



ISSUE NO: 138 May 2023

For the Mia Mia- Redesdale Region including:

- Heathcote • Derrinal • Glenhope • Baynton • Sidonia • Barfold
- Langley V Sutton Grange • Elphinstone • Kyneton • Metcalfe

BRIDGE CONNECTION COMMUNITY NEWSPAPER



<https://www.facebook.com/groups/897527781461431/>

National Emergency Medal

Awarded to Members of the Redesdale & Mia Mia CFA for executing their duties during 2019-2020 bushfires.

Congratulations



Members of the Mia Mia CFA receiving their awards.



Top L-R: Chris Simpson, Brian Patterson, Don White, Paul Atkins, Andrew Campbell, Lindsay Booker, Michelle King, Glen Brown, Andy King, Craig Newton, Mitchell Noonan.

Left: L-R: Ned Upton, Calvin Millard
(Presenters names not known)

A number of members from **Redesdale & Mia Mia CFA Brigades** were awarded a **National Emergency Medal**. This National Emergency Medal was approved by **Her Majesty The Queen** in October 2011 and is awarded to persons who rendered sustained or significant service during nationally-significant emergencies in Australia. On this occasion members were awarded this medal for their work during the 2019-2020 Bushfires.

We thank all of these dedicated members for their dedication and sacrifice in keeping not only our community but also communities across the state and country safe. We are so proud of each and every one of you and thank you for your service.



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State Government

You can only claim the \$250 bonus by visiting the Victorian Energy Compare website.
If you receive any unsolicited calls about the bonus, they will not be from the Victorian Government.

Authorised by the Victorian Government, 1 Treasury Place, Melbourne.

Editorial

Dear Readers,

We have a few things happening in the next few months keep a look out on our **Redesdale & Surrounds Coming Events** on **page 10**.

The Redesdale Revellers are back again see flyer on **Page 7**.

Redesdale Biggest Morning Tea see flyer on **page 5**.

Redesdale Mia Mia Primary School open Day flyer on **page 4**.



Regina Bennett

Editor: Regina Bennett
Ph: 0437514223

e: bridgeconnection.editor@gmail.com



The newly erected post box at the hall will serve as a drop box for any articles or letters you would like to post for possible inclusion.

text or call **0437 514 223** or email [**bridgeconnection.editor@gmail.com**](mailto:bridgeconnection.editor@gmail.com)

if you leave anything for us to collect

Bridge Connection - Mission Statement -

The mission of **Bridge Connection** is to bring people together by:

1. Providing information about local issues, goals and events, and to celebrate local achievements,
 2. Encouraging economic growth in the area
 3. Fostering geographic identity, and
 4. Providing a platform for public debate
- Bridge Connection is published by local people who volunteer, for local people as a **free paper** and on line at **redesdale.net** and via **face-book**



<http://www.facebook.com/groups/897527781461431/>

BRIDGE CONNECTION COMMUNITY NEWSPAPER

Advertising Rates/Sizes

Size	Height x Width	Price per issue	10 Editions
Business Card	55mm x 90mm	\$25	\$250
Quarter Page	130mm x 90mm	\$50	\$500
Half Page	130mm x 190mm	\$95	\$950
Full Page	270mm x 190mm	\$175	\$1,750

Colour Advertisements plus 20%.

**Please Note:
COPY DEADLINES
17th OF EACH MONTH**

Please send editorial or advertising copy to:
bridgeconnection.editor@gmail.com
or by post to **Regina Bennett 3465 Burke & Wills track Mia Mia 3444**.
For other editorial enquiries, please phone **0437 514 223**

Bridge Connection Distribution

950 Copies printed and distributed to Redesdale Mia Mia Region, including Barfold, Baynton, Derrinal, Elphinstone, Glenhope, Kyneton, Langley, Metcalf, Sidonia and Sutton Grange

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bridgeconnection.secretary@gmail.com

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Magazine: **Regina Bennett - Editor** 0437 514 223

OPENDAY

REDESDALE MIA MIA PRIMARY SCHOOL

9am - 11am

Tuesday 16th May



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'Bridge Connection'
who is supporting **your community**.

Visit: **www.redesdale.net**
district, events, businesses and news.

For more information turn to **page 3**
for advertising rates or call and chat to
Editor - **Regina Bennett 5425 5402.**

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We're hosting a Biggest Morning Tea

Please help us
support people
impacted by cancer!



Redesdale & District Association
is proud to support the Cancer Council by
hosting

Redesdale's Biggest Morning Tea
Redesdale Community Hall
Tuesday 27th June 2023
10:00 a.m. to 12:30 p.m.

**\$10 for a
pot of tea/coffee with a scone, jam and cream. ***

There will be a large selection of donated locally
baked and crafted produce for sale *
Join Tania of *Capture Your Essence* as she provides a
taster session of "Chair Yoga"
Listen to our guest speaker

* 100% of ALL donations and purchases will go to Australia's
Cancer Council

Community Bank seeking volunteer directors

The recent resignations of two of highly valued Directors of Heathcote Financial Services Limited has opened the doors of our local Community Banks to seek new Directors to help support and drive the company's strategic direction, goals and objectives and to have a real say in the future direction of the branch and community. After 8 years as a Director, Stephen Trompp passed the mantle of Chair to local Natalie Sheridan-Smith.

Ms Sheridan-Smith said "as a newer member of the Heathcote community, it has been really rewarding to meet with local organisations, to understand how important they are to the fabric of our community and to be able to use our profits support the wonderful work that these community organisations do in the Heathcote and Nagambie communities."

She encourages anyone with a connection to our community to share their unique perspective and experience on the business side, as well as exploring opportunities to support our local community organisations and projects.

Heathcote & District Financial Services Limited is a franchisee of Bendigo Bank and operates the locally owned Community Banks of Heathcote & District and Bendigo Bank Nagambie. This franchisee returns profits from the branches in Heathcote and Nagambie directly back into the communities that they serve with money invested back into the community every year as well as offering employment for locals within their branches.

Branch Manager Teri Johnson said she enjoys being part of a Bank that takes its connection to local communities so seriously. "To be part of a Bank with such a close connection to their community and offering their support to local organisations and individuals is heart-warming. It makes the job even more enjoyable and worthwhile for everyone."

Expressions of interest are now being accepted for the voluntary position of Director. As a director you will be motivated, well organised, self-directed and community orientated. For more information or to apply, call

Michelle Baker on 0407 763 789 or email secretary@heathcotenagambie.community

Bendigo has been named as one of the first Endometriosis and Pelvic Pain Clinics in Australia.

Bendigo Community Health Services will receive more than \$700,000 over four years, towards support for hiring specialised staff, investment in equipment or fit outs, as well as resources, training, and development.

Working in existing general practice, the clinics will strengthen what is often the first point of contact in the health system to reduce diagnostic delays and promote early access to multi-disciplinary intervention, care, and treatment.

Endometriosis affects at least 1 in 9 Australian women and can have an extensive, devastating impact on the daily lives of sufferers, with those suffering waiting on average of seven years before diagnosis.

Pelvic pain can be similarly complex and debilitating, with the impact being felt beyond individuals as it is estimated to cost the Australian economy \$6 billion a year.

The 20 Clinics will provide expert, multidisciplinary services, and care for women with endometriosis and pelvic pain.

The Clinics are part of the Albanese Government's \$58.3 million package for endometriosis and pelvic pain, announced in the 2022-23 Budget.

Quotes attributable to Lisa Chesters Federal Member for Bendigo

"These Clinics are about providing women with an accessible front door to the care that they need. Gathering expertise under one roof, fostering that knowledge to improve diagnosis and services, having referral pathways in place – these are all crucial elements to getting the support that women need right now.

"The recognition of endometriosis and pelvic pain as serious conditions has been a long and hard-fought battle from fierce advocates in the sector and in our communities. I want to say to those people – thank you and we're listening.

"Too many women in our region suffer for years with what we know can be debilitating conditions. They deserve to have their concerns be taken seriously with better access to specialised care.

Quotes attributable to Bendigo Community Health Executive Leader of Better Health, Graem Kelly

"When open, this clinic will add to the important work our team is already doing as the region's sexual and reproductive health hub - and provide a much-needed specialised service for many women.

"The specialised team of dedicated professionals at BCHS are grateful for the trust shown in them in receiving these funds which will allow them to further support women with specific needs.

"As part of this project, we are committed to supporting skills development and shared learnings for GPs and their practice nurses in addressing women's health issues."

REDESDALE REVELLERS

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You are warmly invited to

BARFOLD

COMMUNITY CHURCH

10.00 am each Sunday

followed by morning tea

1691 Kyneton-Heathcote Rd, Barfold

Contact: Russell 0484 700 909



UNITING CHURCH

10am Start

Morning Tea is shared before each service at 9.45



Mia Mia Church Service Service at
10am, morning tea at 9.45

**Check the Macedon Ranges Uniting
Church Website for extra news**

For more information go to

www.macedonrangesunitingchurch.org.au

CATHOLIC CHURCH

Redesdale 2nd Sunday of each month 11am

Lisa Chesters MP

FEDERAL MEMBER
FOR **BENDIGO**

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Authorised by Lisa Chesters, ALP,
16 Myers St, Bendigo



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The National Emergency Medal

At a recent awards ceremony, eleven Redesdale CFA members were awarded the National Emergency Medal. The Medal was introduced in 2011 to recognise the unique contribution and commitment to those who have provided sustained or significant service in response to declared nationally-significant emergencies. The 2019-20 fire season was declared an emergency of National significance and our members fought a number of local fires, travelled to Mallacoota and even interstate thus being eligible to receive this honour.

It was a rare opportunity to receive an award alongside fellow brigade members in front of a large group of our peers and officials from CFA and COGB. It was great to catch up with members from other brigades but also with those Redesdale members who have since retired or moved away.

Congratulations to all involved.

Andrew Campbell.

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Redesdale Recreation Reserve,
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Redesdale & Surrounds Commings events

Ballan Local Farmers and Makers Market.
2nd Saturday of every month. **9.00 - 1.00pm**

Castlemaine. Local Farmers Market.
1st Sunday of every month. **9.00 - 1.00pm**

CFM. Weekly Market, Wednesday. **2.30 - 5.30pm**

Clunes. Local Farmers Market
2nd Sunday each month. **8.30 - 1.00pm**

Creswick. Local Farmers Market
3rd Saturday every month. **9.00 - 1.00pm**

Daylesford. Local Market.
Every Sunday. **8.00 - 3.00pm**

Gisborne. Olde Time Market.
1st Sunday every month. **9.00. - 2.00pm**

Kyneton. Local Farmers Market.
2nd Saturday every month. **8.30 - 1.00pm**

Lancefield. Local Farmers Market.
4th Saturday every month. **9.00 - 1.00pm**

Maldon. Local Farmers Market.
2nd Sunday every month.

Malmsbury. Local Farmers Market.
3rd Sunday every month. **9.00 - 1.00pm**

Talbot. Local Farmers Market.
3rd Sunday every month. **9.00 - 1.00pm**

Trentham. Local Farmers Market.
3rd Saturday every month. **9.00 - 1.00pm**

Woodend. Local Farmers Market
1st Saturday every month. **9.00 - 1.00 pm**

MAY

Thur: 4th-7th - Bendigo Writer's Festival.
Sat: 6th - The Great Trentham Spudfest.
Sun: 14th - Mother's Day.
Tue: 16th - Redesdale Mia Mia Primary School open day.

JUNE

Fri: 9th – 12th -Woodend Winter Arts Festival.
Fri: 9th-13th -Moomba Festival, Melbourne.
Mon: 12th -King's Birthday.
Thu: 15th-18th -Craft Alive Bendigo Prince of Wales Showgrounds.
Tue: 27th -Biggest Morning Tea Redesdale Hall from 10am

JULY

Fri: 14th - Bendigo ,Australian Sheep and Wool Show Prince of Wales Showground,

AUGUST

Sat: 5th -Bendigo Dinner Ghost Tour shamrock Hotel
Thurs 31st -Sunday 10,10,23 Kyneton Daffodil & Arts Festival

for more information - redesdale.net

- <https://www.heathcote.org.au- kyneton.org.au>
- <https://www.bendigoregion.com.au>
- <https://www.bendigoregion.com.au/visit-castlemaine-maldon>
- <https://www.bendigoregion.com.au/visit-maryborough-surrounds-victoria>
- <https://www.bendigoregion.com.au/visit-loddon-valley>

REDESDALE COMMUNITY HALL & PAVILION AVAILABLE FOR HIRE

Redesdale gives you a choice of venues for your next party, meeting or event:

Redesdale Hall: 160 sqm floor space with stage and expansive catering kitchen, as well as on-site restrooms.

Redesdale Pavilion: 108 sqm floor space with panoramic windows overlooking the Redesdale Reserve Oval.

Either of these wonderful facilities are available for community events (1) or public use (2).

- (1) Community - Use of facility targeting community benefit.
Entrance/participation fees are not charged by organiser.
- (2) Retail - Use of facility for private or business use.
Entrance/participation fees may be charged by organiser.

Equipment Rental Check out the extensive furniture & equipment below to help you hold your event at home

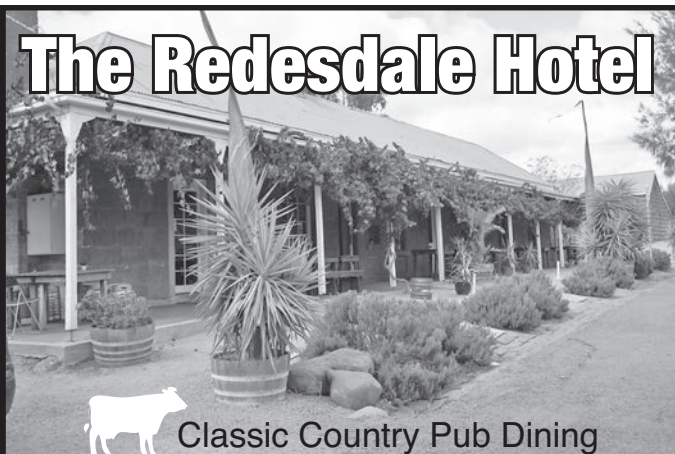
Item:	Available	Item:	Available
Commercial sized steel roaster	1	4 burner BBQ	1
Marquee (Large), 6m x 12m	1	Table cloths, white	10
Marquee (Small), 3m x 3m	1	Chairs, green steel	80
Tables, plastic, 1.8m x 1m	10	Chairs, white plastic	80
Tables, wood, 1.8m x 1m	20	Umbrellas, charcoal	10

For all inspections and enquiries contact Redesdale Recreational Reserve Committee:

E: 3444reserve@gmail.com

M: 0408 890 060

The Redesdale Hotel



Classic Country Pub Dining

**For bookings
please call (03) 4405 0601**

Monday - Closed
Tuesday - Closed
Wed to Sun • Lunch 12noon - 2.30pm
• Dinner 6pm - 8.30pm

The Redesdale Hotel
2640 Heathcote-kyneton Road
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The Redesdale Hotel

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‘THE BRIDGE CONNECTION COMMUNITY NEWSPAPER’

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For rural regions to succeed in business
they need the ‘locals’ to keep them viable
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ARE ABLE TO.**

**SUPPORT THE TOWN THAT
SUPPORTS YOU... THANK YOU!**



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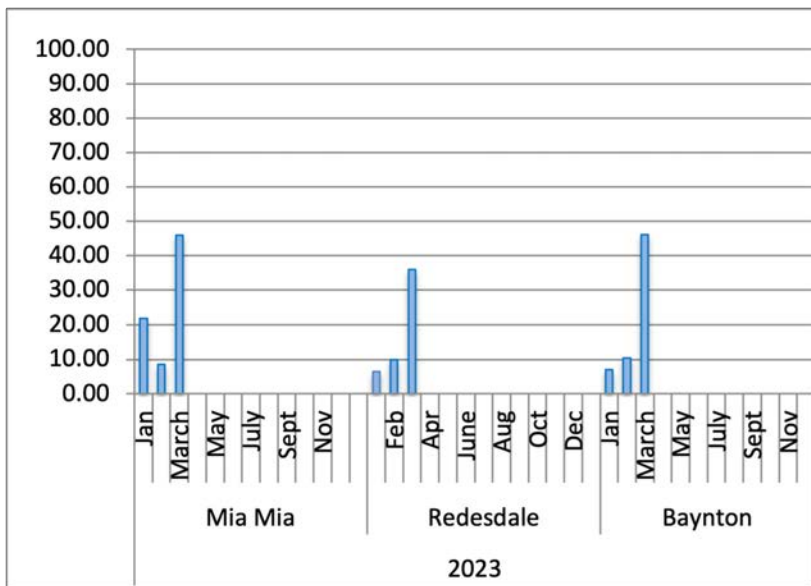
Redesdale 36.00mm Year to date 52.40mm

Mia Mia 46.00mm Year to date 76.40mm

Baynton 46.20mm Year to date 63.60mm

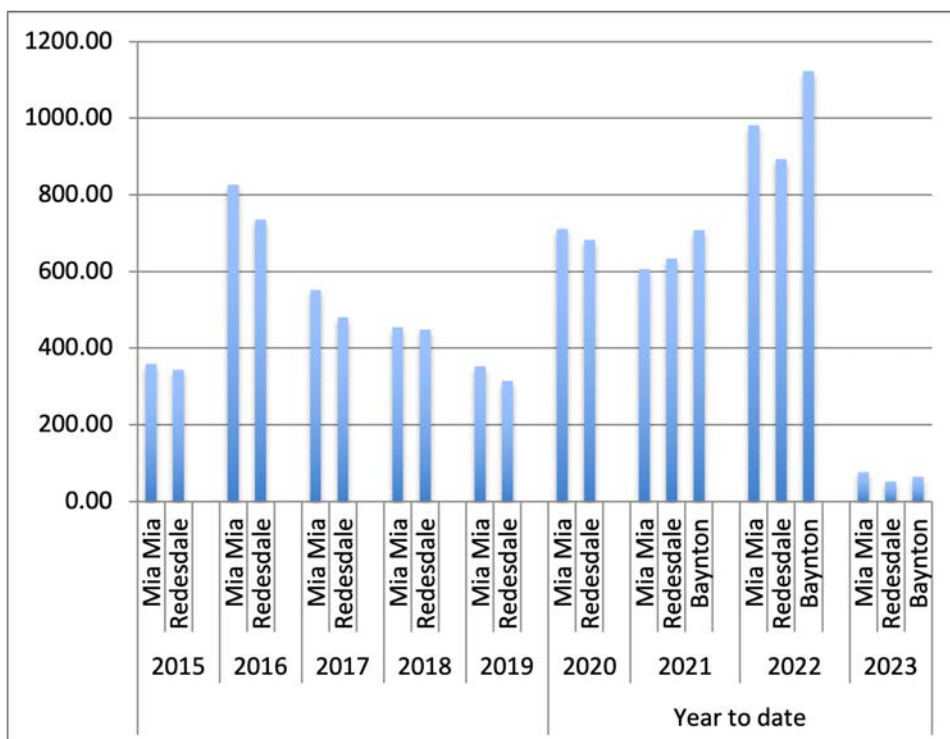
The average yearly rainfall for **Redesdale** is about 601mms.

Thank you to **Helen Bennett** for the
Mia Mia readings & **Belinda Ryan** for
Baynton readings



Year Totals for Previous Years

2017	Mia Mia	551.75
	Redesdale	479.60
2018	Mia Mia	455.00
	Redesdale	448.40
2019	Mia Mia	352.00
	Redesdale	315.00
2020	Mia Mia	711.25
	Redesdale	682.85
	Baynton	707.80
2021	Mia Mia	593.50
	Redesdale	634.40
2022	Mia Mia	981.50



RECIPE OF THE MONTH

Grilled Vegetables with Couscous 75



- 200 g couscous
- 1 ltr vegetable stock
- 1 eggplant sliced into 2 cm thick slices
- 2 zucchini sliced into 2 cm thick slices
- 1 red capsicum cut into 2 cm cubes
- 1 green capsicum cut into 2 cm cubes
- 1 large red onion cut into 8 pieces
- ½ bunch parsley chopped
- 3 tbs olive oil
- Juice of one lemon
- 150 g crumbled feta
- Salt and pepper

Place couscous in a bowl, bring stock to the boil,
Pour over couscous, cover and leave for 10 mins.

When ready use a fork to loosen the grains.
Brush all vegies with oil and cook on a hot griddle pan,

(This can also be done in the oven)

Cut vegies into bite size pieces.

In a large bowl place couscous, then the vegetables,

Parsley and feta.

Add oil and lemon juice, salt and pepper to taste.

Toss together and enjoy. Can be served warm or cold.

Marisa Leahy

Knitting & Crochet GROUP



Get back to
Knitting or
Crochet...

- Learn new techniques
- Learn to Knit or Crochet
- Possible Knitting and Crocheting for charity

**Every Thursday 1pm - 3pm
at the Redesdale Reserve Pavilion**

If you are interested in joining please contact:

Gloria Pocock: gapocock@bigpond.com or

Regina Bennett: reginabennett@bigpond.com



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Redesdale Vic 3444



Plant of the Month

Banksia Marginata

(Silver Banksia)

Banksia Marginata is also known as Silver Banksia and in the past was known as honeysuckle although it is unrelated to the European honeysuckle. Presumably it was so called because it attracts bees and honey-eating birds.

It used to be widespread under the gum tree canopy, but the clearing of land for cattle and sheep has caused this stunning native to become quite rare in our area. There is a wonderful article about the fate of past woodlands from Ian Lunt:

<https://ianluntecology.com/2013/10/13/forgotten-woodlands-future-landscapes/>

I will quote a small section of this article which may whet your appetite to read the story:

“The decline of the oak and honeysuckle woodlands, and our failure to recognize its scale, is a textbook example of the shifting baselines syndrome. Each generation views the condition of an ecosystem when they first saw it as the new normal. We see many small losses, and know of other changes before we arrived. But we remain oblivious to how big these changes become as they accumulate over many generations. We forget the expansive, noisy woodlands of honeysuckle and oak, and remember only the locations of a few old banksias, and a few more dead plants. We picture a past landscape dominated by eucalypts, because we forget the felled species and remember the hardy and the persistent.”

It will grow well in our garden with a little help with water when we are in drought conditions. Local ecologists are very keen for us to plant as many as possible and it would be worth contacting Connecting Country in Castlemaine if you are keen to grow some from seed or seedlings.

Kathy Hall
Coliban Springs



Above Banksia flowers



Above Banksia seeds



Above Banksia tree

Speeding? Significant fines apply.

If you speed, you can expect a minimum fine
of \$231 and 1 demerit point. Police and speed
cameras can be anywhere, so why take the risk?
Chances are you will be caught.

Anywhere. Anytime. Anyone.



Letter to the Editor

PLEASE NOTE:

Views expressed in this newsletter are not necessarily the views of the publisher of The Bridge Connection.

Mia Mia Concrete; Don't laugh!

In our parish of spring water, we seem to have an abundance of CLAY.

So thats not news!

What is news is that I have found a better use of this clay.

There are more uses for this earth compound than imagined.

For a start, wet mixed clay makes for a natural looking cement or grout and is quite durable.

Watch this space for more ideas!

Bryan



REDESDALE MIA MIA
PRIMARY SCHOOL PRESENTS

REDESDALE MIA-MIA PLAY GROUP

TUESDAYS
9:15 AM - 11

FUN SOCIAL GATHERING FOR LOCAL FAMILIES.

All parents, young children and babies welcome.
Redesdale MM Playgroup is registered with
Playgroup Victoria.

Held weekly at Redesdale Mia Mia Primary School.

For more info email:
redesdalemiamiaplaygroup@gmail.com

POEM OF THE MONTH

MY COUNTRY

I love a sunburnt country,
A land of sweeping plains,
Of ragged mountain ranges,
Of droughts and flooding rains.
I love her far horizons,
I love her jewel-sea,
Her beauty and her terror -
The wide brown land for me!

Core of my heart, my country!
Land of the Rainbow Gold,
For flood and fire and famine,
She pays us back threefold -
Over the thirsty paddocks,
Watch, after many days,
The filmy veil of greenness
That thickens as we gaze.

An opal-hearted country,
A wilful, lavish land -
All you who have not loved her,
You will not understand -
Though earth holds many splendours,
Wherever I may die,
I know to what brown country
My homing thoughts will fly.

Dorothea Mackellar

Debra
Meier



No one really knows why humans started to kiss, and yet it's an activity that thousands of people around the globe daily. Some theories behind it are that our ancestral mothers would feed their young with pre masticated food. Where it became an act of love and affection or intimacy is now lost in time. It's possible that some Neanderthal alpha guy wanted a Neanderthal beta girl to feed him the same way she was feeding the Neanderthal bairn and a new craze started.

Culturally kissing has been used as both a sign of love, lust, betrayal and obligation. Popular culture in the early days of Hollywood, would use passionate kisses and vision of a train through a tunnel as a euphemism for the act of intimacy. The Judas kiss, where the ultimate act of betrayal was by a symbol of love. Where Judas is said to have betrayed Jesus with a kiss in the lead up to the crucifixion. Popes kiss the floor; courtiers kiss the ring on the sovereign's hand and Jim Hendrix kissed the sky on an LSD enhanced trip.

Kissing Great Auntie Ethyl at Grandma's on Christmas Day is very different to the first pash under a street light with a person you have had your eye on for some time after a night at the pub. A parent kissing their child good night is an act of love and bonding, which often involves a bit of slobber and snot.

Everyone at some point has a kiss they remember. The first kiss of their newborn after hours of labouring or the last kiss on the forehead of a loved one who has died before they close the lid for their final journey. Kissing can be a highly emotionally charged event, with tears of both pleasure and pain. It can be a

profligate alcohol fuelled exploration of one another's bodies with your mouths in a youth hostel while backpacking in Europe.

Kissing a crush effectively can be a whole-body experience. The first time you kiss your crush maybe the first time you have ever held your body next to theirs. Apart from being in the moment, it is full of excitement and terror, and realising you should or should not have worn heels. Maybe you're wondering if you should have had a shave – or not. Thoughts of "I can't believe this is happening" and how soft their lips are, clash with thoughts of "what should I do with my hands?" and "if I pull away will we kiss again?"

Kissing involves the use of our mouths; our lips are full of nerve endings and the inclusion of your tongue adds to the sensory perception. Taste, smell and sensation play a huge roll in the act. Most people have their eyes closed during passionate kisses but our ears are able to hear the breathing, whispers and mumbling of the other half of the kiss. The release of dopamine, serotonin and oxytocin give our brains a burst of feel good, love hormones. These increase our feelings of love, pleasure, desire and bonding. This leads to the desire for more and more, do we want to take this kiss to the next level? Our thoughts are clouded with hedonistic passion.

Regardless of why we kiss as humans, there is no doubt that many people get a great deal of pleasure from the act. Sometimes it's the only act of intimacy we can share with our beloved as we head into our twilight years. Seeing an elderly couple kissing should be celebrated as a triumph to their love.

So next time you kiss someone, think about why you're doing it, as the "kiss-ee" and "kiss-er". Accept the "yuk" comment from your child as you send them on their day to school as they wipe your kiss away. Accept the peach fuzz on Great Auntie Ethyl's cheek. Let go of that guy who didn't call the next day or ghosted you completely, even if he was the best kiss, you had ever had. Search for someone you love to kiss and they love to kiss you in return. Enjoy the pleasure of a pash.

Stupid Cupid



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May Kitchen Garden Action

Plant or sow now

Artichokes – plant crowns

Broad beans – sow direct (SD)

Cauliflower- PS

Chives - SD

Coriander - SD

Garlic – plant bulbs with pointy end facing up

Lettuce - SD

Mint – SD in a pot to avoid spread in veg patch

Mustard Greens (SD)

Onion – SD

Pak Choi - SD

Parsley – SD

Peas - SD

Radish- SD

Rocket - PS

Spring Onions - PS thickly in wide drills

Turnip – (SD)

Consider succession planting your veg to avoid harvest gluts

Eg, Broad Beans, Lettuce, Rocket and Asian greens

Apply sulphate of potash to your emerged Broad Beans

Remove tomato plants and hang upside down in a dry spot and the green fruit will continue to ripen.

Alternatively make Green Tom Chutney or Fried Green tomatoes for an end of season treat.

Prepare beds for planting Asparagus crowns

Apply liquid fertiliser every 2 weeks

Harvest your pumpkins

Spray your peach and nectarine trees at leaf fall for leaf curl and spread dolomite (lime) around your stone fruit trees

Rake up autumn leaves for your compost heap

Happy Gardening

Apply liquid fertiliser every 2 weeks

Prune raspberry canes – summer fruit bearer remove only canes that bore fruit this year.

Autumn fruiting varieties have all their canes cut to the ground.

Happy Autumn in your Kitchen garden

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