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CNAV
Community Newspapers

ISSUE NO. 100 November 2018 **FREE**

For the Mia Mia- Redesdale Region including:
 • Heathcote • Derrinal • Glenhope • Baynton • Sidonia • Barfold
 • Langley • Sutton Grange • Elphinstone • Kyneton • Metcalfe

BRIDGE CONNECTION

COMMUNITY NEWSPAPER

f facebook.com/RedesdaleMiaMia

Bridge Connection celebrates 100th edition with fundraiser



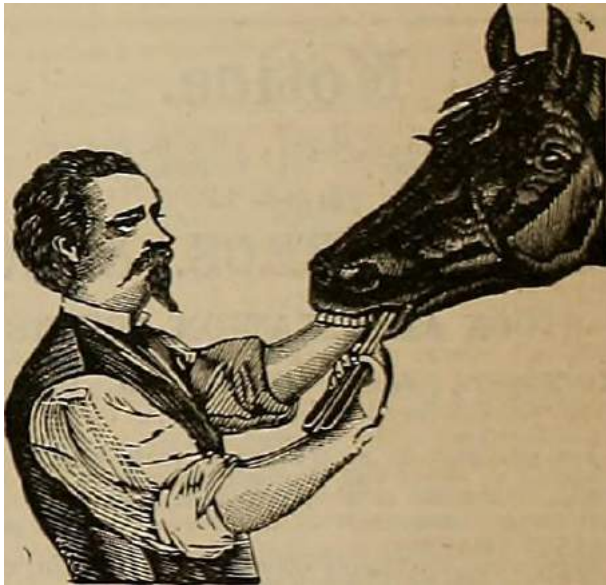
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Hello Readers,

Episode 19 of the Munro letters is unfortunately the last one. We hope you have enjoyed it (pages 6, 8).

The Bridge Connection Fundraiser was a huge success. Thankyou to everyone who supported us report on (pages 14, 15).

Grab a bargain! There is a ladies fashion sale on Nov 24th Redesdale Mia Mia Primary School (page 12).

Lots of things are happening at the Redesdale C.F.A (page 16).

The Mia Mia Muster is on again Nov 24th, 25th (page 22).

December Bridge Connection will be the last one for 2018 so get your copy in for January and February by November 20th. After the next issue (December) the next issue won't be until March 2019.

Happy punting during the Spring Racing Carnival!



Regina Bennett



Kathy Hall

Co-Editors

Kathy Hall

Regina Bennett

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Kathy Hall and Regina Bennett

BRIDGE CONNECTION COMMUNITY NEWSPAPER

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- 2nd Tuesday monthly, 1pm - Hall Comm. Meetings.
- 2nd Tuesday monthly, 7 pm - Rec. Reserve Meetings.

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Jorja Bennett

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Sutton Grange Hall Events

Saturday 10 Nov 10th Bingo. 7 pm start. \$5 per card.
Supper provided. Prizes for winners .

Sunday 2 December 2nd Christmas Tea. Satrt 6 pm. bring
a main and desert to share. Santa visits at 8 pm.

Monster lizard at the store?

News from Campaspe Valley Landcare:

Visitors might have been wondering about the replanting at the front of Redesdale's General Store. Thanks mainly to our local Landcare president (Phil Don), the garden beds in front of the store have been weeded and planted out with a mix of locally indigenous flowering herbs and a plant 'sculpture' of a large lizard filled with succulents. Here's hoping they all grow well and the lizard gradually materializes as the succulents spread within the planned outline. The idea grew from a similar sculpture seen elsewhere (see illustration below).



Be Inspired!



Mia Mia Uniting Church

Our beautiful bluestone church in its idyllic setting has been serving the community since 1875.

We still want our lovely little church building to serve our community.

Our desire is to keep the church vital rather than sell it but recognise the realities around doing this by a small and ageing church community.

We would like to hear from the community about ways our building can be of use.

If you can help or have suggestions please contact Mary 54255551 or Jim 54255514



Swing into spring with the Mica Grange Open Garden and Sculpture exhibition

Featuring more than 60 sculptures and a vast array of garden art the exhibition provides garden lovers with creative ideas on how they can enhance the beauty of their gardens. The sculptures and art are complemented with plants and preserves, providing something for everyone with prices ranging from \$7 to \$7000.

Lunch, morning and afternoon tea are served on the deck with its panoramic views overlooking the Sutton Grange valley from 10.00am to 4.00pm. The abundance of gardens, including a Fairy Garden, a large vegetable garden, expansive lawns and stunning views make Mica Grange an idyllic location to relax, meander and enjoy the beauty of garden and the wonders of art.

Entry is \$6 per adult, children free.

What: Mica Grange Open Garden Sculpture Exhibition.

When: Each weekend from October 27 to November 25 plus the Monday, Tuesday of Melbourne Cup. Group bookings are available during week.

Where: Mica Grange 373 Faraday Sutton Grange Rd. Sutton Grange. M/A Tea, Lunch, available.

Contact: Ph.5474 8262 or 0499 897242. Visit www.micagrangecom.au for further information and directions.

See page 2 for flyer

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THE MUNRO LETTERS

(Apologies: the last Munro Letter was headed Episode 17. It should have been episode 18. Eds)

Episode 19

We continue the 1842 letter from David Munro to brother Alex in Scotland.

The second cause I mentioned of the present embarrassed state of the colony was over speculation. This is universally admitted here; indeed there is no concealing it now; its effects are so very apparent in those who played the most prominent part of it. I wish some merchant or banker or other business man who had observed the whole were to give you an account of it. I am sure you would be astonished and amused. The people themselves admit that they were mad. One gentleman told me that at one time he defied you to buy anything here that you could not sell the next day at a profit. But land was the grand rage. That was the way to make money. Everyone bought land and outbid his neighbour. It seemed to be conceived that it was impossible to pay too much for it. Heaven knows what people imagined the colony was coming to, but undoubtedly opinions on this head were current, which put it upon a footing far above any country on the face of the earth.



Pegging out at midnight, under the Land Act 1869
(State Library of Victoria, IAN01/08/88/supp/17, wood engraving by Samuel Calvert)

There was a great deal of gambling in this too; many persons bought land, not to hold it but to sell immediately at a rise, but the effect of this was, of course, to encourage the delusion. I heard of one allotment in Port Phillip which was bought originally for £100 and changed hands rising in price till it reached £5000 and the cases of this nature are very numerous.

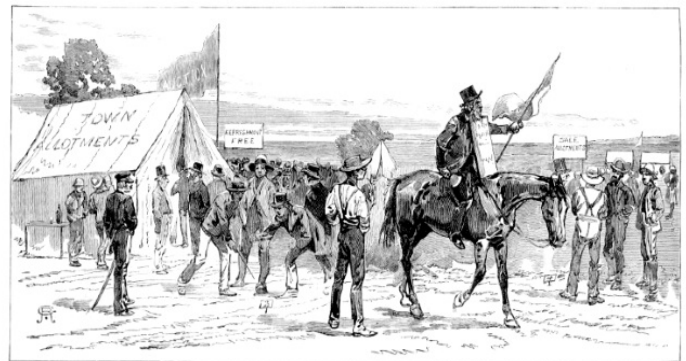
You will ask where did the funds come from to carry this on. At that time the banks discounted freely and afforded every facility for speculation. They soon, however, drew in their horns and are accused among other things of being in great measure the cause of the present distress. The quantity of money which changed hands in these times must have been immense, but I do not attach much importance to this. The circumstance which I consider as having affected the colony most injuriously was the immense sum paid to Government for land and which passed out of the country. It is very true that an equivalent was obtained for this in the shape of labour, and if the money by which this labour was procured had been capital accumulated in this country, it certainly could not have been more profitably laid out than by employing a certain proportion of it in importing the means of making more capital. But this was not the case: the greater part of this was done with borrowed money and the colony was drained of its resources and saddled with debt for the benefit of the English ship owners who were the persons that really profited by the insane land speculations of Australia.

I cannot help thinking that a method might be devised by which a colony, which has arrived at the state of maturity of NSW might import its own labour without impoverishing itself. Under the present system, see the working of it. A large sum is paid to Government for land and this is paid to Messers Carter and Bonus and others who bring out emigrants in their vessels and, of course, make their profit by it.



ST Gill, The Newly Arrived. Watercolour, 21.8 x 14.8 cm. State Library of New South Wales, Sydney.

The capital is lost to the colony or, which is the same thing, on the bounty plan as persons in Australia pay so much for the passage of a servant to the colony in an English vessel and recovers the sum on arrival. In this case, of course, it is the English ship owner also who makes the profit. But would it not be possible to bring out emigrants in ships owned in Sydney and manned by Sydney crews and thus to preserve to the colony the sum paid to Government for land at the same time that the benefit of the importation of labour was obtained?



Auction Day in 1837, selling off Melbourne.

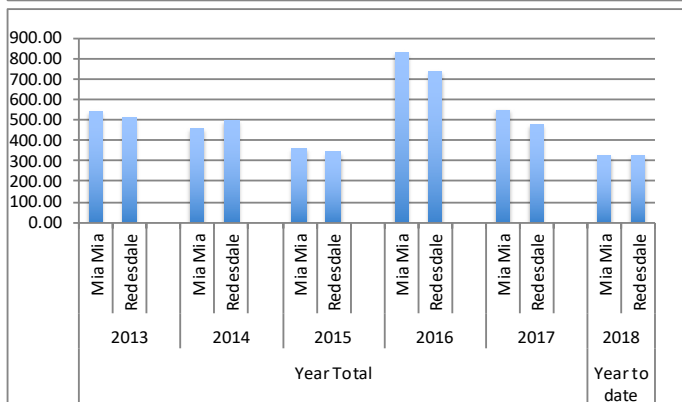
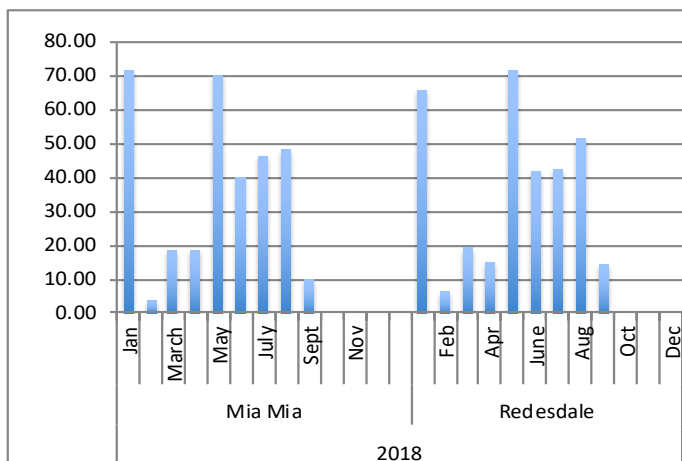
The proprietors and purchasers of land would perhaps say that it mattered little to them when they bought an allotment whether the money went into the pockets of an English merchant or a Sydney one, and I have seen elaborate reasonings founded upon this narrow view of policy; but for my part I consider it of greatest consequence whether a large sum of money goes out of the country or remains in it. It is unnecessary to say when it is gone, nothing more is to be expected from it, but while it is in the country, in whose hands it is, it is circulating and increasing the markets, developing resources, and doing the country good in many ways.

Continued on page 8



The average yearly rainfall for Redesdale is about 601mms.

Thank you to Mary Bennett for the Mia Mia readings.



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Metcalf: 2nd Sunday of each month
Mia Mia: 3rd Sunday of each month
Sutton Grange: 4th Sunday of each month

Morning tea is served at each of these Uniting Churches at 9.45 am and services start at 10 am. If there is a 5th Sunday in the month, services may be found at Kyneton.

CATHOLIC CHURCH

Redesdale: 2nd Sunday of each month 11 am



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Badminton

The Summer season of the Kyneton Badminton Association commenced on 8th October. New players of all ages and abilities are welcome to join at any time. Competition is held on Monday nights from 7:00pm at the Kyneton Toyota Sports and Aquatic Centre. For more information contact Kevin Roberts on 5422 3057

Graham Smith



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Continued from page 6

At the same time that the colony was expending such immense sums on the importation of labour, the ordinary imports of the country were increased to an enormous extent, surpassing the amount of exports by a ratio 5 times as great in some years. It is needless to comment upon this, as much so as if I were to prove to you that a man with an income of £100 a year would be ruined if he were to spend £1000. Yet this is the position in which the colony has placed itself.

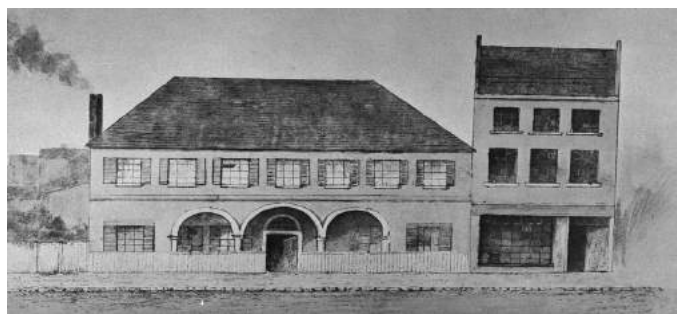
On the subject of credits, discounts, introduction of British capital etc, a business man could give you much more information than I can – this much, however, is intelligible to all. While the country was advancing rapidly, capital pouring into it, increase stock bought up at high prices, the towns extending and land in them and in the neighbourhood acquiring an enormous and absurd value, wealth was often rapidly acquired and immense profits realised. The advantages to be derived from this state of things, of course, everyone wished to partake of. The rage for speculation was produced and the over-estimate of the colony of which I have so often spoken formed.

All sorts of schemes were entered into with the prospect of making fortunes in an incredibly short time. Buying land, buying stock, and commercial speculations were undertaken upon borrowed money. This of course in a country advancing so rapidly was not lent save at a high rate of interest. The banks, however, discounted very readily and were not very particular in examining into the endorsements of the bills. Many of these speculations did not turn out so well as was expected. The projectors of them had no alternative but to become bankrupt or to borrow more money in the hopes of still retrieving their fortunes.

This was done at the most exorbitant rates of interest; they found themselves only deeper in the mire and their property passed into the hands of the usurers. Some of the men who have the most splendid houses in Sydney and roll about in their carriages have made their fortunes by taking advantage of the necessities and distresses of their fellow men.

If the prosperity of the colony had been founded upon a more substantial basis, if there had been less absurd speculation, they might have done good instead of doing harm. It might have been profitable to borrow money at 15%, but this has not been the case. The present 12% may be taken as the medium at which the banks discount, but it is believed to be their intention to reduce it further immediately as it is unanimously agreed that 12% is a rate of interest that cannot be afforded. I don't know if you are aware that the banks are obliged to publish quarterly accounts of their financial condition. These for the last quarter have just been published. They are satisfactory on the whole as exhibiting a large proportion of assets to liabilities, but they show also that the extent of accommodation afforded by them is equal to £5 to every individual in the colony.

The same injury or to a greater extent, is done to the colony by Loan Companies as by banks. These mostly lend money upon landed security or other property. I should imagine that they paid very well and if things continue as they are at present, they will be likely to get all the real property of the country into their hands.



Bank of New South Wales, head office, 1822–53. State Library of NSW, Government Printing Office 1 – 17946

Here ends the remarkable series of Munro Letters. We hope you have enjoyed them. Eds



Woodend Community Farmers' Market

Sat 3rd Nov
Cnr High & Forest Streets, Woodend
0487 444 090 Sharon Kittson

Daylesford Farmer's Market

Sat 3rd Nov
Daylesford Primary School
03 5664 0096 Peter Arnold

Kyneton Farmers' Market

Sat 10th Nov
St Pauls Park, Piper Street, Kyneton
54 221 025 Veronica Manifold

Riddells Creek Farmers' Market

Sat 17th Nov
Riddells Creek Primary School, Riddells Creek
0408 254 626 Ali Bant

Lancefield & District Farmers' Market

Sat 24th Nov
Centre Plantation, High Street, Lancefield
0407 860 320 Meggs Hannes

Maldon Market

Sunday 11th Nov

www.vicfarmersmarkets.org.au

It is recommended that you check these dates with the market website if possible.

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Mamma Mia 2

Here We Go Again

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Queen Time

While many in the rest of Australia have been busy recently thinking about Royals, most beekeepers are busy thinking about a particular Royal – their Queen(s).

Win is just about to order a new Queen for each of his hives. The one year old Queens, put in this time last year, are beginning to slow down with their laying and the hives are thinking about (or are actually!) reproducing themselves by swarming.

The "old" Queens lay eggs in large conical cells the workers have built. These eggs and larvae are fed Royal Jelly and develop into new Queens. Meanwhile, the "old" Queen leaves the hive with up to half of its workers to form swarms and start new hives.

Beekeepers work hard to prevent that happening because they don't want to lose half their worker bees. Beekeepers always say that when you lose a swarm you lose any hopes of a honey harvest from that hive that year. And those of us who care about the indigenous environment, don't want wild European bees using the nectar, pollen and nesting hollows the trees in the bush provide, depriving indigenous insects, birds and mammals of those resources.

So beekeepers at this time of year go through every hive at least every 10 days to find and destroy any Queen cells. But they also usually replace the existing one year old Queen, who is now deemed "old", because bees with a young Queen won't swarm.

And where do you think Victorian beekeepers mostly get their Queens from? Well, Queensland of course!

Ingenuously, Queen bee suppliers have developed "cages" for Queens which they can send through the mail!

Each Queen is loaded into her cage along with half a dozen worker bees who tend her during the trip. The feeder tube of the cage is then closed up with a "candy", that includes some honey, and goes hard once it dries, preventing any bees escaping. The candy also provides the tucker to see the captive bees through their trip. Then the cages (postage is so expensive it is hardly worth ordering just one Queen – so a group of local beekeepers usually put in a joint order to make it worthwhile)

are taped together and an address affixed and the parcel is taken to the Post Office in Queensland.

As it is best for the Queen to spend as short a time in her cage as possible, I always ask the supplier to put them in the mail on a Monday (to give the bees the best possible chance of not spending a weekend in the mail) and I ask the Post Office in Kyneton to let me know as soon as the parcel comes in so I can run into town right away to pick it up.

One year, a Post Office staffer duly rang me, I dropped what I was doing and tore into Kyneton to pick up the parcel of Queens. I profusely thanked the worker who had contacted me and he said, "Oh, not a bother! YOU would get the owner to come in right away and pick up her parcel if it buzzed angrily at you every time you walked past the counter it was sitting on!"

Clare Claydon

Please remember – if you see a swarm, give Win a ring right way on 0427 389 681 or 03 5423 4152



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Are you election ready?

Euroa MP and Nationals Deputy Leader Steph Ryan is encouraging local residents to check their enrolment details, with Victorians heading to the polls on Saturday, 24 November 2018.

"The election is just four weeks away and people must be correctly enrolled by 8.00pm on Tuesday 6 November," Ms Ryan said.

"It is important for all Victorians to be correctly enrolled on the state electoral roll so they can have their say on polling day.

"It's quite easy to check your enrolment details online at the Victorian Electoral Commission website www.vec.vic.gov.au or by telephoning 131 832.

"Forms to enrol or update enrolment details are available from my office at 25 Bridge St Benalla, or by calling (03) 5762 1600."

To date, three candidates have announced their

intention to contest the seat of Euroa, including Ms Ryan.

"Australia is a democratic country and voters deserve a choice on election day," Ms Ryan said.

"Our democratic system won't flourish without competition – for ideas, policy and a vision for our region.

"That's why I've worked hard to secure the The Nationals' commitment to buy new trains and to deliver a better deal by injecting an extra \$12 million into council roads in our electorate.

"I consider it a privilege to represent the best part of Victoria and I will be working very hard to earn that privilege again."

For more information about enrolling, voting or standing for election, visit the Victorian Electoral Commission website at vec.vic.gov.au or call 131 832

Volunteering Made Easy at new Resource Centres

Have you ever thought about volunteering but don't quite know where to start?

Two new Volunteer Resource Centres are opening at Goldfields Library branches in the next few weeks where advice and guidance on local volunteer roles will be available.

Operated by Volunteer Central Vic, a service of Cobaw Community Health, and hosted by Goldfields Libraries, the Volunteer Resource Centres will be a place for interested people to drop in and find out about volunteering. The centres will assist prospective volunteers to link with volunteer opportunities across a wide range of community organisations. Information and support for those interested in volunteering will be on offer along with assistance for people to find and apply for roles on the spot.

The Centres will also offer support and resources to volunteer organisations looking to recruit volunteers. Volunteering not only benefits the organisation you are helping, but is a great way to make new friends, learn new skills, find new levels of fulfilment and self-confidence as well as become more connected with your community.

Anyone is welcome to come in at the times listed below and someone will be there to help with any questions you may have.

Locations:

9 Baynton Street, Kyneton, 10am-4pm every Wednesday from 31 October

212 Barker Street, Castlemaine, 10am-2pm every Monday from 5 November

Margaret McDonald, CEO Cobaw added 'This is a great partnership with the Goldfields Libraries branches and we are delighted to be able to partner with them to foster local volunteering'.

For further information contact Volunteer Central Vic on 54211666 or visit www.volunteercentralvic.com.au

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Council receives \$100,000 to advance gender equality

Macedon Ranges Shire Council has welcomed a \$100,000 grant from the Victorian Government to promote gender equality in the workplace.

Minister for Women for the Prevention of Family Violence, Natalie Hutchins, announced the funding for the Local Government Workforce Challenge at Council's Kyneton offices yesterday.

Chief Executive Officer Margot Stork said the funding, along with \$10,000 from Council and \$15,000 of in-kind support, would support Council's commitment to advancing gender equality.

"The Local Government Workforce Challenge project stems from our realisation that if we are to be leaders in this space we need to lead by example by making sure our workplace culture and ethos is inclusive and welcomes diversity, and that our policies and practices demonstrate gender equality," Ms Stork said.

"Many of us spend up to a third of our waking hours at work. It makes sense then that workplace-based approaches to preventing violence against women have significant potential for impact. Who doesn't want to work in an environment that supports equitable, inclusive and respectful attitudes and behaviours?"

Ms Stork said the majority of Council staff were also residents of the shire.

"It is expected therefore that their participation in this project will lead to increased community understanding of the link between family violence and harmful attitudes and social conditions such as gender inequality," she said.

Ms Stork said the project would benefit from knowledge obtained through Council's ongoing work in the area of prevention of violence against women, in particular the Rural Challenge Gender Equality Leadership program. The Rural Challenge Gender Equality Leadership Program builds the capacity of female and male leaders in CFA brigades and football-netball clubs to implement organisational and cultural change to embed principles of gender equality. It does this through a series of discussion-based workshops and mentored action planning.

Gender inequality is the root cause of family violence, and strategies that promote positive, equal and respectful relationships can help to prevent violence against women.

The Local Government Workforce Challenge initiative is supported by the Free from Violence Local Government Grants, which aim to support councils to embed primary prevention in their everyday work. The funding will be used on several initiatives for staff, including workshops.

- end -

Media enquiries: Communications unit, 03 5422 0310 or email comms@mrsc.vic.gov.au



Federal Member for Bendigo
LISA CHESTERS MP

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Taking care of the Coliban River

The long-term protection of one of the region's most important waterways is at the centre of an innovative 20-year plan bringing together government agencies, councils and local communities.

A Healthy Coliban Catchment focuses on the health of the Coliban River and its tributaries upstream of Malmsbury Reservoir.

For the first time, Coliban Water, the North Central Catchment Management Authority (CMA) and Dja Dja Wurrung Clans Aboriginal Corporation have joined forces to create a plan aimed at protecting water quality, the fauna and flora, and cultural history of the area.

"This area is home to significant numbers of threatened plants and animals and is a key social, cultural and economic asset for the region," Project Manager Nick Layne said.

"It supplies the raw drinking water for more than 130,000 people, including the towns of Bendigo, Trentham, Tylden, Kyneton and Castlemaine, and is a source of water for the region's rural customers.

"And the waterways are spiritually and culturally significant to the Dja Dja Wurrung people, as a source of tools, native plants, medicines and food."

However, Mr Layne said without a long-term vision and action plan, the health of the catchment is under threat.

"Existing and future development pressures, climate change and uncontrolled livestock potentially threaten the health of the upper Coliban catchment and its water security," he said.

"This project is a plan to protect the waterways and their long-term water supply, while boosting habitat connectivity and building cultural and lifestyle value across the region.

"We will work with local councils, landholders and communities on a range of on-ground actions, and planning and compliance strategies, to protect future water supplies and the environmental and cultural values that make the area so valued and sought-after."

A community reference group is being set up to help drive the project, and Mr Layne said 750 landholders with properties of two hectares or more had been sent a confidential survey asking for their input.

"We have asked them to tell us a bit about their properties and their enterprises, and what their long-term plans and priority issues are, so we can work with them as the project progresses," Mr Layne said.

"It would be great if all the surveys could be returned by the end of October.

"This is one of the most robust and integrated approaches to catchment management undertaken to date in Victoria, with both Coliban Water and the CMA committing more than \$5 million each over the next two decades."

'Lorissa' is closing down ☺
 ✓ size 12 -30
 ✓ locally designed and made ladies fashion
 ✓ in time for Christmas
You win!

LADIES FASHION

SALE

- Give yourself a treat?
- Christmas gift for a friend/family?

GRAB A BARGAIN
\$10 or \$20
 Dresses, pants, jackets, tops
 And accessories...

Want to make your own?
 Fabric remnants for sale too.

ONCE ONLY SALE -
IN REDESDALE

- Bring a friend
- Do some shopping
- Grab some afternoon tea....

Gold coin donation
 goes to RMMPS

Saturday November
24th

Redesdale & Mia Mia Primary
 School
 10.00am - 3.00pm

Gold coin donation gets you
 entry and a cuppa.



What's on



in the Heathcote Region

Tuesday 6th November 2018 – Heathcote's 137th Agricultural Show on Melbourne Cup Day – All the fun of a traditional country show! Fun for kids - Farmer Darryl & his furry friends, Professor Wallace's puppet theatre, Face painting, Balloon animals. *Working dogs *Horse show *Sheep & goats *Rides *Art & Craft *Community groups *Sideshow alley.....and lots more! Gates open to public 9am and competitors from 6am. Adults \$10, Ages 5-15 \$4, Under 5 free. Show Office will be open in Heathcote Guide Hall from Wed 31 Oct till Fri 2 Nov 10am-4pm and Sat 3 Nov 9.30am-Noon. Competition schedules and more information at www.heathcoteshow.wordpress.com. Venue: Heathcote Showgrounds, Crn. Chauncey Street and Caldwell Street, Heathcote.

Tuesday 6th November 2018- Melbourne Cup @ the RSL Hall- Time: 11am. Cost \$15 per person, children under 12yrs \$5. Chicken & Salad, champagne, fruit & cheese platters. Best dressed male & female, door prize, raffles, best hat, hobby horse race, and bet on the Melbourne Cup, come along for a fun day. Contact: Jeanette on 5433 4030 or 0419 561 360 or Vee on 5433 3787 or 0458 333 787 Venue: RSL Hall High St Heathcote

Friday 9th to Sunday 11th November 2018 – 'Noonameena' Passive House Open Days - Visit the only straw bale home in the world built to the Passive House Low Energy standard, right here in Central Victoria. Noonameena (a new AirBnB) will be open to the public as part of the Worldwide Passive House Open Day program. John and Kym are pleased to offer you the opportunity to experience first-hand what a thermally efficient, comfortable home can be that uses up to 90% less energy than a conventional home (for heating and cooling). By appointment only, with a gold coin donation to Whitelion - Please contact John via email: john@passivehouse.services or on 0422001924 to arrange a suitable time over the weekend. Also visit their website at <http://www.passivehouse.services>.

Saturday 10th November 2018 – Open Mic. Night - Strut up to The Catwalk and lay down some tunes. Singers, instrumentalists, poets, mime, bands are all welcome....Venue: Palling Bros Brewery, 168 High St Heathcote. Free Event. Time: 6pm-9pm. To register email brewery@pallingbros.beer

[pallingbros.beer](mailto:brewery@pallingbros.beer) .15 and 30 minute slots available.

Sunday 11th November 2018- Wine Down Sunday- The official Fringe Festival of the Bendigo Blues & Roots Music Festival. Enjoy Blues & Roots music served up with great wine and food at one of 5 unique locations in Heathcote. Take your pick from a diverse selection of venues hosting lunchtime/afternoon concerts each offering a different experience of wine, food, fun & music. All details and ticketing at www.heathcote.org.au Venues: are The Shiraz Republic, Merindoc Cellar Door & Bistro, Heathcote Winery, Munari Wines, Bridgeward Grove

Friday 16th November 2018 – Lions Night Market - Join us for a series of twilight markets in Heathcote's Barrack Reserve. The markets will showcase over 40 stallholders including local wineries, craft beer, food vans, local produce, bush market stalls, live music, entertainment and children's activities. Bookings for a stall can be made by calling Jean on 0400 675 995.

Saturday 17th November 2018 – Mudbrick Motley Theatre Production - 'Resting' – a comedy / drama written by Cen Fox, produced by Jenny Campbell and performed by Maree Hingston. 8pm at the Heathcote RSL Hall, High Street, Heathcote. Advanced booking information to come.

Sunday 18th November 2018 - Mudbrick Motley Theatre Production - 'Resting' – a comedy / drama written by Cen Fox, produced by Jenny Campbell and performed by Maree Hingston. 2pm at the Redesdale Community Hall. Advanced booking information to come.

Sunday 18th November 2018- Mimosa Glen Homestead presents Spring Wellness Days- Blossom- A Celebration Of Natures Beauty For enquires or bookings, phone Sue on 0438 568 570 or website www.mimosaglen.com.au , Venue: Mimosa Glen Homestead Lancefield/ Tooborac Rd Tooborac

Tuesday 20th to Thursday 29th November 2018 – BreastScreen Victoria's Mobile Screening Service – Book at breastscreen.org.au or call 132050 125 High Street Heathcote appointments available from 20 to 29 November 2018

Sunday
10th March 2019
9.00am-2pm

Redesdale **BUSH MARKET**

**CHILDREN'S
 ENTERTAINMENT**



Redesdale Hall @ the Agnes Mudford Reserve

~ Outdoor Stalls Available ~

Enquiries: Alwyn - 0419 513 976 or Carolyn-Anne - 54253194

Redesdale Bush Market - Sunday, 10/3/2019

Agnes Mudford Reserve, 2631 Kyneton - Redesdale Rd, Redesdale, 3444.

The Redesdale Hall Committee Inc. are holding their annual Bush Market in 2019 on the Labour Day long weekend at the "Agnes Mudford Reserve", offering something of interest for all ages.

Entertainment includes Music, Face Painting, an Animal Farm and a Jumping Castle.

Several Car Clubs will be displaying their vehicles on the day, with room for more.

The Market begins at 9.00 am and finishes at 2.00 pm on Sunday, 10th March.

Car Clubs and individuals with a classic car are invited to call in and display

their vehicles.....always very popular!

Car Clubs please phone Carolyn on 5425 3194 to ensure that we save enough space for you. ***

Enjoy a wide selection of stalls, ranging from local produce including olives, wine, honey, jams, chutneys, preserves, herbs, and a cake stall through to clothing - new, pre-loved and vintage, plants, fishing tackle, tools, art, photography, jewellery, candles, craft items, crochet, bags & baskets, glassware, crockery, bric a brac, food stalls, devonshire tea, ice cream, great coffee and lots more!

Why not invite your family and friends along to explore this very picturesque area in Central Victoria and make a day of it? Bring along a picnic rug or chair, enjoy the music and take in the local surroundings. (Please note that the weather can be quite different to other areas - sometimes drier! If in doubt, it's a good idea to check with the Weather Bureau.) All Welcome!

Outside Stalls Available - \$25.00 (Pre-paid).

Public Liability Insurance is required and available if needed at a nominal price.

Bookings and Enquiries:

Alwyn - 0419 513 976 or

Carolyn-Anne - 03 5425 3194.

* Like & Share Us on Facebook:
 "Redesdale Bush Market 2019"

HALL HAPPENINGS

With Norma Barker



Our afternoon tea dance on 23rd September was a great success, All proceeds of the afternoon, with a marvellous sum of over \$2,000 raised, will go to the Queensland branch of the CWA for distribution to needy families. The monies raised included a few very sizeable donations to the cause. We would like to thank all those who assisted us in the venture.

The Hall Committee has planned an 'Indoor Market' for Sunday November 4th at the Redesdale Hall from 9am to 3pm. Come along, find a treasure, or have a Devonshire Tea.

On Sunday 2nd December we have planned a Christmas get-together for the entire community, including children. We have timed it for 5pm with a 6pm meal. BBQ meal will be supplied plus sweets, - we would appreciate it very much if you would bring a salad or nibbles to share. BYO drinks.

Our cookery classes have had to be put on hold until we purchase a new stove, which we hope to do very soon, so maybe in the new year we will start again.

The year is almost at an end, we hope all will have a lovely family Christmas filled with good cheer and with good friends.

Norma.

Fabulous night with Jefferson Smith



Many people woke up the next day with aching backs and legs having danced and conga-lined through the Bridge Connection fundraiser night on October 6th. 105 people came and enjoyed a brief talk by John Ellis about the importance of community newspapers and why they should be printed as well as available on line. Printed copies hang around on coffee tables for the whole family to read and refer to for the entire month between editions. Local newspapers are surviving where larger newspapers are faltering, because the content is relevant to the community.

Lady Bombay Sapphire, assisted by well-known theatre identity, Maree Hingston, of the Mudbrick Motley Theatre Group in Heathcote, acted as MC and entertained in her usual "over-the-top" way!!

The community was very generous with donations for the silent auction and raffle prizes and the attendees were equally generous with their bidding. In all, Bridge Connection raised approximately \$7000 which will be a significant boost to the financial confidence of the paper. All the local committees donated either their time, catering expertise or food for the night. It was good to be able to work together for a common local cause.

Heathcote and District Community Bank contributed significantly to the success of the event by covering the expenses of the night with a \$2,859 grant. This enabled the organisers to afford the wonderful entertainer, Jefferson Smith, who managed to get even the most bashful amongst us onto the dance floor. Everyone enjoyed his performance. I expect we will see him at Redesdale again soon. The grant also

enabled the paper to invest in banners which will raise awareness of the paper at other community events. Stephen Trompp, Chair of the Board of the bank spoke of how committed it was to local communities and how different the experience of talking to your local (Heathcote Community – Bendigo Bank) is compared with the impersonality of the larger banks. I think we all agree.

So, thanks to the participation and enthusiasm of many community members and businesses and the amazing performance of Jefferson Smith we had a hugely successful and enjoyable night which will relieve the committee of its monthly financial angst for at least a year.

Kathy Hall

Air Roaster **Deidre Hankinson** Handmade rug **Regina Bennett**
Etching **Kevin Foley** Watercolour **Kathy Hall**
Canvassed drone photographs: **Local donor** 1a & 1b Central Redesdale **Local donor**
Mia Mia Bridge from afar **Local donor** Bridge close up **Local donor**
Hand –thrown porcelain violet vase **Gloria Pocock**
Cup and saucer porcelain planter with cyclamen **Gloria Pocock**
Charlie Carp fertiliser (5 litres) **Local donor**
Signature Edition 1000 piece jigsaw puzzle **Local donor**
Cattleman's pack: **Local donor** Akubra "Cattleman" and men's BBQ apron Titan Golf balls -
Pack of 3 boxes containing 12 balls. i.e. pack of 36 balls 4 packs **Gary and Pan Prendergast**
Coliban Valley wine – half dozen Heathcote Rosé 2017 **Helen and Greg Miles Coliban Valley**
Speedy sharp knife sharpener **Local donor** Barfold Estate wine pack **Sandra Aitken Barfold Estate**
Vermentino wine and 2 jams Artisan and Natural Walnut products. Donated by **Hilary and Mark Jankelson from Boonderoo Walnuts**

RAFFLE PRIZES

First Prize Whole lamb Donated by Regina and Matt Bennett
Second Prize Pineapple basket containing bath-time indulgencies
Donated by **Local donor**
Third Prize Barfold Estate wine pack Vermentino wine and 2 jams
Donated by Sandra Aitken
Door Prize Mount Lofty Jams
Donated by Jo and Chris Sargent
Mount Recipe Books donated by Craig and Lin Newton.
Seat Prize
4 Stella Artois stubbies
4 Bridge Commemoration stubby holders
1 Bridge Commemoration mug
Pack of Pringles Donated by **Local donor**



**Receiving grant from Heathcote and District Community Bank
Brad Todd, Kathy Hall, Terry Mackenzie and Regina Bennett**

Bridge Connection fundraiser



L to R Lisa, Michelle, lee, Yvonne



L to R Dan. Maggie, Liz, Graeme, Andrew, Shane

Below Stephen Trompp, Chair of the Board of Heathcote and District Community Bank



Thank you to the awesome wait staff L to R Alex, Steven and Mandy Jorja not in photo



L to R Meg, Marie, Joy, Bill, Regina, Matt, Jorja and Mary



Redesdale CFA is now in possession of the latest, state of the art, fire fighting tanker to be rolled out by the CFA. After 30 years of turning out in the old " Tanker One" ,we now have the most modern truck in the fleet. Boasting a 4000 litre water capacity ,crew cab seating, a remotely controlled monitor nozzle and new automatic/ semiautomatic gearbox, this 15 tonne juggernaut is a sight to see.

We are giving the community an opportunity to welcome our new firefighting appliance to Redesdale on November 25th at 10am at the Fire Station. This will be a unique opportunity to see, climb on and experience the latest in the war against bushfires.

The "Handover " of the tanker to the Redesdale brigade will be done by CFA hierarchy along with notable politicians. With a state election pending, it would be great to show our support, in front of these politicians, of our local volunteers and highlight what a great job our local firefighters do for the local communities.

It would be great to see as many local residents as possible turn up to support our local fire service.

A community Fire Awareness talk, with morning tea provided, will take place directly after the "Handover " at approximately 11am. This will be an opportunity to hear about how you can best defend your home, what your fire plan should look like, and many helpful survival tips heading into a long dry summer.

Please come along and meet your local volunteers, and learn all about what the Redesdale Fire Brigade has to offer.

See you there

Andrew Campbell.

Fire prevention officer.

The best prepared property award

It's happening right now. CFA volunteers are assessing properties around Redesdale to see who is in the running for a one hundred dollar Bunnings voucher. The hard working winner will be named after the official handover of the new tanker at 11am on Sunday the 25th of November.

The usual judging criteria still stands, a well maintained property with minimal fuel to burn, but we are also putting an emphasis on access. The new Heavy Tankers need 3.1m in height and width to access through your driveway. Once inside, is the CFA water supply visible and easy to get to? and a turning circle of 20m is needed to get out again.

If you wish to have your property assessed, we can pay you a visit. You can learn more at the Fire Awareness Meeting on the 25th or call into the Redesdale Fire Station any Sunday morning between 9 and 10.30am.

Finally just some tips on cleaning up your property.

- Once the grass has dried off, don't mow, it's too late. The largest number of fires that we attend are started, ironically, by people trying to reduce their fire risk.

- Use outdoor machinery in the morning or late evening. Avoid that 3 o'clock danger period where most fires seem to start. We very rarely attend a fire before lunch.

- Invest in an extinguisher. Many small sparks turn into large fires because people are not carrying any water .

- Check out the shed. Many smoulder and sometimes ignite on days of extreme heat, usually because of old and faulty wiring, piggy back plugs and overloaded extension leads and power boards.

Hope you have a safe summer.

Andrew Campbell.



Redesdale Fire Brigade

Invites you to a Community Christmas Picnic, an opportunity to come together as a community and celebrate the festive season.

16th December 2018

From 12pm

Agnes Mudford Reserve, Redesdale

BYO Picnic Lunch

Sausage Sizzle, Santa, Games and lots more!

More information to follow...



'Open Days' Mania – when will it end?

The recent Sustainable House Day (September 16) offered over 220 houses to more than 33,000 visitors nationally who attended this huge event across the country. The four local homes on show had in excess of 110 visitors each which made for a busy day and all the work worthwhile.

'Clearwind', 'Noonameena', Jocks Gully and 'Owl Woods' could not have got through the day without the wonderful support of our volunteers drawn from local teams, friends and the Macedon Ranges Sustainability Group, so a big shout out and thank you to all our friends and the MRSNG team. Que up for next year?



Gluttons for punishment, Clare Claydon from Clearwind will have been open again on the 28th October and John Beurle from Noonameena will have another open day as part of the International Passive House Open days set for 9-11 November. Come and experience a real passive home.

Why come to a Passive House Open Day?

Passive House building & design provides high levels of thermal comfort, clean fresh air 24/7 and ensure stable internal temperatures (20-25 degrees) 90% of the time.

This simple (scientifically backed) design and building methodology created in Germany is rapidly becoming the Gold Standard in the low energy, efficient construction of homes, schools, kindergartens and work places.

'Noonameena' in central Victoria near Redesdale is a straw bale home that has been built to the Passive House Low Energy standard and is open to the public as part of the Worldwide Passive House Open Day program. John and Kym are pleased to offer the opportunity to experience first-hand what a thermally efficient, comfortable home can be that uses up to 90% less energy for heating and cooling than a conventional home. Toasty warm in winter and cool during the hotter months.



On the shores of lake Eppalock 10 minutes from the hamlet of Redesdale, 20 minutes from Heathcote and only 90 minutes from Melbourne, Noonameena offers an opportunity to learn more about energy efficient building and enjoy the delights of the Heathcote wine region as well.

Please contact John to arrange a suitable time over the weekend. If you cannot make it this weekend, we are open on AirBnB so you can stay and experience the serenity and comfort of our (pet friendly) country home. We look forward to greeting you during this weekend.

Details can be found at www.passivehouse.services or call John on 0422001924



Redesdale Recreation Reserve Committee

Chairman's Report

November 2018

Hello to all

Over the next few months, (so you don't have to look at my mug shot each month), I will introduce you to the current members of the Redesdale Recreation Reserve

Committee.

This month's guest appearance is from Gary Prendergast our treasurer extraordinaire.

Gary and his wife, Pan, moved to Nth Redesdale Rd. some 4 years ago and have manicured an already beautiful property, Rocklands, into a masterpiece of gardens and vegetable patches, to such an extent that they participated in the recent open gardens that many of you would have visited.

Gary, in his past life, was a golf course architect and construction supervisor and brought this expertise to 'Rocklands' by creating a superb 9 hole putting green with sand bunker. He is offering a slab to anyone who can beat him!!!!

Gary and Pan have 3 adult children living in Melbourne. Pan has just recently retired from her profession as a kindergarten teacher in Melbourne and is getting involved with the community by taking up golf with 4 other local ladies and has just been elected to the RADA Committee.

Gary, in his role as treasurer for the past 3 years, is doing a fantastic job with full reports at every monthly meeting. He reckons the books balance anyway!!! Thanks Gazza.

Andrew Campbell, until recently, was a member of the RRRC, however with his new appointment as a director of

Bendigo Bank Heathcote (congratulations Andrew) his extra workload meant something had to give so he resigned from the RRRC. We would like to thank Andrew for his significant contribution to the RRRC. His local knowledge of the people and history of Redesdale was invaluable to the committee.

As a result of Andrew's departure we have a vacancy on the committee and would welcome anyone who may have an interest in the management of The Redesdale Reserve to join us. You can call any of the committee members listed below to find out more.

Lindsay Booker (secretary) 0448 021 544

Gary Prendergast (treasurer) 0409 705 250

Les Pocock. 0427 280 814

Emma Simpson. 0405 443 381

Rod Gibson. 0418 130 206

Ron Taylor. 0429 336 763

Happy days, Mike Abramowski, Chairman
0418319131

Right

Gary and Pan Prendergast



"October RaDA rumblings"

Hello Redesdallians

Welcome to spring! Wasn't it fabulous to see some serious rain on our paddocks. With spring comes renewal and so it is for RaDA. Thank you to the outgoing Committee members/representatives for your collective contribution.

October was the first RaDA meeting under the new Committee. For those that missed the office bearer changes: Gloria Pocock is now President; Sarah Trezise remains Treasurer; and Kym De Lany (me!) is the Secretary. We will share the responsibilities of membership across the Committee. We also have a number of new committee members who are full of energy and commitment to making Redesdale a fabulous small Victorian country town for residents and visitors alike.

In our 'first' meeting, we reviewed the backlog of initiatives and agreed to continue to work on:

- Cleaning-up of the roundabout (led by Jo Smith)
- The precinct project (led by John Beurle)
- Progressing the development of the Stone Reserve (led by Sarah Trezise)
- A 2019 Art Show (led by Gloria Pocock)
- Summer Movie in the Park (led by Andrew Campbell)

In addition, we want to:

- Introduce a community (letterbox) library (led by Pan Prendergast);
- Engage the community in selecting the artwork for the new town signage (led by Sarah T);
- Submit a proposal for a 2009 Bushfire memorial art installation (led by Kym De Lany);
- Hold a Ladies Fashion sale in November 24th. Put it in your diary now! This is a one-time opportunity to snap up a bargain before Christmas - or do your Christmas shopping perhaps? (led by Kym); and
- Clean up the website (led by Sarah T).

We want to continue the great work done to the website and make it the centrepiece for communication. Each month, I'll share with you some of the changes that you will see here. If there is something you are passionate about and would like to get involved in – or table for discussion – please contact me: info@redesdale.net. Many hands make light work?

May the rain keep coming and for those having a flutter on "the Cup", may your horse have light feet and a big heart.

Kym De Lany
RaDA Secretary

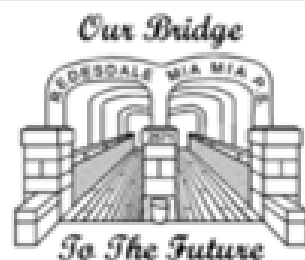
Acting Principal: Trish Johnstone

Phone: 5425 3155

Email:

redesdale.mia.mia.ps.ps@edumail.vic.gov.au

Redesdale Mia Mia PS



Vision:

The community of Redesdale-Mia Mia Primary School considers itself a family that fosters well-being and embraces diversity. We strive to develop independent leaders who are globally capable.

School news

MS Readathon

The staff and students of RMMPS would like to thank the Redesdale Mia Mia community for their amazing support of the MS Readathon. Students did their bit by reading at school and home and uploading their books read. They also did a great job fundraising. The students were well supported by Ms Groves, the classroom teacher, who ensured all children had plenty of reading material and encouraged every effort made.

This was a heart-warming result and a great reflection of the community spirit of the people who live and work in the area.

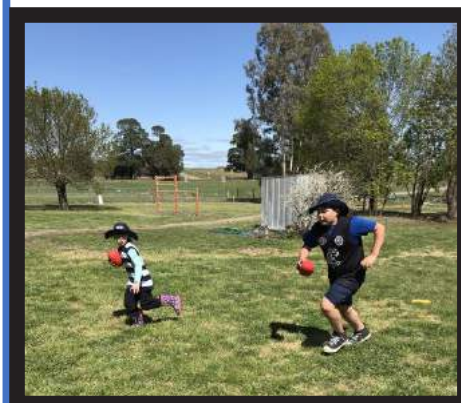


Footy Day

We had great fun on our Footy Day, making a footy folder, researching a footy player, eating hot dogs, practising our handball and goal kicking skills and singing our team's footy song.

First Aid in Schools

Students enjoyed their visit from Rachel and learnt some valuable skills. They practised making a triple000 call, what to do if someone is unconscious including how to put them in the recovery position. Students practised CPR and bandaging a wound.





Redesdale Ramblings:

Primula in Redesdale

When I was growing up you could go to the local Coles "variety store" and there would be trays of Polyanthus primulas in trays in full flower each spring. The assistant would use a spatula like a "cake slice" to lever out the row of plants you wanted, wrap newspaper around the base for you to take home to plant in your garden. They used to be very popular for "bedding schemes" and "ribbon planting" in single or mixed colours (red, blue, yellow, orange, pink or white). These days Polyanthus and other primulas are grown in seedling punnets or in single "bloomer pots" available at most nurseries through winter and spring, but I don't think they're as common as they used to be. Their bright, garish colours and rude vigour may have made them seem a bit coarse for the modern garden.

However, a resurgence of interest in the wild primrose (*Primula vulgaris* or *P. acaulis*) a number of years ago led breeders to release a series of "Primula acaulis hybrids". These combined the range of colours found in Polyanthus with the simplicity of form of the wilding.

When we came to Redesdale there was a single yellow primrose growing in a bed which lasted a few years but generally we've found they are practically annuals, not surviving the summer. However that doesn't stop us from buying a couple each year to plant out or keep potted till they peter out.

Last year we were once again tempted

and got a pot of the "Gold-Lace" primula which has dark red flowers with a yellow edging to each petal. Keeping it potted and in light shade over the summer it survived! This spring it has been a mass of flowers and it has increased in size, so I may have to be brave and split it up into smaller clumps – but I'll keep them potted. Gold-lace and other sorts of "fancy" primroses were popular during the "cottage garden" craze which swept the UK in the early 20th century and had a resurgence during the 1970s including here in Australia. Occasionally you find a nursery will carry a line of these older primroses or some modern re-creations. Our Gold-Lace Primula was from a retail nursery but the whole-saler is Antique Perennials Nursery in Kinglake. Their famous purple pots grace many a nursery across the state including The Garden Tap in Kyneton and Collectaflora in Woodend. One of the big commercial outlets even released a selection of double flowered primulas this year – taking photographs of them was as close as I got.

A slightly rarer plant is the Japanese Primula kisoana which we got from a friend in Melbourne who has it self-seeding in his garden. The one we got from him is pure white and looks so delicate I was surprised but very pleased to see it come through its first summer to produce a single stem of flowers before dying down for the winter to re-emerge and send up 4 flower stems this spring.

It might even set seed so we can keep it going – perhaps we could try it in the garden if we have enough "spare" seedlings to risk in the ground

(probably somewhere shady which we keep watered!).

A common primula in many gardens is *Primula malacoides*, the "Fairy Primula", with stems carrying whorls of flowers above the rosettes of fresh green leaves. These are best treated as annuals but they self-seed freely so that you'll never be free of them if they enjoy your garden! We got a pink one in a pot with something else a couple of years ago and the offspring are still coming up in pots on the bench where it was previously. However none have come up in the garden below them, so I wonder if we have something which devours the seedlings in the ground.

Another annual sort for flower-boxes or pots is *Primula obconica* which is much sturdier with quite substantial stems of umbels of flowers, usually in single colours but sometimes in soft apricot or lavender or brilliant magenta – pick the one that suits your colour scheme! These got a "bad rap" a while ago because some nursery-workers discovered they were allergic to the foliage which is lightly hairy so many nurseries stopped selling them. Hume & Iser (now Mitre 10) in Bendigo had a nice selection so we got a few to pot up. If they don't survive the summer we'll just put it down to experience!

Cheers,

Fermi de Sousa

The Redesdale Rock Gardener

*Left Pink and Blue Polyanthus
Below Pink Polyanthus*





Hello Dear Readers,

Such delight and salutations of making your acquaintances at the soiree recently. Just as well I dressed for the occasion with many a "selfie" to follow during the evening's festivities. Lord B described me as lady Gaga's grandmother. Not quite the look I was after. Call me Lady Bom Bom.

Now remember for one's garden at this time of the year. The nurseries are abundant with pretty take me home plants. When there is a great profusion of buds and colour, one does forget to look at the labels of representation which can eventually lead to hortensius horror.

In our harsh climate, one must be mindful of the need for our plants to be frost resistant, tolerate of full sun, part shade, drought tolerant and last but not least how much water is required. When all of these criteria are covered, it shall make you sing with joy or put you in the foetal position. I have seen Thorn, the gardener go through such a journey under my instruction.

My first darling buds of November are about to burst just in time for the Melbourne Cup. The almighty rose or as others would like to refer it as the Persian weed. The white wisterias on the arbours are highly perfumed like the powder puff at the perfume counter in Georges. I advise any over the counter anti histamines to sooth the journey through this fragrance hippodrome so one can take in its visual qualities.

As I gaze out across the garden, I catch inspirations of Ischia, the Hamlet at Versailles and with rows of white roses. I think it's a little glimpse of Henley on the river. Such delights I relish in particularly when the many of Lord B's clocks are chiming time for mother's ruin.

Until next we meet,

Lady Sapphire Bombay



Flowers always make people better, happier, and more helpful; they are sunshine, food and medicine for the soul.

Luther Burbank

Bombay and a Bex

Send in your questions for Lady Sapphire Bombay to bridgeconnection.editor@gmail.com

Dear Lady B,
My husband is a devoted fan of your articles particularly on your outbuildings and follies. He followed your advice and built a garden arbour. The problem is that he couldn't wait for the wisteria to grow on it, so he decided to buy plastic flowering plants which he has strewn all over it. Apart from some cheap and nasty variety shop making a fortune from him. I am at a loss as to what to say without hurting his feelings as he painstakingly created this version of what I consider a bad Mardi Gras float.

HELP
Tiffany Taste

Dear Tiff,
What a pity the burning off season does not resume till next Autumn. All you can do is companion plant amongst the plastic extravagance and hope the growth from the real plants shall overtake with time. Suggest to him that it will soften it. The cheaper the plastic flowers, the more likelihood they will perish with the Summer heat. Not that I speak from experience. You know what to do. Make sure you keep up to date with extreme wind and gust warnings as this could provide you with ample compensation of anything else but sanity. You must have the patience of a saint.
Adieu Arbour
Lady B

TITBITS

Did you know...?

One in three dog owners say they have talked to their pets on the phone.

The heart of a blue whale only beats nine times a minute.

The average pregnancy of an Indian elephant lasts 650 days.

The top speed of a pigeon in flight is 145 kph.



The Royal Flying Doctor Service are launching a free Community Transport service in Heathcote to help community members' access health appointments and Planned Activity Groups. With the help of volunteer drivers, this service will connect the Heathcote community with their health appointments.



Who can use the service?

To use this free service you must:

- > Have a pension, concession or DVA card
- > Live within 30km of Heathcote
- > Carers and children are able to travel with you



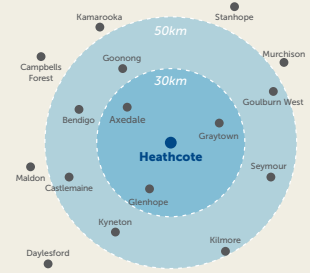
Where can I travel to?

The service will pick you up from home and transport you to health appointments or Planned Activity Groups within 50km of Heathcote.

Both one way and return trips are available.

Please note that stopping off at the shops or for errands is not available with this service.

Pick up & drop off zone



* Pickup available within 30km of Heathcote and drop off available within 50km.

When can I travel?

Transport is available Monday to Friday between 9:00am and 4:30pm.



How can I book?

To book transport to your health appointment or Planned Activity Group phone **1300 887 678**.



Mia Mia Muster 2018

Saturday Nov 25 and Sunday Nov 26
Westblade Road Mia Mia Vic

Entry Is free



2 days of working sheep dog trials, both a Yard Dog Trial and a Utility Trial in affiliation with the Victorian Yard Utility & Farm Dog Association.

Dog High Jump events on both days, everyone is welcome to compete, categories include, big and small dogs, Children under 12 sections also for big and small dogs. Great family fun.



Various Wood Chop demonstrations on the Saturday.

Catering to suit everyone provided by Mia Mia Rural Fire Brigade.

Entry is free, allowing you to spend more on food and drinks to support the great work of The Mia Mia Rural Fire Brigade and for improvements to the Mia Mia Recreation Grounds, where the Burke and Wills expedition camped for a couple of days. Find Mia Mia Muster Dog Trials on Facebook.

A CHRISTMAS MESSAGE

So great is the power of Christmas
That even the guns of war
Fell silent, though all briefly.
And the night was filled with awe.

Out of the sacred darkness
Came voices from afar,
Raised in an age-old carol
Of shepherds and a star.

Across the lines of battle,
In a scene so bleak and grim,
Foes became briefly brothers
As they joined to sing the hymn.

May the love that was born at Christmas
Bring goodwill that will not cease,
Not just a pause in battle,
But an ever-lasting peace.



Nancy Begg

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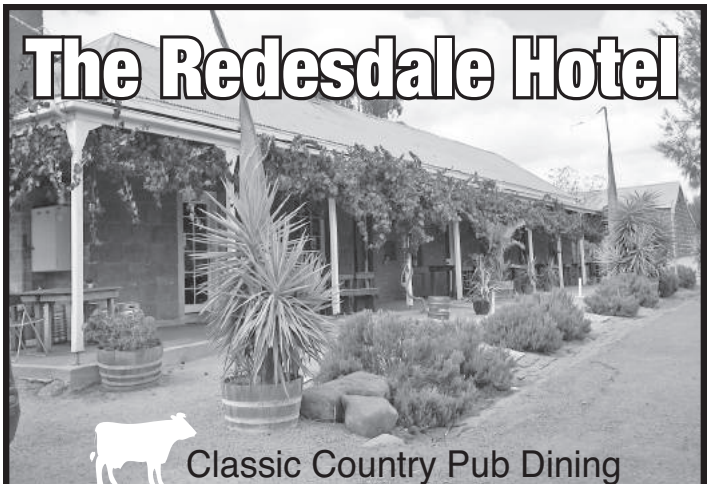
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Your Health! with Dr Tim

Cataracts - more than reading letters ...

Few conditions are more common in elderly people than cataracts. Derived from the Latin word meaning waterfall, cataracts generally cause a gradual loss of contrast or "sharpness" of vision. As cataracts become more severe and dense, total blindness occurs, a process that can take months or years to progress to that end-stage. Looking through the water window at the National Gallery of Victoria may also help your understanding of the problem.

In the not so distant past cataract surgery was reserved for severe impairment of vision. Understandably the small risk of completely losing sight in an eye to infection or other complications after cataract surgery has to be significantly overcome by a useful improvement in eyesight. Hence many people are still content to put up with relatively poor vision from cataracts rather than undergo surgery and risk having even worse vision.

With the increased ease and safety of cataract surgery however it has been possible to consider earlier and earlier cataract surgery. While you may be able to make out the letters on the vision chart in the doctors office, cataracts can affect visual function more generally, including perception of distance and peripheral vision.

Consider the advantages of good vision - it allows us to avoid hazards in our environment, on foot as well as in a car. It also enriches our experience of everyday life through entertainment and cerebral stimulation in an endless variety of ways - books, television, arts - even musical concerts are more than just an auditory experience.

It is difficult to quantify the negative effects of poor vision on everyday life, but there are important consequences to overall health which result from impaired vision. These include the increased risk of falls, fractures and other injuries caused by those falls, depression and cognitive decline. Some medical studies liken the effect of impaired vision to having a stroke - this

is a realistic comparison.

Cataract surgery itself has been simplified so that in the vast majority of cases it is day surgery. There is usually a noticeable improvement in vision quite soon after surgery. Once successfully completed, the new lens will never need to be replaced. It is a procedure that can be completed with a minimum of discomfort and disruption to daily routines. Some implanted lenses offer the opportunity to correct other vision problems such as astigmatism, and multi-focal lenses allow some patients to do away with glasses altogether.

If you are determined however to avoid cataract surgery, then your only other option is prevention. There are undoubtedly inborn traits which make some people more prone to cataract than others. Rarely cataracts can even occur in newborns or young children. However our understanding of these genetic traits is still poor. Rubella immunisation of women has almost eliminated this now rare cause of congenital cataracts. Good diet unfortunately appears to be of no benefit in protecting against cataracts.

In the main, cataracts are an accumulation of damage to the lens caused by UV light. There is some evidence to suggest that the eyes are particularly susceptible to UV exposure early and late in the day. This is not when the UV index which we use to measure risk of sunburn is greatest. Instead it is a time when sunlight can pass most directly into the eye, instead of being partially protected by the iris when the sun is higher in the sky. If you want to delay or even prevent cataracts, then the best advice is to always wear sunglasses outside.

Vision impairment due to cataract is undoubtedly at least difficult to live with - I hope the options for prevention and treatment of this outcome are now a little clearer ...

Tim

Dr Tim Stobie 5422 1397



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Sustainable House Day 2018 a great success locally

In spite of rather brisk weather, and filthy weather the day before, 123 people turned out to see what they could learn from what Clare and Win are doing in terms of sustainability at "Clearwind" on National Sustainable House Day 2018.

As well as the house, orchard and veggie garden tours, the workshops offered at "Clearwind" were popular. One little girl said that she really enjoyed being at "Clearwind" because she was shown how to make a bee hotel to hang in her garden at home to attract indigenous bees; many visitors were very impressed with the biochar information on how to turn raked-up eucalypt debris into an organic soil improver; and most said that they were full of veggie garden envy! Nearly every visitor said they had been inspired to undertake some sustainable project in their own home and felt they had been given the information to help them make a start in that direction.

Comments included:

So much here to see and do.

We loved every bit of it!

Interactive and a brilliant experience for the kids.

Great food, great flowers, great people :

couldn't do a better day!

This place has real heart!

Rammed earth shed is swizzy!

Very informative and friendly - more information than we could've hoped for

Great story of adding incremental changes towards sustainability

Absolutely fabulous!

Clare and Win are very grateful to Bridge Connection for the assistance with pre-event publicity.



Spot Steph

The Euroa Nationals are running a competition across the electorate to 'Spot Steph' in the lead up to this year's state election.

With corflutes rolling out across the region ahead of November's election, a couple of corflutes from Steph's 2014 election campaign will be popping up in unusual spots.

"I'm challenging residents to spot my old signs from the 2014 campaign as they pop up across the Euroa electorate from now until November 24," Ms Ryan said.

"When you think you've found me, snap a photo and email it through with the location for your chance to win."

Each week, one Spot Steph entry will be drawn from a ballot to win an afternoon tea voucher for two with Steph at Parliament House.

"My team and I are continuing to work hard campaigning across the electorate and we will do so every day until the polls close on election day," Ms Ryan said.

"No seat is ever safe and I am up for the challenge.

"I will continue to listen to the needs of residents across the electorate of Euroa and endeavor to deliver a better deal for regional Victorians."

Spot Steph photos should be emailed to steph.ryan@parliament.vic.gov.au with the subject line 'Spot Steph'. Please include a name, contact number and where you spotted the sign so you can be entered into the weekly draw for your chance to win.



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RECIPE OF THE MONTH

37

White Choc Macaroons



- 2 free range eggs, separated
- $\frac{3}{4}$ cup castersugar
- 2 cups desiccated coconut
- 1 cup coarsely grated white chocolate

Preheat oven to 60°C. Beat egg whites in small bowl with an electric mixer until soft peaks form. Gradually add the egg yolks and then the sugar, beating until sugar has dissolved. Stir in coconut and chocolate. Roll 2 tsp of mix into balls and place about 3 cm apart on a non-stick, paper lined oven tray. Cook for 20 minutes or until golden brown. Stand biscuits for 5 minutes before transferring to a wire rack to cool.

Thank you Jo Smith-Sargent!

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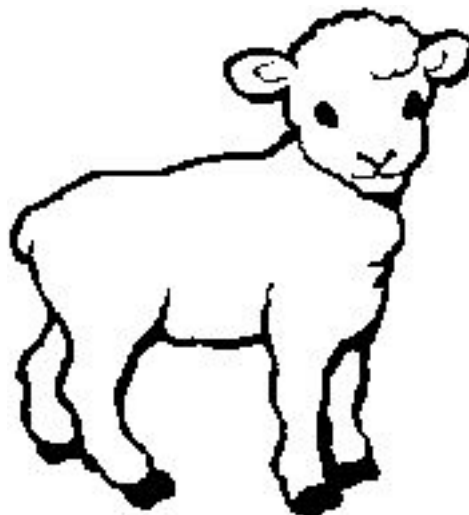
(03) 5425 3262 OR email

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Quote of the month:

"If you don't have a seat at the table, you're probably on the menu."

US Senator, Elizabeth Warren



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deserves the
best farewell



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