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### **Editorial**

Hello Dear Readers,

The Bridge Committee would like to send our deepest condolences to the Anderson family upon the tragic passing of Bruce and Lyn you are in our thoughts.

We have our 2nd Where are they now front page &

if you have a story of a family member please send to the below email address.

The December edition will be the last for this year and we will be having a break till March 2020 if your group has anything happening in January or February please have you copy in by the 20th November for inclusion in the December edition.

Regina Bennett



Editor: Regina Bennett Ph: 0437514223

e: bridgeconnection.editor@gmail.com

## **Bridge Connection** Mission Statement -

The mission of **Bridge Connection** is to bring people together by:

- 1. Providing information about local issues, goals and events, and to celebrate local achievements,
- 2. Encouraging economic growth in the area
- 3. Fostering geographic identity, and
- **4.** Providing a platform for public debate Bridge Connection is published by local people who volunteer, for local people as a **free paper** and on line at redesdale.net and via face-book





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- 2nd Tuesday monthly, 1pm Hall Comm. Meetings.
- 2nd Tuesday monthly, 7 pm Rec. Reserve Meetings.





## Where Are They Now

### **Redesdale Mia Mia Primary School Students**

My name is Laura Bennett and I am the daughter of Helen and Peter Bennett and granddaughter of Mary and Ted Bennett and Lex and Marj Tatersall. I grew up on the family farm in Mia Mia with my younger siblings Brooke and Tom Bennett. Mia Mia was a delightful town to grow up in. My favourite times were any and every event at the hall and going to church once a month with my grandparents (there was always yummy food and friendly churchgoers). I went through Redesdale - Mia Mia Primary School in a population of 40 children. This is a fantastic school and I never felt disadvantaged by being in such a small cohort. It made for strong relationships and amazing teacher-student ratios. The extra-curricular activities were always varied and interesting depending on the backgrounds of the teachers who worked at the school. I then progressed to high school at Kyneton Secondary College. This school was much bigger compared to Redesdale-Mia Mia at 700 students! This was a big step- up in all senses of the word. The classes were bigger, the campus felt enormous and I have a very vivid memory of getting very lost in the early days and feeling very panicked!

My favourite parts of Kyneton High were the large library and dedicated teachers. Once again, I did not feel disadvantaged by attending a rural high school, in fact my graduating cohort performed extremely well with the dux of the school beating the neighbouring schools including our nearby private schools. I then moved to college at The University of Melbourne where I completed my Bachelor of Science degree. This was another amazing experience, I lived in a small college called Janet Clarke Hall where there were only 94 students and everyone was extremely tight-knit. It was somewhere in 2nd year when I decided I would sit the GAMSAT at the beginning of my third final year of the Science degree.

The GAMSAT is an exam you must sit and pass to be able to apply for medical school. It is made up of a written section, a social sciences section and a science section (biology, chemistry and physics). This exam was quite difficult and very expensive (\$500 per sitting). Living on a student budget I knew I would only be able to afford to sit it once so I knuckled down and managed a decent enough score to apply for medical school. I applied to Melbourne University and Sydney University I and interviewed at both locations. My application to Sydney University was very last minute as I didn't realise it had a postgraduate medical school (as opposed to undergraduate)! I flew up to Sydney for a whirlwind 48 hours and was quite impressed by the university and the friendliness of the panel.

Then offers came out. I received a Bonded Medical Place at Melbourne University (must sign a contract that you will work a return-of-service period when at a specialist level) and a regular Commonwealth-Supported Place at Sydney University (can put on HECS and no contract attached). At the ripe old age of 20 years old I didn't feel comfortable signing a contract that would determine where I would be working in 10-15 year's time so I moved to Sydney! It was towards the end of first year that I met my partner Ki who is also an intern doctor now. I completed my four year Doctor of Medicine at The University of Sydney and spent my final year placed at the regional town of Orange, four hours west of Sydney.

I loved the town so much I decided to apply to work there as a iunior doctor and was successful!

I am now working as an intern doctor at Orange Health Service and have completed terms in General Surgery, Orthopaedic Surgery, Cardiology and I begin my term in the Emergency Department tomorrow! On the side (as if full-time work doesn't keep me busy enough) I am studying a Masters of Public Health part-time. I love the small- town lifestyle of Orange (although it is huge at 40,000 people compared to Mia Mia's 200) and the hospital is the major referral centre for all towns west of Orange.

We are the last health stop before people are sent to Sydney for neurosurgery and cardiothoracic surgery (which we don't offer) and it makes my job incredibly interesting and varied. The best part of my job is the people. Treating rural patents and their families and guiding them through what can be a stressful experience in a hospital is a very special job. In my not so spare time I love to garden (trying to grow a thumb as green as my Mum's), hike the local Mount Canobolas and read fiction books. In my breaks from work I travel home to Victoria to visit the family and make sure my grandmother Mary is behaving herself.

My long-term plan is to work a rural General Practitioner in rural Victoria with a focus on procedural medicine. In the next five years I'll be working on gaining as much experience and skills I can to eventually bring them home.



## **Continued Threat of Campaspe Contamination**

Oct. 18th update

www.coliban.com.au/kyneton-water-reclamation-plantupdate from the new Managing Director Damian Wells, warns of further non-compliant releases to the river. Please make sure you are registered for notification with Coliban Water, especially if you use river water domestically or have stock along the river. Forewarned may help to be forearmed, and dry spells and/or sudden dumps of rain, as we locals well know, are inevitable. To have the workers at KWRP provided with the infrastructure they need to produce only low nutrient, low E-coli water is the only real solution.

Thanks to all those who have supported the petition urging the government to provide the funding. If you didn't get a chance, the link for Victorians to add their support is https://parliament.vic.gov.au/council/petitions/electronicpetitions/view-e-petitions/details/12/158

Hardwicks have planted 1,500 trees, are planning a large storage pond and some treatment of waste on site. That's all good news, but still leaves the river very vulnerable over the coming months until that, along with the irrigation component of the plan, and true long term solutions at the KWRP that do not rely on erratic weather or river flow, are completed. A little further information may be gleaned from Oct. 3rd www.epa.vic.gov.au/our-work/current-issues/campaspe-riverwastewater-contamination update.

Take care and please report any concerns or worrying observations to the EPA. Lindy Connell







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#### **Acting Principal: Aaron Taylor**

Phone: 5425 3155

#### Redesdale Mia Mia PS

Email: redesdale.mia.mia.ps.ps@edumail.vic.gov.au

#### Vision:

The community of Redesdale-Mia Mia Primary School considers itself a family that fosters well-being and embraces diversity. We strive to develop independent leaders who are globally capable.



## **School News**

Term 4 has kicked off with a bang! The weather has finally warmed up and we are looking forward to a productive and enjoyable term.

We have 2 camps coming up this term as well as our exciting transition program, where our new prep students for 2020 will be coming for extended stays in our classrooms. If you know of anyone else interested in enrolling, please encourage them to contact the school.

Pleasingly, I will be remaining in my role as the Acting Principal at RMMPS in 2020. I'm looking forward to working with and alongside our students, staff, parents and wider community members throughout the reaminder of this year and into the next!

Below are some phontos taken on our final day of Term 3. Students participated in a footy colours day and completed a series of challenges on our oval. Eventual winners Ethan and Jayden are pictured with their prizes. Both are proudly wearing their Richmond jumpers!!

October			
Tuesday	All Day	Curriculum Day	
22 <sup>nd</sup>		(student free day)	
Tuesday 29 <sup>th</sup>	6pm	Royal Flying Doctor Service visit.	
Thursday 31 <sup>st</sup> – Friday 1 <sup>st</sup> Nov	TBC	Grade 2 Camp Boomerang Ranch	
November			
Wednesday 5 <sup>th</sup>	ALL DAY	Kyneton Cup Day – no school	
Wednesday 13 <sup>th</sup> – Friday 15 <sup>th</sup>	9am – 2:30pm	Grade 5 & 6 Camp	
December			
Tuesday 3 <sup>rd</sup>	9 – 11am	Prep Transition	
Friday 13 <sup>th</sup>	3.30pm	Reports home	
Thursday 19 <sup>th</sup>	6-7pm	Graduation night, Redesdale Hall	
Friday 20th	1:30pm	School Finishes 2019	







#### **CROSSWORD**

#### Set by Alberich www.alberichcrosswords.com

#### **CRYPTIC CLUES**

#### **ACROSS**

8 Which little animal went to market (4,6,5)

9 What Swiss people do when they sing (5)

10 If you're not looking down, you're.... (7,2)

11 The opposite of none (3)

12 Country where a lot of monks are from (5)

13 Showing no interest or energy and unwilling to take action (9)

16 Plural of ox (4)

17 A man who acts (5)

19 ...... Simmons was a famous Hollywood actress (4)

22 A small cafe selling alcoholic drinks (9)

25 Where actors perform a play (5)

27 What you do when you are advertising something (9)

28 Colour of natural clay and sand, a yellow/orange/brown colour

29 If a politician was a goat, would be a ... (9,6)

#### **DOWN**

1 If you don't go out, you.... (4,2,4)

2 A large African animal with a long tail and horns (10)

3 Long, high cry sometimes made by Africans with mouth and tongue to show emotions (7)

4 One of Paul McCartney's daughters (6)

5 Name of a small town in north-east Victoria that means 'place of fabulous riches' and shares its name with a Disney movie (8)

6 If you're not slouching, you're sitting ... (6)

7 A rodent in South America that looks like a guinea pig (6)

14 Hansel and Gretel left breadcrumbs to show them... (3,3,4)

15 She lost a glass slipper (10)

18 To persuade someone (8)

20 A decision by a government that allows political prisoners to go free (7)

21 To surprise or shock someone very much (7)

23 The sun casts this when you stand outside (6)

24 A small bar of wood or plastic that is used to fasten something by being put through a hole or loop (6)

#### **ACROSS**

8 Five digits recited in the nursery – or in the farmyard perhaps? (4.6.5)

9 Sing high notes? (5)

10 Showing improvements in research? (7,2)

11, 26 The kind of attack needed to take 10 wickets? (3,3)

12 Bite off toffee topping in eastern state (5)

13 Old news in a short moment – couldn't care less! (9)

16 What 8 may have had roasted in oven mark 10 instead of 5 (4)

17 See 25

19 Half a pair of trousers for Miss Brodie perhaps? (4)

22 Rogue state divided by extract in café (9)

25, 17 Get at Oscar? Unlikely, in his profession (5,5)

26 See 11

27 Advertisements describing 8's business? (9)

28 Pigment used in brooch repairs (5)

29 Activist elephant or donkey in America? (9,6)

1 Unenterprising type, 8? (4-2-4)

2 An Oscar to best (around the East) supporting animal (10)

3 Letter singer, 10, is to howl at (7)

4 When 10, she gets fitted into ballet shoes (6)

5 Artist taking poor doodle round to place of easy money (8)

6 Honest but conceited person lying in processed milk (7)

7 Animal has swelling in a main artery (6)

14 8's garden path perhaps? (3,3,4)

15 Allergic 10 when midnight's gone – end disastrously in theatre at Christmas (10)

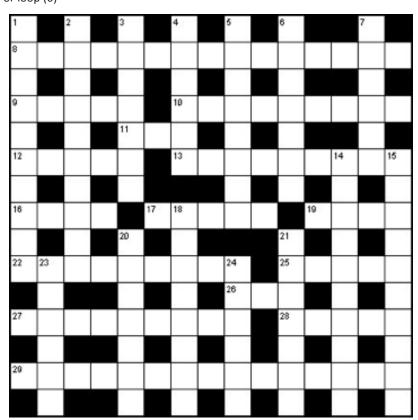
18 Persuade to study Van Gogh informally perhaps (8)

20 Pardon me - an awfully filthy place! (7)

21 Surprise a model in firm (7)

23 Tail implant suffered internally (6) 24 Get log out switch on computer (6)

Answers page 17.





With summer fast approaching, we will be bombarded with the usual CFA warnings and advice for what we should do to survive this upcoming bushfire season. Something that we hear regularly is the advice that if you decide to stay and defend your home, then stay. If you decide to leave, then leave early. I would like to add to that, and don't come back until it is completely safe to do so.

It is a big commitment to leave your home, but for most of us it also means leaving your animals behind. I would like to ask that you consider the safest place to house your dog,horse, livestock etc. Baring out a paddock, having a temporary kennel near your house ,having a small yard built on crushed rock or being able to lock your pet up on the south side of a steel shed are just some options to improve their chances of survival.

The main thing is that you have done what you can for them and that you don't feel tempted to return home if there's a fire. We are a lot happier knowing that you are away and safe and we can just concentrate on putting the fire out.

You can find out more or just chat with our local fire fighters at the Community Fire Awareness Session session at the Redesdale Fire Station on Sunday 17th November at 10am . We will also be heading out to the more populated areas of Redesdale to meet with residents and will be down Old Ford road on Tuesday the 19th at 5.30 pm and North Redesdale road on Thursday the 21st also at 5.30 . Look forward to seeing you then.

**Andrew Campbell** 

Fire Prevention Officer.



A big thank you to Philip Don for the work he has done mowing the roadside around Redesdale.

Phil has donated his time and machinery to make

the town a safer and neater place. Well done.

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## REDESDALE CFA

## COMMUNITY FIRE AWARENESS SESSION



Redesdale fire station
10 am Sunday 17th November

Information about the upcoming fire season

The winner of the best prepared property award announced.

Ph 0428 253 104

#### **Rural Communities Committee (RCC)**

Several items shared and discussed:

- The second RRC meeting was held in October with recognition of Yvonne Wrigglesworth's contribution and regret on her resignation from Council. Yvonne's replacement Councillor Susie Hawke has been announced.
- The RCC's submission was made to the 'Greater Bendigo - Where People Thrive' supporting the consultation process. More information following our next meeting.
- The manager of the City's Financial Strategy Unit, Mr Nathan Morsillo has indicated that future budgets will highlight rural projects more clearly than in the past. A process for this is under development.
- Nathan also shared the objectives of the State Rate Review process with a number of key matters discussed. There is a video online on how the process and rates work. > https://www.youtube. com/watch?v=LggHu0r06l4&feature=youtu.be The consultation schedule can be found here > <a href="https://"> <a href="https://"> https://</a> engage.vic.gov.au/rating-review
- 5. City of Greater Bendigo rates video can be found here > https://www.youtube.com/watch?v=Pwn0HZIKVis& list=PLljuWog7ZXe8sg1eaHta113EjNZ6tmXvn with the City's rates break down here > <a href="https://www.bendigo.">https://www.bendigo.</a> vic.gov.au/Payments/Rates-and-your-Property/ **Understand-your-Rates**

- 6. At our next meeting in December NBN and PTV representatives have been invited to discuss plans and hear our issues first hand. If you have any queries or suggestions regarding this discussion please let me know.
- 7. Councillor O'Rourke advised that the City's next budget considerations are underway and open to consultation.
- 'Join the Crew' is an opportunity to consider getting involved with the local community and find out how volunteering and special interests' groups can fit with your busy lifestyle. Meet with community groups in a welcoming and low pressure environment on 16 November 2019, 11.00am - 3.00pm at Heathcote Community Bank Stadium Barrack Reserve, Heathcote > https://jointhecrew.com.au

Please keep an eye out for further Rural Community announcements on the Redesdale Website www.redesdale.net

If you have any queries regarding any of the above please do not hesitate to contact me.

Regards,

John Beurle +61422001924 john.beurle@gmail.com

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#### **Stinson Memorial Update 3**

Recently The Stinson Memorial Committee has been expectantly waiting for confirmation of receiving a Federal grant under the Saluting their Service grants round, as the date they were due to be announced was September 25th. at this point in time four weeks overdue. According to the Federal Grants Hub the number of grant applications has exceeded their ability to process them all by the due date.

This is very inconvenient for our project, and an email to the Federal Grants Hub explaining that our project is due to be commissioned on the 31st of January 2020 has not made any improvement to this situation. The Stinson Memorial committee has decided we cannot be held back by Federal Government inefficiency, and the committee has drawn a line in the sand.

In the Saluting their Service grant guide lines work was expected to start at the end of September, and the committee based its diary around their calendar, unfortunately the time to plant out the landscape has passed as plants will not get established now as the hot weather approaches.

This grant process has been very time consuming for a very unsatisfactory result so far. By the time you read this article in November a decision one way or the other will have been made.

The Grant that was applied for is \$3,600 which covers the plaque and landscaping only. A Story Board like the one at Mt Macedon for the KURANA plane crash was not part of the application criteria for this grant.

The Stinson Memorial Committee has sought to self fund a Story Board, as this presents the information to the reader in the landscape where the tragedy occurred, that a plaque alone on a rock cannot convey.

Anton Hassel has agreed to create the story board in stainless steel, a fixture that will resist corrosion and tell of the day, the people, the plane and the outcome of this tragedy that occurred seventy five years ago. This is our tribute to those who perished, and those who lost their family members in our beautiful landscape.

Jim and Annette Coombes and myself have promised to donate funds towards the project. Ross Knight will donate his time using heavy equipment and eleven large impressive stones for the Memorial, Anton Hassel will donate stainless steel name plaques for each of the victims afixed to large stones Mia Mia Mechanics Institute Inc have expressed interest in donating funds.

Robbie Stockfeld designed the layout for the memorial using ten large stones one for each victim with name plaques to replace the native pine trees, we were seeking to plant.

Mr Colin Smith has organised a formation fly over salute by the Kyneton Aero Club Inc on the day.

The Mia Mia Mechancics Institute Inc will act as the receiving body for any donations to this project.

Anyone or Organisation interested in **donating** can do so by contacting: **Grant Hulls Treasurer** of the Mia Mia Mechanics Institute Inc

Email: gehulls@yahoo.com

## KURANA Memorial Story Board at Mt Macedon



#### Redesdale's Got Talent

Calling all budding Entertainers (of any type) here's your chance to show us what you have.

Early in the New Year the Redesdale Recreation Reserve Committee will be holding the community's first amateur talent show which will also double as a fund-raising event.

Being summer, we anticipate this will be outdoors and held at the Redesdale Reserve. It will be a family orientated event that the show's Talent, the Judges and the Audience will participate in.

Age is no barrier and your act may be you as an individual or as small group of people. No matter what your talent may be, it could be as basic as lip syncing or air guitar or something more skilled like juggling, miming, magic, acting, singing, playing an instrument and the list goes on ... we need you.

The first step is that we are calling for names of people or groups who would be interested to perform in front of an audience. So, if you aspire to be a star of stage or screen please

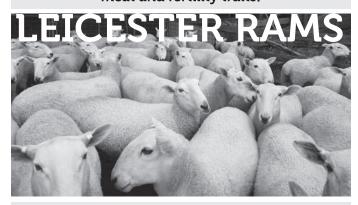
email Wayne Smith at tele915@msn.com or call on **0418 409 642** and we can discuss your participation and the shows format in a little more detail.



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# BRIDGE & GARDEN PATCH

#### Redesdale Ramblings

"In Flanders fields the poppies blow Between the crosses, row on row...." John McCrae

The red field poppy, Papaver rhoeas, is usually referred to as the Flanders Poppy because of its association with the war graves in Europe after WW1. Indeed they are reputed to grow best in disturbed soil. They're in flower in spring so I wonder how they came to represent Remembrance Day which is in the Northern Hemisphere's autumn - even though it works out well for us here in Australia!

They were also referred to as "corn poppies" because they were weeds of cultivated fields, especially wheat or other grains which were generically called "corn". They had adapted to growing between the cereal plants and the ripening crops were dotted with bright red – at least they were till the advent of herbicides.

Rev. William Wilks, a clergyman in the parish of Shirley in England, noticed that one poppy in his garden had a white edge to it so he collected its seeds and from subsequent generations he bred the colourful "Shirley poppies" which were mostly shades of pink, white or red and soon were available as doubles and semi-doubles. Cedric Morris in the 1960s bred an intriguing range with soft greys, lilacs and whites with delicate veining and patterns which he called "Mother of Pearl".

These poppies germinate in autumn or winter and grow with the winter rain to flower in the spring. From an almost dust-like seed a small rosette develops and grows larger as the weather warms up if it has room to move. If too crowded each plant quickly tries to grow tall and flower so may only produce a single tiny bloom. If uncrowded the rosette throws out branches which can each produce a dozen downward facing buds covered in tiny hairs, glistening red (if the flower is going to be red) and as the buds mature they right themselves and expand till the two halves of each cover peels off to reveal the crumpled, silken flowers that slowly unfurl into the saucered discs of colour.



Papaver rhoeas 'American Legion'

Each morning the bees are busy foraging therein for pollen and nectar thereby pollinating the flowers to ensure the next generation.

By summer the poppies have set their seed-pods and die so can be cut down or pulled out sprinkling the fine seeds on bare ground to start the process again.

Poppy pods are fascinating and very effective for seed dispersal. The pod sits on a tall, whippy stem and as it dries out holes develop at the top so that whenever the wind blows it acts like a salt shaker scattering the seeds far and wide. Each pod holds hundreds of seeds so you could fill an entire garden from a single pod, if every seed germinates and you give it room to grow.

The Remembrance Day poppy has four brilliant scarlet petals, usually with a black basal blotch sometimes with a touch of white. They were already growing in our garden when we arrived and each year in late spring they bloom – usually in time for November 11<sup>th</sup>. Some years there are only a few, probably because the soil hadn't been turned to allow buried seeds to germinate. Some years they are as thick as hairs on a dog's back! We really should thin them out when they are like that because they don't have the room to develop and they all get stunted.

Poppies are notoriously difficult to transplant because of the very fine roots which can be damaged when divided. I took the chance last winter and dug a small clump and carefully separated out the seedlings to replant in another bed where we'd planted some daffodils which we then mulched and watered. Keeping the seedlings going in the first couple of weeks was important and so far they are looking good and should flower by the time this article is printed! It will be interesting to see what colours these turn out to be because they came from a bed where a few different poppies (Flanders, Shirley, American Legion and Mother of Pearl) had been allowed to flower and seed.

Fermi The Redesdale Rock Gardener.



Papaver rhoeas 'Mother of Pearl' - grey & pink



#### Lady Saphire Bombay

Hello dear readers and faithful fans. Yet another month has passed with the Mia Mia manor blooming to the delights of Spring.

What a joy that my darling little Starlings have returned to the hot water pipe under the eave to create their next of many generations.

Unfortunately, it is right near our seating area for light refreshments in the afternoon and candlelight indoor outdoor barbeques. No, it is not bats swooping in the evenings, it is the cautious parents of the baby starlings. Rabbits are my next challenge at the manor. Jauntily they run in groups and when they are sighted by our dear old Randy, the black Labrador, they fan out as to say come and get me old boy. Lord B professes that a gun would be an easier solution, however we still trap them for my Bunny Bourguignon which is absolutely delicious.

With baby carrots, onions and champignons, yum! Thorn the gardener, has taken up a full time job of tree guarding the new plants that they have taken a fancy to so hopefully we can keep them at bay? The other issue for us now is the rose garden. At first, I thought it was possums nibbling all the buds...? How wrong was I to think such a thing when all the time the Rosellas whose delightful feathers that we see adorned on many a tea towel, coffee mug and apron have become our roses enemy number one.

As we are all past the 'sling shot' stage in life, I have placed painted tin hawks in the garden which have so far deterred the Rosella's interest.

Lord B saw the menagerie of birds and said, "Gordon Bennett, is this a stage set or a setup for a shooting gallery?" whilst sucking on his pipe. I refrained from responding as I know this approach shall help give me more beautiful blooms. I will let you know the outcome. Native bees are a plenty in the fruit orchards at the moment as with all the flowering echiums. The hives must be building up strongly again.

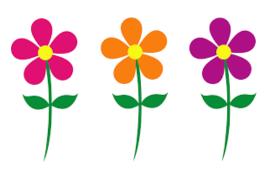
With extensive reading as one does in the evenings, I came upon a couple of quotes I would like to share.

- "In a dry climate its always best to try to choose plants that die elegantly."
- "As it grows, a garden comes closer to perfection just as a painting develops layer by layer."

Who wants a perfect garden? I certainly do not, much to Thorn the gardeners relief. He sees me with a piece of paper resembling a list and breaks out in hives. Lord B very rarely notices changes unless it is via smell of freshly mown grass and calls it the parkland effect. The sun is over the yard arm as they say so it is now time for a tipple of Mothers ruin. As I do, I have just spotted a Rosella in the garden, must ahoy and find the tennis racquet!

Lady Sapphire Bombay





### Quote of the month:

Everybody is a genius. But if you judge a fish by its ability to climb a tree, it will live its whole life believing that it is stupid.

apocryphal

## **Redesdale District Association Report**

Redesdale HI All,

 $As \ we \ reported \ last \ month, \ The \\ Redesdale \ and \ District \ Association \ AGM \ was \ held \ on \ Saturday \\ 5^{th} \ October.$ 

We had a very successful meeting, attendees were pleased to hear the words of encouragement from Steph Ryan. The 3minute talks from Representatives from other groups and local community members were both informative and interesting.

We were sad to have to say goodbye to our Secretary, Kym Delany, who resigned. Kym was with us for 1year and during that year worked very hard and was very successful. She is a hard act to follow. We wish Kym well in the future and feel sure that she will continue to support RaDA whenever she can.

The new Committee was voted in with few changes. We welcome Wayne Smith as RRRC rep, welcome J. Smith-Sargent back for a further term and thank Lisa Smith for stepping up as Interim Secretary.

#### The Committee is:-

President G.Pocock Vice President P. Prendergast Interim Secretary L.Smith Treasurer R. Abramowski Assist. Treasurer R. Bennett,

Ordinary members S. Webb.and J. Smith - Sargent.

CFA. Rep L. Booker. . Hall Rep Y. McGrath. RRRC Rep W. Smith. School Rep A. Taylor

We are waiting on confirmation of the Landcare Rep.

We have developed a Strategic Plan for the next 5 years which was completed prior to the AGM. We welcome everyone to look it up on the Redesdale Website. If anyone is interested in any particular area of the plan their input will be gratefully received.

We are looking forward to a vibrant year ahead working with all groups as **"One Community"**, realising that if we work together we can achieve much.

Regards

Gloria Pocock.



Barfold 1st Sunday of month 3 November

Metcalfe 2nd Sunday of month 10 November

CFA Service 11am - Blessing of the trucks

Mia Mia 3nd Sunday of month 17 November

**Sutton Grange** 4th Sunday of month **24November** 

**5th Sunday of month** is free for people to go to the churches or a **Macedon Ranges Partnership** event.

Our services rotate around the churches during the month.

For more information go to -

www.macedonrangesunitingchurch.org.au

**CATHOLIC CHURCH** 

**Redesdale** 2nd Sunday of each month 11am

You are warmly invited to



#### **COMMUNITY CHURCH**

Meets 10.00 am

2nd – 5th Sundays each month

followed by morning tea

at Barfold Union Church

Heathcote-Kyneton Rd, Barfold

Contact; Leigh 0425812786



## **Redesdale Community Hub Project Update**

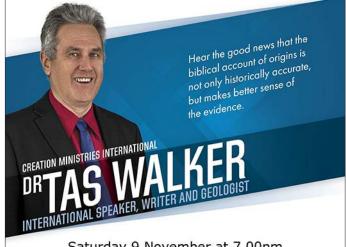
Final funding agreement and documentation discussions continue.

A submission to fund the second and subsequent detailed design phases has been made to council so fingers crossed for continued support from our council. These phases include the addition of meeting rooms and refurb of the hall facade, storage space, toilets and the addition of a traveller's rest at the rear of the reserve.

Any suggestions for 'fund raisers' for this important community initiative are invited.

A recent visit to the Reserve by a caravaners group confirmed our expectations that groups such as theirs see great value in staying in Redesdale. We had over 20 self-sufficient caravan campers stay for 3 days who gave the RRRC a few tips to improve things until the Traveller's Rest is created. We were also advised that they collect all receipts for goods and services spent in the towns they stay and forward them to the local council to show their support for local communities. A great initiative.





Saturday 9 November at 7.00pm

#### Evidence for Noah's Flood in Australia

Barfold Community Church Heathcote-Kyneton Rd, Barfold

Enquiries: Phone Leigh Thorne on 0425 812 786 or John Dettmann on 0428 243 164

Admission free - donations accepted. Creation resources available.

CMI Australia 2 07 3340 9888 M ministry@creation.com

CREATION.com

#### AA

### **Meeting & BBQ**

with

Al-Anon

Barfold Union Church

## Melbourne Cup Day

Meeting 11.00 - 12.30

Get Up, Clean Up, Stay Up

Special guest speaker Direct from Melbourne Mens group "The Deal" Simon F.

BBQ Lunch12.30

**Enjoy Our Sobriety** 

Byo Meat, Chair & Salad to Share.

**Barfold Union Church** Kyneton Redesdale Rd Barfold

Contacts Brian 0411 634 123 Cherry 0419 512 857 Tony 0400 673 346



## Member for Bendigo Lisa Chesters prepares for birth of first child

MEMBER for Bendigo Lisa Chesters will today seek a leave of absence from parliamentary sittings ahead of the birth of her first child.

The motion to go to the floor this afternoon will request leave from parliamentary sittings in the last two sitting weeks of this year and the start of next year.

Ms Chesters expected today to be the last sitting day of parliament she'd attend before the birth.

"The next time parliament sits is not until the end of November, start of December and that's when the baby's due," she said.

"Locally, I'm still on deck until November 18."

Ms Chesters - the first female Member for Bendigo - said she would still be attending community events and meeting with constituents until then.

Her return date is flexible, depending on the health and well-being of both mother and baby.

"People should still feel free to contact my office at any time," Ms Chesters said.

She said her office would do the bulk of the work locally while she was on leave, including running the Christmas toy drive.

"In Canberra, other MPs will step in and do committee work as required," Ms Chesters said.

"It's not like traditional maternity leave where they appoint someone to do the role."

Support your community newspaper the

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For more information turn to page 3 for advertising rates or call and chat to Editor - Regina Bennett 5425 5402.

'Bridge Connection' Community Newspaper



#### Sky high energy bills drives spike in complaints

Local households are struggling to cope with soaring energy costs, driving a massive spike in complaints.

Energy and Water Ombudsman Victoria's (EWOV) 2019 annual report released this week shows a 57 per cent increase in the number of cases about energy prices from the Strathbogie Shire over the past 12 months.

There was also a 38 per cent increase in cases from the Mitchell Shire over the same timeframe.

Member for Euroa and Deputy Leader of The Nationals Steph Ryan said the report showed households were struggling to cope with drastic increases in energy prices.

"Household budgets are under pressure from high energy prices and increased taxes, fees and charges from the Andrews Labor Government," Ms Ryan said.

"While EWOV have found an overall declining trend in overall case numbers, access to affordable energy remains the primary concern for Victorian energy and water customers and the top customer complaint presented to the Ombudsman.

"42 per cent of the nearly 19,000 complaints referred to the EWOV were related to billing matters including high bills, errors in billing and tariffs."

Ms Ryan added that she had raised the issue of rising energy bills with the Minister for Energy, Environment and Climate Change on several occasions over the past 12 months and following on from the 24-hour blackout which severely impacted residents in the Avenel and Nagambie townships.

"Many local businesses and individuals across the Strathbogie region continue to bear the brunt of the Andrews Government's mismanagement of the state's energy crisis following the closure of Hazelwood in November 2016," Ms Ryan said.

"Daniel Andrews promised Victorians that the shutdown of Hazelwood would not see energy prices increase by more than 85 cents a week.

"Instead, thousands of Victorians across the state have suffered as a result of the power station's closure, with families struggling to heat their homes during the winter months.

"I have continued to share these concerns with the Minister for Energy, Environment and Climate Change and again seek that she takes immediate action to address the state's escalating energy crisis to provide relief for Victorian's beyond Melbourne's train tracks."

Media contact: Caitlyn Putt – 5762 1600 or caitlyn.putt@parliament.vic.gov.au

#### **Death Notices**

#### ANDERSON

Bruce

27.04.1950 - 10.10.2019 Lyn (nee Goodbody) 26.12.1950 - 10.10. 2019 Died tragically.

Loved Son of George and Elsie (both dec.) and Brother of Neil. Loved Daughter of Jack (dec.) and Thelma.

Much loved Mum and Dad to Craig and

Stacey, Emma and Sean.
Wonderful Nanny and Poppy to Alex, Zack,
Dylan, Kayla, Brooke and Riley.

Exceptional people with a zest for life and travelling Australia and the outback.

Terribly missed by all forever.

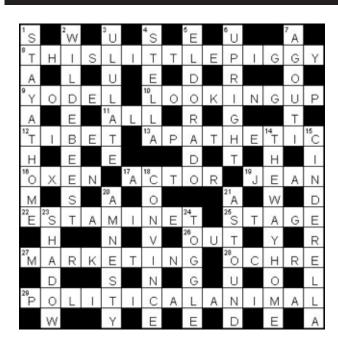
#### **ACROSS**

8. this little piggy. 9. yodel. 10. looking up. 11. all 12. Tibet. 13. apathetic 16. oxen 17. actor 19. jean. 22. estaminet. 25. stage. 27. marketing. 28. ochre. 29. political anima.l

#### **DOWN**

- 1. stay at home. 2. wildebeest. 3. ululate. 4. Stella.
- 5. Eldorado. 6. upright. 7. agouti. 14. the way home 15. Cinderella 18. convince 20. amnesty 21. astound 23.
- shadow. 24. toggle.

## Crossword Answers



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#### **Woodend Community Farmers' Market**

Sat 2 November Cnr High & Forest Streets, Woodend 0487 444 090 Sharon Kittson

#### **Daylesford Farmer's Market**

Sat 2 November Daylesford Primary School 03 5664 0096 Peter Arnold

It is recommended that you check these dates with the market website if possible.

#### **Kyneton Farmers' Market**

Sat 9 St Pauls Park, Piper Street, Kyneton 54 221 025 Veronica Manifold

#### **Riddells Creek Farmers' Market**

Sat 23 November Riddells Creek Primary School, Riddells Creek 0408 254 626 Ali Bant

#### **Lancefield & District Farmers' Market**

Sat 30 November Centre Plantation, High Street, Lancefield 0407 860 320 Meggs Hannes

#### Maldon Market

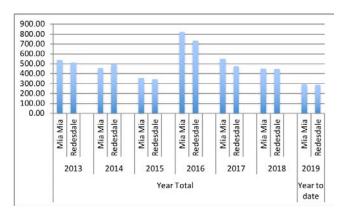
Sunday November 10

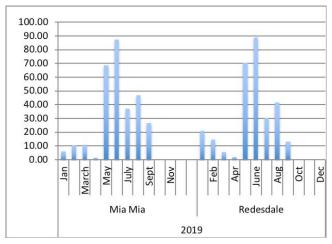
www.vicfarmersmarkets.org.au

# Redesdale / Mia Mia Rainfall

The average yearly rainfall for **Redesdale** is about 601mms.

Thank you to Mary Bennett for the **Mia Mia** readings.





## September Rain Fall

Redesdale 13.2ml Year to date 288.2

Mia Mia 26.5ml Year to date 295.5

#### **DEFIBRILLATOR**

The Community owned defibrillator is now accessible to all community members.

It is situated on the outside wall of the CFA building (next to the Rural Café).



Party Equipment for hire The following party equipment is available for hire from the Redesdale Recreational Reserve Committee (RRRC)

Commercial sized steel roaster \$120 per weekend

Large marquee 3m x 6m \$225 per weekend

Collapsible marquee 3m x 3m \$80 per weekend

Tables - 1.8m x 1m \$8 each per weekend

Table cloths, white\$10 eachChairs, white plastic\$2.50 eachUmbrellas, charcoal\$5 each

A bond will be required on most hires. Proceeds go to the RRRC For more information or to make a booking call:

Rod: 0418 130 206

Gary: 0409 705 250

Mike: 0418319131





## RECIPE OF THE MONTH 47

#### CHEESEY BACON AND EGG SLICE



(Serves 6-8)

This dish is prepared the night before and baked when you are ready the next day. Great when people are staying over. Good way of using stale bread.

1/2 Loaf unsliced old bread

125 g grated tasty cheese

5 rashers bacon

1/2 bunch spring onions

1 green capsicum

1 red capsicum

6 eggs

2 cups milk

1 teaspoon dry mustard

1 teaspoon Worcestershire sauce

1 tablespoon mayo

Pepper

½ cup chopped basil leaves

Trim crusts from bread, cut bread into 2.5 cm cubes, place bread in single layer in ovenproof dish, sprinkle with cheese.

Cut bacon into small pieces, fry until crisp, drain and place on top of cheese, top with chopped onions and chopped capsicum.

Whisk eggs with fork, add milk, mustard, sauce, mayo pepper and basil. Pour over bread mixture, top with chopped red pepper, cover with plastic food wrap, place in fridge overnight. Next day bake uncovered in moderate oven for 50-60 mins.

**Marisa Leahy** 



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#### Your thyroid gland - good in balance.

For most people metabolism speeds along day to day in an easy balance. Food is consumed, then the body somehow governs how to apportion that daily intake to the essential processes of the human body. That is, to replace and recycle cells that are past their "use by", to grow more cells, if you are young, to maintain the internal machinery of cells that are long-lived, and finally to keep this whole collection of cells at a relatively constant temperature of around 36.8 degrees Celsius.

There is obviously benefit in performing all of these functions at an appropriate speed or rate. For example if cell replacement occurs too quickly then there is a risk of wasting the energy resources consumed in food so that there is less energy left over to perform the slightly less essential tasks of moving or thinking! If cell replacement occurs too slowly? Well just imagine being forced to get to work everyday in an old car you really knew just needed to be updated - it does the job but it really should go much better ...

Similarly with temperature control - if the thermostat is set a little higher then there is a lot more energy consumed to maintain that temperature increase, chemical energy that could be more usefully stored for use when food is scarce. If the thermostat is set low, sure more chemical energy gets stored. But low temperature could mean again that certain body functions just don't happen the way they should to avoid the external risks of today's modern jungle of living. Cold goanna would never climb the corporate ladder.

Much of the control of metabolism is done by a special gland called the thyroid. It sits in the neck close to the Adam's Apple or voicebox. It produces hormones called thyroxin and tri-iodothyronine. Also known as T4 and T3, these hormones then circulate through the body and accelerate cellular metabolism so all those essential processes of repair, recycling and maintenance get done.

If you have too much thyroid hormone in your blood then the metabolism goes into overdrive. Pulse rate increases, appetite might increase too but weight will fall. Muscles tremor, nerves are "hyper", it becomes difficult to switch off and fatigue sets in over time. Excess body heat causes sweating and bowels work overtime too. This is not comfortable or sustainable. Thyroid hormone must be reduced to bring back balance. The opposite problem is an underactive thyroid. Again there is fatigue, but weight gain as well. Bowels work slowly or not at all. The brain works slowly too. Hair grows slowly, skin becomes thin and dry. In worst case scenarios the circulation becomes so sluggish that fluid accumulates throughout the body. Without thyroid hormone replacement such severe problems can cause death.

Some sort of thyroid disorder occurs in five percent of Australians. It is more common in families with a history of thyroid conditions and also more common in women, with first presentation in early adulthood. Researchers are unsure what exactly precipitates underactive or overactive thyroid, but an abnormal or autoimmune process in the body is often part of the problem.

Treatment involves thyroid hormone replacement if the gland is underactive. Regular dosing with tablets and monitoring hormone levels with blood tests keeps health optimal with no longterm complications. Overactive thyroid can be more difficult to control, but again medication is usually effective. Sometimes radioactive iodine or surgery are required to gain control of hormone levels.

The symptoms of thyroid disorder can be insidious and difficult to recognise. They are easily confused with a multitude of other common conditions. If you have concerns it is well worth discussing with your GP - getting the accelerator setting on your metabolism is vitally important.

Tim

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#### REDESDALE COMMUNITY B.B.O.

Where: Redesdale Hall.

When: Saturday, Dec. 7th. - 6.00pm.

Meat and Dessert provided.

Please bring a salad. BYO Drinks.

R.S.V.P. by Tues. 3rd Dec. Ph: 54253194.

A pre-Christmas Get-Together and an opportunity for the Redesdale Community to welcome newcomers into the town please invite your neighbours.



## **Social Tennis**

First Sunday of every month at Agnes Mudford Reserve, Redesdale.



Open to all abilities from beginners to expert

Bring along your racquet and gold coin donation for BBQ lunch afterwards.

> Starting September 8th 10am-2pm.

For more information call Paul 0434 071 866



## What's ow





## in the Heathcote Region

#### Saturday 2 November

Lions Bush Market, 8am – 1pm. Stall bookings can be made by calling Jean on **0400 675 995** or via email at **www. lionsmarketmanager@gmail.com Venue:** Barrack Reserve, High Street, Heathcote.

#### Saturday 2 November

Vibes & Vino – 12noon – 8pm.

Barrack Reserve oval, Heathcote. A selection of Heathcote's finest wineries, local brews, local produce plus 5 hot music acts, food trucks and lots of fun. **Tickets:** Adults: \$47 (includes glass) **Seniors:** \$29 (includes glass) **Children** (12-16) \$29, Children under 12 – Free. **Book online** http://www.heathcote.org.au/heathcote/vibes-vino

#### **Sunday 3 November**

Vibes & Vino - Heathcote

turns it on with local venues hosting live music. Door prices determined by venues (lots are free!) Venues and acts will be

#### announced soon. Sunday 3rd November

Sunday Session Jefferson Smith @ Heathcote Inn- Time: 2pm-5pm. Free entry. Talented Jefferson Smith will be taking the stage again. Don't miss out on a great day, bring the whole gang along for lunch & local wines, then kick back & enjoy the music. Contact ph 5433 2409 Venue: Heathcote Inn 9 Hunter Place Heathcote

#### **Tuesday 5 November**

Heathcote Agriculture Annual Show An event not to be missed. Further details to come.

#### Friday 7 November

'Heathcote Helping Hands' Fundraiser for Team Lane @ Heathcote Winery **Time:** 11:30am. **Cost** \$26, includes lunch platters, wine, coffee, soft drink available at winery prices. Silent Auction, raffle. Seats are limited, please book and pay early. Phone Lyn - **0409 767 582 Venue:** Heathcote Winery High St Heathcote

#### Saturday 9 November

Felix & the Fuzz Tones @ Palling Bros Brewery 7pm, 168 High St Heathcote

#### Saturday 9 November

Heathcote Inn 'Meet the Wine Makers' Time 6.30pm. The first of the 'Meet the Wine Makers' series. Local wine makers will provide insights into all aspects of producing their wines. Dine with the winemakers from Silver Spoon Estate with an amazing 4 course dinner paired with matching wines. Tickets \$95 per person. Bookings phone **5433 2409** or **bookings@heathcoteinn.com.au Venue**: Heathcote Inn, 9 Hunter Place Heathcote

#### **Sunday 10 November**

Sunday Session- Felix & the Fuzz tones @ Heathcote Inn **Time:** 2pm-5pm. Heathcote's local band Felix & the Fuzz tones be on stage, so bring the whole gang for a great day. For ticket

pricing & bookings phone **5433 2409. Venue**: Heathcote Inn, 9 Hunter Place Heathcote

#### Friday 15 November

Lions Night Market, 5pm – 9pm. Stall bookings can be made by calling Jean on **0400 675 995** or via email at **www.lions marketmanager@gmail.com. Venue:** Barrack Reserve, High Street, Heathcote.

#### Saturday 16 November

Join the Crew Time: 11am - 3pm. A one day event for the people of Heathcote & the wider district to connect with the many volunteer opportunities & special interest groups. Food and beverages, talk, workshops and live interviews with volunteers. This is a non- for-profit community event. Coordinated by Vanessa Wiltshire by contact Vanessa. wiltshire@yahoo.com.au Venue: Barrack Reserve, High Street Heathcote

#### Sunday 17 November

Sunday Session- Boh Dower @ Heathcote Inn **Time:** 2pm - 5pm. Solo Acoustic performer Boh Dower will be playing a range of music from 60's to present day. For ticket pricing phone **5433 2409 Venue:** Heathcote Inn, 9 Hunter Place Heathcote

#### **Sunday 22 November**

Sunday Session - Bill Barber @ Heathcote Inn **Time:** 2pm-5pm. For a great afternoon of Australian Blues by Bill Barber come to the Heathcote Inn. For ticket pricing phone **5433 2409** 

Venue: Heathcote Inn, 9 Hunter Place Heathcote

#### **Sunday 24 November**

Sunday Session-Anthony Taylor @ Heathcote Inn - **Time:** 2pm-5pm. Talent singer/ songwriter & guitarist, Anthony Taylor will entertain you with country music this afternoon. For ticket pricing phone **5433 2409 Venue**: Heathcote Inn, 9 Hunter Place Heathcote

#### Friday 29 November

Music and Dance Night @ Heathcote Golf Club 1 Patterson Street, Heathcote **Time:** 7:30pm-Late. Featuring 'The Herberts', a five-piece band covering music from the 60's and 70's. Tickets available shortly. Contact Bryan on **0407 844 500** 

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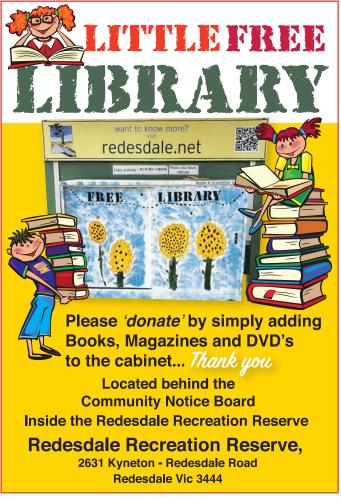


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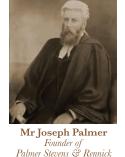




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