

Grace Larson of Mia Mia receives the AgriFutures Rural Women's Award

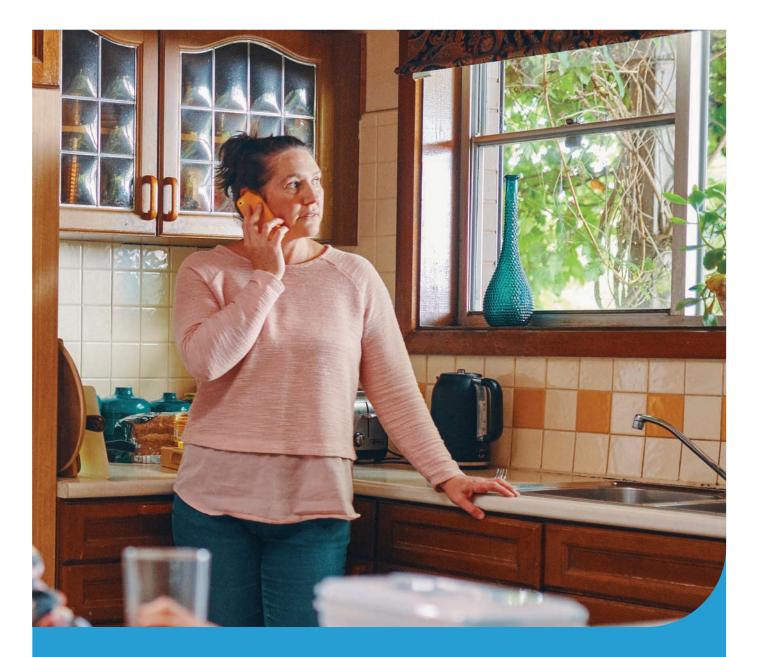


Turn to page 4 for full details

Grace Larson (VIC winner), Sheridan Ingold (AgriFutures).

In March, Grace Larson became the winner of the 2024 Victorian AgriFutures Rural Women's Award. She was awarded this for her extensive work to address the unfair health disadvantages faced by rural children. The AgriFutures Rural Women's Award, supported by platinum sponsor Westpac.





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Community Newspaper for the Redesdale and Mia Mia Region

Editorial

Have you noticed how much rubbish is being deposited on our roadsides? On June 1st there will be a "Clean up Redesdale Day" (Page 13). Lets hope loads of people turn up.

We are so lucky to have enthusiastic and energetic young people coming to live amongst us all. Congratulations to Grace Larson from all at Bridge Connection. It would be great if we had a community network of responders using the GoodSam app (see page 5).

This year we will be producing our 150th edition and we would be pleased to hear suggestions for how we could celebrate this milestone.

And don't forget "The Biggest Morning Tea" at the Redesdale Hall on Thursday May 23rd! (Page 11). Stay warm!



Editor: Regina Bennett Ph: 0437514223

e: bridgeconnection.editor@gmail.com

Keep in touch with us and what's happening in our community.



vww.redesdale.net





Redesdale & District Association







Bridge Connection - Mission Statement -

The mission of **Bridge Connection** is to bring people together by:

- Providing information about local issues, goals and events, and to celebrate local achievements,
- **2.** Encouraging economic growth in the area
- 3. Fostering geographic identity, and
- 4. Providing a platform for public debate

Bridge Connection is published by local people who volunteer, for local people as a **free paper** and on line at **redesdale.net** and via **face-book**



http://www.facebook.com/groups/897527781461431/

BRIDGE CONNECTION COMMUNITY NEWSPAPER

Advertising Rates/Sizes

Size	Height x Width	Price per issue	10 Editions
Business Card	55mm x 90mm	\$25	\$250
Quarter Page	130mm x 90mm	\$50	\$500
Half Page	130mm x 190mm	\$95	\$950
Full Page	270mm x 190mm	\$175	\$1,750

Colour Advertisments plus 20%.

Please Note: COPY DEADLINES 17th OF EACH MONTH

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Please send editorial or advertising copy to: bridgeconnection.editor@gmail.com

or by post to **Regina Bennett 3465 Burke & Wills track Mia Mia 3444.** For other editorial enquiries, please phone **0437 514 223**

Bridge Connection Distribution

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Grace Larson of Mia Mia receives the AgriFutures Rural Women's Award

We are so lucky to have amazing new families moving to our community. There are so many young people with energy, enthusiasm and great ideas. It was terrific to watch many new people meeting each other at the recent events held over summer at the Redesdale pavilion.

Amongst them was Grace Larson from Mia MIa and her delightful family. In March, Grace became the winner of the 2024 Victorian AgriFutures Rural Women's Award. She was awarded this for her extensive work to address the unfair health disadvantages faced by rural children.

The AgriFutures Rural Women's Award, supported by platinum sponsor Westpac, is Australia's leading Award in acknowledging and supporting the critical role women play in rural and regional businesses, industries and communities. It is an opportunity to celebrate the forward-thinking, courageous leaders who come from industries that represent some of the most vast and remote areas of Victoria.

At the ceremony, Grace received a \$15,000 grant from Westpac to further support her project as well as the opportunity to undertake a professional development course of her choosing. She will go on to represent Victoria at the AgriFutures Rural Women's Award Gala Dinner and National Announcement in Canberra later in the year, where the National Winner will be awarded an additional \$20,000 Westpac grant and the National Runner Up, an additional \$15,000.

Grace is a dedicated children's nurse with more than 17 years experience and she is empowering local parents and caregivers across rural Australia to identify preventable illness and decrease the need for rural children to seek specialised services in urban areas.

"I've teamed up with my sister to deliver The Sisterhood Project, a nonprofit initiative that addresses the unfair disadvantages faced by rural children, which aims to break down barriers hindering parents and caregivers from accessing vital training when it comes to illness recognition, accident prevention and basic first aid," she said.

"I'm so thrilled to receive this award, so that I can continue to deliver on my vision that everyone should have access to the best healthcare no matter where they live."

Parliamentary Secretary for Agriculture Michaela Settle said: "When we empower visionary rural women our

whole rural community benefits. We are so proud of our Victorian winner and we wish Grace the best of luck in taking out the national prize later this year in Canberra."

AgriFutures Australia Managing Director John Harvey said women like Grace are not only having a real impact on their communities today, but are laying the foundations to inspire other young, determined and forward-thinking female leaders working in rural, regional and remote communities.

"The AgriFutures Rural Women's Award provides these women with a critical platform to bring to life gamechanging, inspiring and impactful change across rural and regional Australia," Mr Harvey said.

"This Award acknowledges the future-shaping work these women are carrying out in their communities, and importantly, provides them with the support and leadership skills to keep building towards a stronger regional Australia."

Kathy Hall



Robyn Abramowski at CPR free training Redesdale instructed by Grace Larson

Increasing the chance of survival for people in the bush

There is no doubt that the serenity of living in a rural environment comes with many advantages, the quietness, the fresh air, the connection to a smaller community of neighbours that roll up their sleeves and help out when you need a hand. But as country folk, we are also aware that there are inherent disadvantages to our place of residence, such as increased risk of bushfire and prolonged access to emergency response in the event of an accident or natural disaster.

For people who live in rural Australia we are 50% less likely to survive a cardiac arrest due to our isolation and the reduced number of people who can provide immediate CPR and place an AED in the event of this type of incident. For every minute a person doesn't receive CPR and and the placement of an AED for defibrillation their chance of survival decreases by 10%. These are sobering statistics that are easily pushed to the back of our mind when we are robust and healthy people with little health concerns, but the reality is that anyone of any age or level of health may suffer a cardiac arrest.

However, I don't believe that the challenge of decreasing survival rates for people in the bush is an insurmountable one, the same things that make living in a small community wonderful can be our saving grace. Imagine a community in which the majority of adults are willing and able to perform CPR and bring an AED to a neighbour when they are in trouble. Just recently the communities in Redesdale and Mia Mia came together and practiced performing CPR on babies, children and adults and many signed up with the GoodSAM responder app - This app gives notifications to your mobile phone when someone in your local community has called 000 and needs assistance with CPR. As a community we are going to get to our neighbours places 30-40 minutes before any ambulance response will and in doing so we will drastically improve the survival outcomes for our neighbours and community.



Thank you to all the community members who downloaded the app and signed up to be a local GoodSAM responder for your community. Anyone can download the GoodSAM app you just need to be willing and able to perform CPR and use an AED. **Our local AED can be found at the CFA in Redesdale on the right hand side of the building.**

We also raised awareness for the Emergency Plus app for individuals to have on their phone as an alternative to contacting emergency services such as Ambulance, SES and police. The app uses GPS functionality built into smart phones to help a triple zero (000) caller provide critical location details to mobilize emergency services.

So the answer is in our connection to each other, how we show up for one another when we are in dire need, imagine if it was you performing CPR on your loved one and your neighbour walks in the door to give you a hand while you wait for the ambulance to arrive. Then we can change the outcomes for our rural pocket of Victoria and know that if anyone needs CPR in our community they will have a much better chance than just 50/50 to survive that event.

Thanks! Grace

Grace Larson is a paediatric intensive care nurse with 20 years experience in the ICU. SHe teaches accredited CPR and first aid in the community with the company PAEDS education and Advanced Life Support to health professionals across Australia. She also is the Co founder of The Sisterhood Project a not for profit getting lifesaving skills to disadvantaged parents in the bush. She lives in Mia Mia with her husband Steve and 3 kids.



Above and left CPR free training Redesdale instructed by Grace Larson

BRIDGE CONNECTION Edit

Edition 147 May 2024

Community Newspaper for the Redesdale and Mia Mia Region 5

<image>

At Victoria Police, you will enjoy a purposeful career making a real difference in your community. With more benefits including a generous starting salary, 9 weeks paid leave, and access to ongoing training and support. Start your career with Victoria Police today.





Authorised by the Victorian Government, 1 Treasury Place, Melbourne

Insure our way, the local way



Our team at Elders insurance Kyneton can look after all your insurance needs and is totally worthy of your trust. Because unlike other insurance providers we actually live and work in your community and take the time to come to you and understand your situation. We can even approve some claims on the spot.

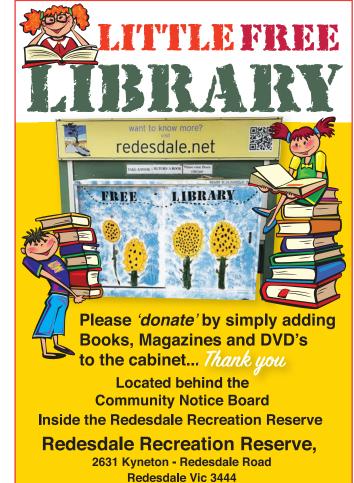
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Community Newspaper for the Redesdale and Mia Mia Region

Music at Mia Mia

It was great to gather at the lovely Mia Mia Hall again to hear live music.

We were treated to Mariah McCarthy, Matt Katsis , Maddie O'Connor and Rhyley McGrath. In the usual way at Mia Mia, there was great hospitality and delicious food.

What a terrific way to meet up with friends in that lovely autumn setting.

The music event was part of the "Town Hall Tour" of small rural towns which aims to perform live folk and blues music to small communities and combine this with family friendly barbecue fundraisers. What a great idea! If you would like more information,

go to; rhyleymcgrath.com.au/townhall.tour



Matt Katsis



Maddie O'Connor and Rhyley McGrath



REDESDALE MIA MIA PRIMARY SCHOOL ENROLMENTS OPEN NOW!





NURTURE YOUR CHILD'S POTENTIAL IN A CARING COMMUNITY

Imagine a school where everyone knows your name, teachers go the extra mile, and your child thrives in a supportive environment. That's what you'll find at our small country school.

Here is what sets us apart

- Small class sizes: Individual attention for every student.
- Strong academics: Rigorous curriculum that fosters a love of learning.
- Family atmosphere: Welcoming community where students feel at home.
- Holistic approach: Programs that support your child's mental and emotional wellbeing.
- Rich musical program: Develop musical talent and appreciation for the arts
- Diverse learning: Including Indonesian language classes, STEM and Sustainability Program focusing on our local environment and specialist programs in sport and art.

Visit our website or contact us today to learn more!

REGISTER FOR A TOUR NOW

CONTACT: 03 54253155

redesdale.mia.mia.ps@education.vic.gov.au

Redesdale & Mia Mia Primary School and the DASH program.

The DASH program, developed by Blue Light Victoria was a 9 week program that ran last year in 2023 for RMMPS grade 4-6 students. The objective was to deepen community connections and belonging for young people, increasing their awareness and trust in local services, supports and each other.

The students developed a student led community project which included working with police, emergency services and the local council. They engaged in weekly sessions for a term where they learnt many facets of community and how the people in it help and support each other.

The students produced a project that they thought was valuable to their community, which they had to showcase and present their ideas to a panel. This was judged at the end of the program and consequently they were awarded \$2000 to assist in maintaining the connection between students who had transitioned to secondary school and those that remained at Primary School.



This commenced at the beginning of the 2024 year, where the money has been used for the hire of the Redesdale Community Hall and food for the monthly catch ups. This has been coordinated by one of the parents. All students have reported how much they love going to the DASH program and catching up with their friends.

The latest get-together in April saw them interact with members of the Redesdale CFA brigade on the Redesdale Reserve. A briefing was given about the various pieces of equipment found on a tanker. One of the main functions of the tanker – using a hose to direct water – was practically demonstrated by having competitions to push model tankers along the cricket pitch. This was a great hit with both attending children and parents.





Bin Collection For those in the City of Greater Bendigo

First of all – lucky things! Most of us in Redesdale-Mia Mia who are in the Mitchell or Mount Alexander Shire have no bin collection!

There is now a:

WEEKLY collection of your organics bin,

FORTNIGHTLY collection of your recycling bin, and a

FORTNIGHTLY collection of your general waste bin.

Visit www.bendigo.vic.gov. au/waste for information regarding your rostered fortnightly schedule.





We are 'Yarn Bombing' **Redesdale in May-June 2024**, to coincide with

Internatonal Yarn Bombing Day, June 11, 2024.

We will decorate the Redesdale Hall fence to and including the gates and the surrounds of the hall verandah.

if we have enough help. Are you interested in joining us?

please text 'Redesdale Yarners' on 0408 307 105.

For more informaton please contact us through our:

Facebook Group Bridge Connecton Community Newspaper.

if you have scraps of acrylic wool and would be willing to donate we woul greatly appreciate any help.

Redesdale Yarners

0408 307 105.



The newly erected post box at the hall will serve as a drop box for any articles or letters you would like to post for possible inclusion. text or call **0437 514 223** or email

bridgeconnection.editor@gmail.com

If you leave anything for us to collect

Did you know: there is a free Foodbank in Kyneton.



The Kyneton Kindness Collective operates from the Op Shop @ 60 Mollison Street in Kyneton. It's tucked away at the back, so you kinda have to know it's there, but if you make your way through the Op Shop (and there are some great bargains in there!), you will find both a community dining room AND a pantry. In fact, there is a rear car park, so you don't have to enter via the shop and you can take your things straight to your car.

It is completely free. No cost. Nothing. All you need to do is pop in, ask to speak to someone about the Foodbank service and one of the team will sit down with you and talk about what you need and what they offer. There is no 'entrance criteria' – they know that doing it tough can look different for everyone at different times. They just want to help people get food on their table. Once you're registered as a client (a simple process), you then have access to the Foodbank: this is just to make sure that when do you come in, they've already got your details and you don't have to keep repeating it every visit.

Of course, there are limits on how much you can get at any given time (depending on your circumstances) but this is just to ensure that there is enough food to go around...for everyone who needs it.

There's a huge selection of foods – everything from soup to meat and 3 veg to biscuits! They even stock Ready to Eat options – fresh and frozen. There are also some household and personal items – tissues, hand towel, nappies, soap, shampoo etc.

This is an amazing place. There is also a Soup Kitchen: established to ensure they can provide a hot meal to local community members who find themselves in need and to hold community lunches to promote community connection. It's also where they make up some of the FoodShare meals. It's open to everyone: all they ask is that you give what you can, if you can. And there's more! There is a "Drop In" space that offers a safe and friendly environment for locals to stop in for a cuppa and a chat and on Thursdays, by appointment only. There is a free counsellor available to local community members who find themselves in need (some T&C's apply).

They've been doing all this as an independent, selffunding charitable association for over 10 years and continue to extend their services and the communities they support. Amazing!

If you want to know more, you can check out:

Website: www.tkc.org.au

Email: hello@tkc.org.au

Phone: 03 5422 1162

Visit 60 Mollison Street, Kyneton



Redesdale Yoga is back for 2024!!!!!

So, come and join our local yoga teacher – Tania – on Wednesdays and/or Saturdays to discover the many physical and mental benefits of yoga.

No prior experience or minimum fitness level is required. Just bring a mat, hand towel and water, wearing comfortable clothing.

Redesdale Reserve Community Pavilion

Wednesdays 5:30pm – 6:30pm Saturdays 9:00am – 10:30am



For space availability and prices contact E: <u>glendenecottage@gmail.com</u> M: 0403 659 741

We're hosting a Biggest Morning Tea

Please help us support people impacted by cancer!



Redesdale & District Association is proud to support the Cancer Council by hosting Redesdale's Biggest Morning Tea Redesdale Community Hall Thursday 23rd May 2024 10:00 a.m. to 12:30 p.m.

\$10 for a pot of tea/coffee with a scone, jam and cream. *

There will be a large selection of donated locally baked and crafted produce for sale *

* 100% of ALL donations and purchases will go to Australia's Cancer Council



Click Here for details or to donate

Sutton Grange Anzac Ceremony



Andrew Hampton

Sutton Grange Anzac Ceremony where Andrew Hampton gave a very interesting and moving speech of his father Alan Hampton's time in the war.



The CWA Made poppies were amazing Mavis Collison



The Albanese Government is delivering a tax cut for every taxpayer in the Bendigo electorate starting on July 1.

Labor's new tax cuts are designed to provide costof-living relief to middle Australia while making our tax system fairer.

Around 66,000 people – every taxpayer in the Bendigo electorate will receive a tax break from July 1 under Labor's better tax cuts.

Around 58,000 people, or 88 per cent of taxpayers, will receive a bigger tax cut than they would have under the plan Scott Morrison's Liberal Government legislated five years ago.

Among them is hospitality worker Kjell, who will now save an estimated \$1,304 under Labor's fairer tax cuts plan. Under the previous Government's tax plan Kjell would have received a \$500 tax cut – less than half what he will receive under Labor's plan.

Damien, a local nurse from Lockwood South, will receive a \$2,079 tax cut under Labor's plan. This is \$804 more than what he would have received under the Liberals' plan.

Gareth from Strathfieldsaye works in administration and will now receive \$1,338 tax cut under Labor's plan which is more than double the \$534 that he would have received under the Liberals' plan.

Across the Bendigo electorate, the average tax cut received under Labor's plan will be \$1,424. To find out how much you will benefit from Labor's tax cuts, use the calculator on the Government website: https://taxcuts.gov.au/

QUOTES ATTRIBUTABLE TO FEDERAL MEMBER FOR BENDIGO, LISA CHESTERS MP:

"Every taxpayer in the Bendigo electorate will now get a tax cut and some, like Kjell, will now receive more than double what they would have received under the previous Government's plan.

"We're delivering more help for working families and more help for locals, putting cash back into people's pockets when they need it most.

"Our tax cuts are about ensuring more workers in Central Victoria can keep more of what they earn because we know that will take pressure off people doing it tough."



CONNECTIVITY

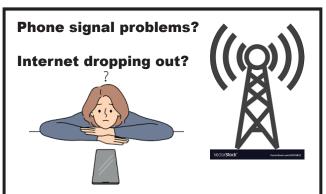
Phone and internet connectivity is a major problem for many of our residents. It is a health and safety matter as well as a business and well-being issue. Annabelle Cleeland, our State member for Euroa has voiced her support for our attempts to win recognition for our problems in this area. Many residents have spent a great deal of their own money trying to improve their signals.

It is important to have examples of these lived experiences when petitioning various levels of government for assistance with this problem. Lived experience examples carry weight.

We have received 4 excellent letters from the community, including from the CFA, outlining the importance of adequate communication channels.

We need more.

Please address your letters to info@redesdale. net by email, or by hard copy into the Bridge Connection drop box at the hall.



Please let us know your stories.

The district association is collecting examples of the frustrations our local community continues to have with connectivity.

Next year, we will be putting in a concerted effort to bring this to the attention of all levels of government. Please send your stories to <u>info@redesdale.net</u> or post them into the

Bridge Connection mailbox at the Redesdale hall.



Redesdale 1n2024



Did you know...

- Australia uses over 70 BILLION pieces of 'scrunchable plastic' every year (e.g.: food wrappers)
- 2. Only 13% of plastic is recycled the rest goes to landfill
- 3. In 2023: 1,030,395 people volunteered to "Clean up Australia" at 17,139 sites. Redesdale was one of those!

Can you spare some time to help ... Clean Up Redesdale

It won't take long and you get to feel good for doing good.

We'll provide bags, gloves, maps AND a BBQ afterwards to reward you for all your good work. Easy!

Saturday June 1st 10.30am Meet at the Pavilion (to sign in) Agnes Mudford Reserve



WHEN YOU NEED THE POLICE, BUT NOT THE SIRENS

IF YOU'VE HAD YOUR OR OR OG MISSING, COME HOME TO FIND YOUR A HAS BEEN DAMAGED, HAD YOUR STOLEN OR YOUR R BROKEN INTO, OR WANT TO REGISTER A WITH POLICE...







LEARN MORE



BallanLocal Farmers and Makers Market.2nd Saturday of every month.9.00 - 1.00pm
Castlemaine. Local Farmers Market. 1st Sunday of every month. 9.00 - 1.00pm
CFM. Weekly Market, Wednesday. 2.30 - 5.30pm
Clunes.Local Farmers Market2nd Sunday each month.8.30 - 1.00pm
Creswick. Local Farmers Market 3rd Saturday every month. 9.00 - 1.00pm
Daylesford. Local Market. Every Sunday. 8.00 - 3.00pm
Gisborne. Olde Time Market. 1st Sunday every month. 9.00 2.00pm
Kyneton. Local Farmers Market.2nd Saturday every month. 8.30 - 1.00pm
Lancefield. Local Farmers Market. 4th Saturday every month. 9.00 - 1.00pm
Maldon. Local Farmers Market. 2nd Sunday every month.
Malmsbury. Local Farmers Market. 3rd Sunday every month. 9.00 - 1.00pm
Talbot.Local Farmers Market.3rd Sunday every month.9.00 - 1.00pm
Trentham. Local Farmers Market. 3rd Saturday every month. 9.00 - 1.00pm
Woodend. Local Farmers Market 1st Saturday every month. 9.00 - 1.00 pm

Redesdale & Surrounds Comming Events

May

Sat 4-Sun 5 Redesdale Revellers		
Sun, 12	Mothers Day	
Mon 13	Open day RMMPS	
Thur 23rd	10-12.30 Aust Biggest Morning	
Tea.		
Sat 25-Sun 26 Redesdale Revellers		

June

Sat 1st	10.30-12.30 Clean Up Redesdale
Mon, 10	Kings Birthday

October

Sat- Sun 19th 20th local open gardens

for more information - redesdale.net

- <u>https://www.heathcote.org.au-kyneton.org.au</u>
- <u>https://www.bendigoregion.com.au</u>
- <u>https://www.bendigoregion.com.au/visit-castlemaine-</u> maldon



REDESDALE COMMUNITY HALL & PAVILION AVAILABLE FOR HIRE

Redesdale gives you a choice of venues for your next party, meeting or event: **Redesdale Hall**: 160 sqm floor space with stage and expansive catering kitchen, as well as on-site restrooms.

Redesdale Pavilion: 108 sqm floor space with panoramic windows overlooking the Redesdale Reserve Oval.

Either of these wonderful facilities are available for community events (1) or public use (2).

 Community - Use of facility targeting community benefit. Entrance/participation fees are not charged by organiser.
Retail - Use of facility for private or business use. Entrance/participation fees may be charged by organiser.

Equipment Rental Check out the extensive furniture & equipment below to help you hold your event at home

Item:	Available	Item:	Available
Commercial sized steel roaster	1	4 burner BBQ	1
Marquee (Large), 6m x 12m	1	Table cloths, white	10
Marquee (Small), 3m x 3m	1	Chairs, green steel	80
Tables, plastic,1.8m x 1m	10	Chairs, white plastic	80
Tables, wood, 1.8m x 1m	20	Umbrellas , charcoal	10

For all inspections and enquiries contact Redesdale Recreational Reserve Committee: E: <u>3444reserve@gmail.com</u> M: 0408 890 060



THE REDESDALE HOTEL Central Victoria's Favorite Country Pub

For bookings please call (03) 4405 0601

Wednesday & Thursday 12pm – 9pm Lunch & Dinner Friday – Sunday 12pm – Late Lunch & Dinner PUBLIC HOLIDAYS – Phone for details Kitchen closes at 8pm everyday

The Redesdale Hotel 2640 Heathcote - Kyneton Road

Redesdale Vic 3444

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redesdalehotel

www.theredesdalehotel.com.au

The Redesdale Hotel

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Community Newspaper for the Redesdale and Mia Mia Region

RECIPE OF THE MONTH 83

Tasty Chicken Soup



Please do not be put off with the bought components of this soup.

This is a very easy, tasty and filling broth for a cool evening to suit the entire family.

1 large chicken

- 4 carrots, diced
- 3 Medium potatoes, diced
- 1 bunch flat leaf parsley, chopped
- 2 cans of cream of chicken soup
- 2 pkts chicken noodle soup

Method

Place the chicken in a large stock pot and cover with water

Bring to the boil and simmer for 1 hour

Remove the chicken and shred all the meat from the carcass

To the stock add all the other ingredients, canned soup, carrots, potatoes, parsley and the packet noodles. Stir well.

Add the shredded chicken and simmer for a further 30 minutes.

Your soup is ready.

This also freezes very well.

Marisa Leahy





Get back to Knitting or Crochet...

- Learn new techniques
- Learn to knit or crochet
- Possible knitting and crocheting for charity.

Every Thursday 1pm - 3pm at the Redesdale Reserve Pavilion

If you are interested in joining please contact: Gloria Pocock: gapocock@bigpond.com or Regina Bennett: reginabennett@bigpond.com



www.tuckswindows.com.au

UNITING CHURCH

Morning Tea is shared 15minutes before each service



Minister Munchies is on Wednesday

and starts at 10am.

For more information go to

www.macedonranges uniting church.org.au

You are warmly invited to

BARFOLD

COMMUNITY CHURCH

10.00 am each Sunday

followed by morning tea

1691 Kyneton-Heathcote Rd, Barfold

Contact: Russell 0484 700 909

REDESDALE MIA MIA

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DRESENT

MIA-MIA

TUESDAYS

9:15 AM - 11

CATHOLIC CHURCH

Redesdale 2nd Sunday of each month 11am





Community Newspaper for the Redesdale and Mia Mia Region

For more info email: redesdalemiamiaplaygroup@gmail.com

FUN SOCIAL GATHERING FOR LOCAL FAMILIES

All parents, young children and babies welcome. Redesdale MM Playgroup is registered with

Playgroup Victoria. Held weekly at Redesdale Mia Mia Primary School.

MAY Kitchen Garden Action

Plant or sow in Early Autumn



PS - Plant Seedling

SD - Sow Direct

ST - Seedling Tray

Artichokes – plant crowns

Broad beans - SD

Brussels Sprouts -PS

Celery – PS

Cabbage – PS

Carrots - SD

Cauliflower- PS

Chives - SD

Coriander - SD

Garlic - plant bulbs with pointy end facing up

Kale - PS

Leeks - SD

Lettuce - SD

Mint – SD in a pot to avoid spread in veg patch Mustard Greens- SD

Mizuna - PS

Onion – SD or PS

Pak Choi/Bak Choi – SD

Parsley – SD

Peas - SD

Radish- SD

Rocket - PS

Spring Onions - PS thickly in wide drills

Spinach - PS

Turnip – SD

PS- Plant Seedling

SD – Sew Direct

ST – Seedling Tray

Consider succession planting your veg to avoid harvest gluts

Eg, Broad Beans, Lettuce, Rocket and Asian greens

Apply sulphate of potash to your emerging Broad Beans

Remove tomato plants and hang upside down in a dry spot and the green fruit will continue to ripen.

Alternatively make Green Tom Chutney for your Kyneton Ag Show entry or cook some Fried Green tomatoes for an end of season treat.

Prepare beds for planting Asparagus crowns

Apply liquid fertiliser every 2 weeks

Harvest your pumpkins - sadly I planted mine way too late .

Spray your peach and nectarine trees at leaf fall for leaf curl and spread dolomite (lime) around your stone fruit trees.

Rake up autumn leaves for your compost heap

Happy Gardening



Please contact Carl 0412 144 936 or David 0427 546 586 No job too small, no job too big,

email:**carl@glendarling.com.au** 119 Darlington Road Baynton VIC 3444

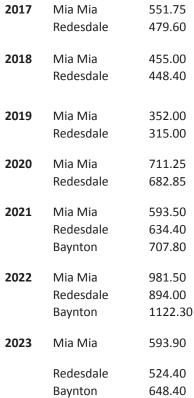


The average yearly rainfall for **Redesdale** is about 601mms. Thank you to **Helen Bennett** for the **Mia Mia** readings & **Belinda Ryan** for **Baynton** readings

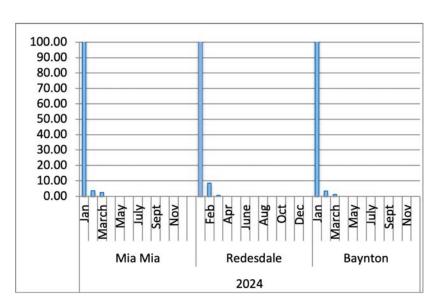
March Rain Fall

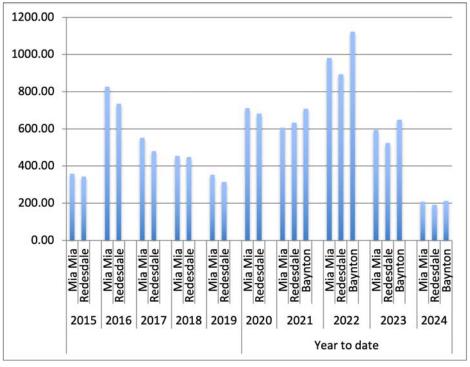
Redesdale	0.60mm	Year to date	192.00mm
Mia Mia	2.50mm	Year to date	208.00mm
Baynton	1.20mm	Year to date	213.20mm

Year Totals for Previous Years









FEET

Expressions of interest!

Feedback please!

Would you be interested in attending a visiting podiatrist if it could be arranged for one to visit Redesdale on a regular basis?

Please respond by text to 0407 116 899 or email; kathhall32@gmail.com

Kathy Hall

RADA



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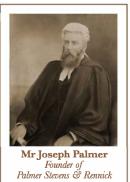
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want to know more? redesdale.net

Please 'donate' by simply adding Books, Magazines and DVD's to the cabinet... *Thank you*

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Redesdale Recreation Reserve, 2631 Kyneton - Redesdale Road Redesdale Vic 3444

A good life deserves the best farewell



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