Spurge", *Euphorbia lathryis*, from a friend who warned us to keep it at least 3 metres from any boundary.



Caper Spurge

It took a couple of years to establish itself but now pushes that 3 metre limit for its range! Despite its dramatic appearance of stately upright growth of dark green leaves with a paler mid-rib I've decided we really can live without it so seedlings are being hoiked out when they appear. Fortunately it's not a long lived plant so we'll eventually be rid of it. Despite its name I wouldn't suggest you try it in your cooking!



Euphorbia hybrid (rigida x myrsinites)

Cheers
Fermi de Sousa
The Redesdale Rock Gardener



Hello Dear Readers,

Lady Bombay here with the Spring tips. By the time you read this, hopefully the heavens will have opened to give us a lush oasis of nitrogen filled delight to our gardens. As I look out my office window, Thorn, the gardener, is under strict instruction to remove by hand, all signs of cape weed in the lawns. As much as I reflect on times gone by of making daisy chains as a child, they really are a menace.

I am told by Thorn, the gardener, that it is like removing coconut off a lamington. I call it character building. Plus they will be ready for any croquet match for the coming season. Here at Mia Mia Manor, there seems to be an unusual influx in the rabbit population. They seem to have wised up on the ingestion of the buddleias, as they look like the healthiest rabbits I have ever seen and fearless! Even poor old Randy, the black Labrador has given up and said, "After you". Where's Mr McGregor when you need him?

However, my urge to keep planting is relentless. I have come upon a grey leafed daisy, not sure of its name as I bought it at a farmer's market. They have a leaf like a cabbage and so far, seem to be bomb proof and off course are yet to flower. Not touched by those lapin bourguignonne fiends. Shall keep you up to speed with its progress. Thanks to the glories of the birds and the bees I have a vast collection of self-seeded prunus trees which I have potted up. Although they are a little bit on the common side or as Lord B describes them as a "little bit of a suburban nature strip" at Mia Mia Manor. They are a great filler whilst waiting for other trees to grow plus they have a charming blossom and did not cost a cent, which I pointed out to Lord B. A mutter with a tap of his pipe on the ash tray was his response.

I had our little gardening group for morning tea the other day. We call ourselves the 4Gs. Green grannies gardening group. We had a lovely high tea on the front veranda which was the first one for the season. A guest and possible new member came along, although we wouldn't be the 4gs anymore. Mrs Sylvia Phillpotts admired my tiled floor on the front veranda only to notice on closer inspection that it was painted squares which Thorn, the gardener and I did at least twenty years ago with masking tape and a paint roller. I recall that it was an ultimatum of pay for the tiling on the front veranda or a trip to Italy. Need I say more.

I was delighted to discover that my dear friend Contessa Von Carp had left a dozen eggs for us on the kitchen dresser. They were mammoth. I wonder what she feeds her chickens? Dynamic lifter I suspect.

Daylight savings shall be soon upon us which will give us that extra time for hortensius delectate, and Lord B shall have to turn forward all thirty clocks in the house.

Hope springs eternal and yes, it is that time of the day for mother's ruin.

Looking forward to seeing you all at the forthcoming fundraising event for Bridge Connection at the Redesdale Hall.

Lady Sapphire Bombay



Bombay and a Bex

Send in your questions for Lady Sapphire Bombay to bridgeconnection.editor@gmail.com

Dear Lady B,

My husband collects toys. He has a whole room of them in cabinets. I don't mind that he is reliving his childhood, but they seemed to be encroaching onto my kitchen window sills outside of which instead of looking at my primulas, I am currently looking at R2D2 and C3PO figurines from Star Wars and has just come home with Darth Vader and they are 50cm high and of considerable weight. Help me OB1 Kenobi! Daisy Distracted

Dear DD,

I though Lord B with his clocks was a worry. At least I know what the time is from room to room. Not sure which country. I suggest that it was possums that knocked them off the window sills which will create instant death to them. If you have a cat, even better as it was after the bird. Make sure he is in ear shot when you scream out, "Oh no, look what the ***** has done!" for his quick horrified reaction. Guaranteed he shall not place them there again. If he does, it's what I consider as a reactive task over a period. A slight tippie of Mothers ruin to calm the process. Fait accompli. May the "force" be with you.

Lady B

**"All gardening is landscape painting".
William Kent**

Did you know...? TITBITS

Marilyn Monroe had six toes on one foot.

Talk-show host Oprah Winfrey and Elvis Presley are distant cousins.

If you place a T bone steak in a bowl of Coke, it will be gone in 2 days.

In outer Mongolia, drunks slurp down a pickled sheep's eye in tomato juice to stave off hangovers.

They have square watermelons in Japan. They stack better.

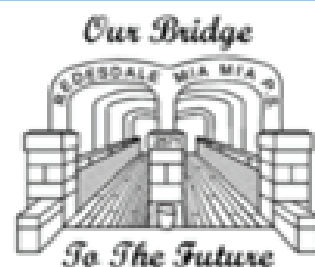
Acting Principal: Trish Johnstone

Phone: 5425 3155

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redesdale.mia.mia.ps.ps@edumail.vic.gov.au

Redesdale Mia Mia PS



School news

Book Week

The sun was shining and students enjoy reading and talking about their favourite books. We had Spiderman, Batman, the Mad Hatter, Princess Bubblegum, Bees, Harry Potters, Little Red Riding Hood, Grandma and Ned Kelly! We had a very special visitor at recess, Little Bo Peep, who found one of her sheep! Thanks to parents/carers for helping children get dressed up to celebrate the joy of books and reading.

Loreena Carrington Illustrator

During Bookweek we had a visit from illustrator Loreena Carrington. She worked with students to create a 'photograph' using the sunlight. A fantastic experience for all students. Please check out Loreena's fabulous book that she illustrated, 'Vasilisa the Wise & other tales of Brave Young Women' written by Kate Forsyth.

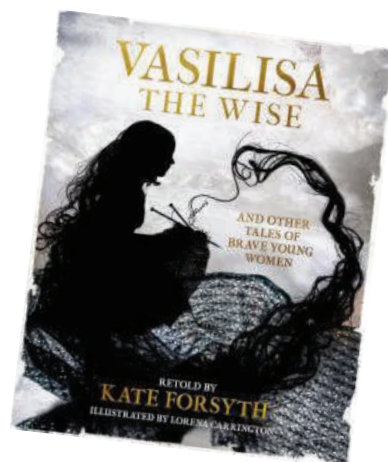
Grade 3/4 camp

Jayden & Ms Groves had a great three days away at Lady Northcote camp.



2019 Prep Students

Enrolments for Prep students for 2019 are welcome now. Enrolment forms are available from the office and we welcome any visitors who would like to come for a look around to chat about the school and see the great teaching and learning in place.



Women – doing things differently

Earlier this month I was fortunate enough to attend the 2 day Women of Community Retreat in Swan Hill. Run by LEAD Loddon Mallee, this workshop brought a dozen women together to consider the importance of ensuring we are strong and resilient if we are to actively support and lead the change in our diverse rural communities.

As a 'city' girl it was humbling to listen to their stories and understand what life on the land means and what it dishes out to individuals and families. But it was also reassuring to recognise that in the end we all want the same things for ourselves and our families and communities – we grapple with balancing time for self Vs others; we want more hours in every day to cover all the activities and people that are important to us and we need to better understand how to deal with change – big or small. The facilitators challenged us to look to our past and our failings for insights into changes we have and have not done well. They shared with us a number of easy 'tools' to use to better understand and deal with change and help our communities do the same.

The stand out for me was after dinner on Sunday evening. Each of us had been asked to write down any behaviours – or things that we do – that just aren't helpful any more in dealing with our ever changing lives and communities. Things that we've clung on to, but if we are to be truthful, just aren't helpful anymore. That was challenging in itself!

We then met around a small fire and committed each 'behaviour' to burn to ash. It was a powerful and quiet moment. The lighter side was the next morning when we went back to where we had set up our bowl and found that all our "old and useless" behaviours had burned the bottom out of the (metal – yes, we should have known!) bowl and seared the earth! (See below) We laughed a lot – but the symbolism wasn't lost on any of us.



It reminded me of the definition of insanity attributed to Einstein: to continue to do the same thing again and again and expect a different result. We each committed to changing how we think and behave because we want different and better outcomes for ourselves and our communities. I was proud to be one of them.

Kym De Lany

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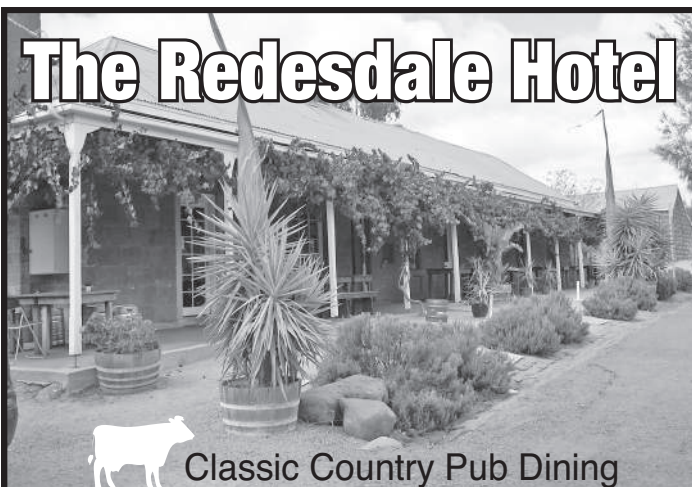
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Your Health! with Dr Tim

Stroke - think FAST

There's only one part of your body that is more dependent on a constant supply of oxygen and glucose than your heart, and that is your brain. If blood supply to any part of the brain is disrupted for any reason for as little as a few minutes, then the nerve cells in that part of the brain will cease to function, and die shortly afterwards.

A few minutes does not seem like a long time to make a decision and act appropriately if you think you're having a stroke, but in the right circumstances making the decision to get medical help FAST can make a big difference to the outcome.

Now you could do worse than ringing triple zero, in any case, if you think you're having a stroke, and then explaining to the operator what symptoms you have. They are trained to deal with these sorts of calls appropriately. It's not ideal to call in the middle of the night with a "dead arm" only to realise a few minutes later that you'd slept on it the wrong way. But much better to be slightly embarrassed than disabled by a big stroke.

So what are the clues that something serious is going on? The most common type of stroke is caused by a clot travelling up the carotid artery. From there it is most likely to lodge in the middle cerebral artery which supplies blood to the MOTOR cortex of the brain. The most likely symptom of a stroke is therefore WEAKNESS of muscles - depending on the exact location of the clot - FACIAL muscles, ARM muscles, or SPEECH can be affected - TIME then to call "000". Hence the acronym FAST, promoted by recent ad campaigns from the National Stroke Foundation.

It is important to be mindful though, that ANY disruption or cessation of normal brain activity could signal a stroke. Blindness or reduced vision, persistent numbness in arms or legs, or lack of balance can all be caused by stroke. Pain is NOT a feature of stroke, except in the case of haemorrhagic stroke, where sudden bleeding from a cerebral artery into brain tissue creates excessive pressure around the bleed, also cutting blood supply. The blood also causes irritation to the lining of the brain which causes sudden severe headache in this case.

Add to this the fact that migraine attacks can sometimes be remarkably similar to symptoms of stroke, and then you can imagine it is not always easy to diagnose a stroke. It's not an uncommon situation for patients to be seen by specialists and have MRI scans, and still be unsure at least in an initial presentation to an emergency department, about whether or not a stroke has actually happened!

Remember though that the commonest types of stroke are easy to recognise and can be treated if you act FAST. Anything that is more subtle and difficult to diagnose is also going to be more difficult to treat - it's worth taking the time in those situations to get the diagnosis right, but still definitely worth getting to see a doctor as soon as possible.

The other pieces of information that raise the suspicion of a stroke are the various risk-factors that the person displays. Is the patient smoking? Is there a history of high blood pressure, diabetes or high cholesterol? Has an older family member had a stroke? Is there a heart condition which might predispose to stroke?

Some patients who take blood thinners are less likely to have stroke. It is still unfortunately possible, though in most cases much less likely, to have a stroke on blood thinners. How old is the patient? Stroke is far more common in older people though still happens sometimes in very young children.

These risk-factors point the way to effective prevention of stroke - managing blood pressure, managing diabetes, quitting cigarettes and eating a healthy diet. Remembering to take prescribed medication regularly such as aspirin or other blood thinners is obviously important.

The bottom line though, is if you think it may be a stroke, call "000" FAST.

Dr Tim Stobie 5422 1397



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Redesdale and District Association AGM - some of the new team:
L to R: Sarah Trezise, Gloria Pocock, Simon Webb, Kym De Lany, Rob Abramowski & Pan Prendergast. Story on page 18.

Letter to the Editor

PLEASE NOTE:

Views expressed in this newsletter are not necessarily the views of the publisher of The Bridge Connection.

Dear Editors,

In his monthly report to the community (BC September 2018) RRRC Chairman Les Pocock drew attention to the significant progress which has been made in recent months towards making the pavilion at the reserve a viable community facility and it is now certain that it will be available for, among other things, a CFA administration centre should we experience 2009 type fire events over the coming summer period. CFA personnel have already viewed the building with this in mind.

RRRC committee members have contributed many hours of voluntary work in transforming the building from an embarrassing eyesore to a functional property. Les, Gary and Lindsay have been especially instrumental in this endeavor and the generous donation of windows (by the Carmody-Bairds) and a favourably priced sliding door (BC advertiser Tucks Windows) have helped bring about the transformation.

Les also informed readers he will now step down after more than 4 years as chairman of the RRRC though he will remain on the committee. Under his chairmanship, the committee has been active, visible, easily contactable and highly communicative to the local community. All members have contributed many hours of effort towards transforming the reserve into a venue we can all be proud of. Mike Abramowski has agreed to take on the chairman's role and we can look forward to further improvements to the reserve under his leadership.

Les can be justifiably proud of the many and varied long overdue initiatives instigated at the reserve under his leadership.

Rod Gibson, Redesdale.

Letter to the Editor

PLEASE NOTE:

Views expressed in this newsletter are not necessarily the views of the publisher of The Bridge Connection.

Dear Editors,

During October, the Kyneton Theatre Company is presenting the Lionel Bart musical Oliver! There will be ten performances - six evening (8pm), and four matinee (2pm) one of which will be a concession card holders discount event.

The production will have strong Redesdale connections, - the male lead character, Fagin, will be played by Don White, and six Redesdale Revellers have parts in the show including the Revellers' Orchestra, Mary Potton, who will play piano as part of the orchestra.

The other Revellers are Rexine Perry who will play the female lead character, Nancy, Dennis Perry - Dr.Grimwig, Pip Elston - Mr.Bumble, Wilma Brentnall - Old Sally, and John Barker - Mr.Brownlow.

As well as being good entertainment, the production of Oliver! gives twenty or so kids the opportunity to appear on stage and exposes them to learning music, choreography, teamwork, the imposed discipline required to run a stage production, and the personal discipline and sense of responsibility needed to learn songs and lines etc. Some of them might go further and make a career for themselves on the stage, who knows? Whether they do or not, they will, at least, have had the learning opportunity and the chance to give it a try.

These sorts of opportunities can only occur if the overall venture is supported by the general public and I urge your readers to consider a night out at the Bluestone Theatre, Kyneton to see Oliver! - they won't be disappointed.

John Barker, Redesdale

Around the farm



We've had some successful events of late with some more exciting happenings coming up.

On the 30th August we hosted our first Trivia Night at The Bells Hotel in South Melbourne. We raised almost six thousand dollars which all goes to helping our animals. Thank you to everyone who came along. A huge thank you goes out to all the businesses that donated prizes for our auction and raffle - Animus Distillery, Artist Photographer, Ella and Friends, Linen House, Alyce Alexandra, JP Pouches, Volume Hair, The Pet Grocer, Aucuba Coffee, Lauriston Press and Middle Park Bowls.

We have an Open Day coming up on the 7th October (which happened to be our 1st birthday!) and another one set for the 25th November. Bookings for October can be done at bit.ly/lokisopenday. Our Open Days provide an opportunity for you to interact with our animals and learn more about them. There will also be food and coffee provided as well as opportunity to purchase some of our fundraising products, which includes our popular handmade candles. Alternatively, feel free to bring a picnic and enjoy the farm.

We are also taking part in Vegecarian Festival. Held annually at The Great Stupa of Universal Compassion in Bendigo, this is a festival celebrating vegetarianism, veganism and animals. There are lots of stalls to check out as well as speakers. For more information visit their Facebook page.

We have our second yoga retreat coming up on the 19th-21st October. The retreat consists of meditation, slow vinyasa and yin yoga, a meditation walk at Black Hill Reserve, delicious vegetarian food, a tour of the farm, candle making and optional reiki. The retreat is limited to eight places so contact us for more information or to book your place.

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RECIPE OF THE MONTH

36 AFFOGATO

Serves 6



Affogato, (Italian for drowned) is a very simple coffee based dessert, consisting of icecream, coffee and Kahlua or Frangelico.

INGREDIENTS

1 litre of vanilla icecream
1 shot glass of freshly brewed coffee per serve
1 shot Kahlua or Frangelico per serve
Biscotti

METHOD

Place generous scoops of icecream into individual serving glasses. Serve together with individual shot glasses of coffee and kahula. When ready to eat guests pour coffee and liquer over icecream. Serve with biscotti.

Note: Shot glasses are obtainable at Ikea.

Thank you to Jill James!

DON'T MISS OUT ON AN ISSUE!

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Quote of the month:

"For the great enemy of the truth is very often not the lie - deliberate, contrived and dishonest, but the myth, persistent persuasive, and unrealistic. We enjoy the comfort of opinion without the discomfort of thought."

John F Kennedy

A snuffle of echidnas

I'm not sure what the collective noun for echidnas is but there are a lot of them about at the moment. This one was snuffling around in Redesdale last week.

Here are some interesting facts about our prickly friends. Their spines are actually modified hairs.

Echidnas live slow and long. Male echidnas have a bizarre, four-headed penis.

Echidnas form mating trains. Echidnas are egg-laying mammals.

Echidnas are mammals without nipples.

They are electroreceptive. They're toothless but make up for it with their tongues. And all in our back yards!



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